



El Cerrito Community Newsletter

Volume Eight:

Number 11

November, 2018



Happy Thanksgiving

**El Cerrito Community Council Meeting
NOVEMBER 15, 2018 7:00PM
BLESSED SACRAMENT PARISH HALL**

**WE ARE LEARNING MORE ABOUT THE
BIKE & SCOOTER SHARING PROGRAM**

We have all seen the many colorful bikes and scooters throughout our neighborhood and the City, parked at street corners, near stores and shops and around the schools. Some of us have safety concerns and other are interested in them. The bikes first appeared about a year ago followed recently by scooters. They have a kick stand sort of apparatus allowing them to be free standing, not requiring a housing structure.

The new vehicles are accessible through apps available for cell phone. Bikes require leg power and the new scooters have a motor for more of a ride. Some of the concerns are that new vehicles sometimes block sidewalks and are abandoned in yards and alleys, and many do not really know what the rules for the riders are, what to expect from the riders and how to interact with these new vehicles.

Some of us want to know what it takes to operate the vehicles so we can give them a try.

We are going to learn the City regulations and discuss the issues.

IT'S SEE'S CANDY TIME

What a great deal! Order See's Candy with ECCC and cross it off your list.

Want to save a lot of Money and have your See's Candy Order delivered to your door? AND Help the ECCC Raise Money? The ECCC is taking See's Candy orders NOW.

When we are watching our pennies, it's good to know that not only do you save on every pound you buy, but purchasing your See's candy through our program helps the ECCC to raise money PLUS you get it delivered to your door-step! No fighting crowds or trying to find a parking spot and standing in long lines! Look for your order form with this month's newsletter. The deadline for getting your order to us is Tuesday, December 4, 2018. We will deliver the candy to your door no later than Saturday December 8th.

People really do love to get See's Candy for the Holidays and ECCC makes it easy. The parking lots are full and lines at See's stores are pretty long this time of year, so let us help. This year we have added electronic ordering. You can fill out your order form and mail it with payment to our P.O. Box OR send a photo of your order-or fax if you have the App-via email to elcerritocommunitycouncil.org and use PayPal.

Look for your order form with this month's newsletter or find it online at the ECCC website above. The deadline for getting your order to us is Tuesday, December 4, 2018. We will deliver the candy to your door on Saturday, December 8th.



We need a few Block Captains for Delivery of the Newsletter

The ECCC is in need of Block Captains for delivering the ECCC Newsletter each month on the following streets:

- *54th Street, North of El Cajon Blvd to Collier Avenue (we may split this route);**
- *60th Street, South of Trojan; and Estelle Street 58th to 59th**

Each route has approximately 30 homes to delivery to, taking about 20 minutes once a month. This is a fun way to walk a street or two in the neighborhood.

Our block captains often tell us that it really is fun to get out and walk in the neighborhood delivering the newsletters. If you can help, please contact Jim at jacobw@cox.net.



SAVE THE DATE FOR THE FOLLOWING ECCC EVENTS

THE FOLLOWING MEETING PROGRAMS ARE TENTATIVE AND SUBJECT TO CHANGES

November 15th, ECCC Meeting – We are talking about the City’s Bike and Scooter Sharing Program Information.

December 4th – ECCC See’s Candy orders DUE.

December 8th – ECCC See’s Candy deliveries.

December 20th – ECCC Holiday Potluck!



Donations! Donations! Donations!

The ECCC really appreciates your generosity. We’d like to thank those who so generously donated to ECCC in October. We received \$100 from the Zucases and \$100 from an anonymous donation.

Our thanks to all of you who donate at the meetings – it all adds up. You can make your donation to the ECCC by mail to P.O. Box 151268, San Diego, CA 92175 or use our Pay Pal link on the ECCC website at elcerritocommunitycouncil.org

All donations go to printing of the Newsletter, which costs about \$270 each month.

What You Need in an Emergency Kit

A basic emergency supply kit could include the following recommended items:

- **Water, one gallon of water per person per day for at least three days, for drinking and sanitation**
- **Bleach to purify the water.**
- **Food, at least a three-day supply of non-perishable food per person**
- **Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both**
- **Flashlight and extra batteries**
- **First aid kit**
- **Whistle to signal for help**
- **Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place**
- **Moist towelettes, garbage bags and plastic ties for personal sanitation**
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger
- Medications

Following a disaster, there may be power outages that could last for several days. Stock canned foods, dry mixes and other staples that do not require refrigeration, cooking, water or special preparation. Be sure to include a manual can opener and eating utensils.

FOOD - Consider the following things when putting together your emergency food supplies:

- Store at least a three-day supply of non-perishable food
- Choose foods your family will eat
- Remember any special dietary needs
- Avoid foods that will make you thirsty
- Choose salt-free crackers, whole grain cereals and canned foods with high liquid content

The following items are suggested when selecting emergency food supplies. You may already have many of these on hand.

- Ready-to-eat canned meats, fruits, vegetables and a can opener
- Protein or fruit bars
- Dry cereal or granola
- Peanut butter
- Dried fruit
- Nuts
- Crackers
- Canned juices
- Non-perishable pasteurized milk
- High energy foods
- Vitamins
- Food for infants
- Comfort/stress foods

HELP THE THANKSGIVING RICE DRIVE

The Office of Councilmember Gomez is partnering with the San Diego Police Department (SDPD) and the San Diego Asian Youth Organization (SDAYO) to co-host the 9th Annual Thanksgiving Rice Drive, which aims to collect and provide rice to the less fortunate families and senior citizen groups within Council District 9.

They are asking for donations of bags of rice or monetary donations to be used to purchase rice. They would also like our help in spreading the word to friends, family, and the community. Bags of rice or any monetary donations can be dropped off at the SDPD's Multi-Cultural Community Relations office at 5348 University Avenue, Suite 100 San Diego, CA 92105.

Last year, SDAYO exceeded the expectations of collecting more than double the amount from the previous year. SDAYO collected 36,000 pounds of rice, which fed more than 1,000 families in need. With your help, they hope to break last year's record collection.

"Please help us to fulfill the meaning of Thanksgiving with tradition of Rice-Giving for our community."

SDPD Contacts:

Phet Guiney PGuiney@pd.sandiego.gov
(619) 531-1590

Borish Wong BWong@pd.sandiego.gov
(619) 531-1590

District 6 Contact:

Allen Young AllenY@sandiego.gov (619) 533-6460

All donations are tax deductible through the San Diego Pan Pacific Law Enforcement Association's (PANPAC) Non-Profit 501(c)(3).

Rice Donations are accepted through 5:00 Thursday, November 15, 2018.

Distribution of Rice will take place on November 17th starting at 9:00am.

NOVEMBER EVENTS IN SAN DIEGO

The Thanksgiving holiday traditionally revolves around a huge feast with family and friends, but if you're spending the holiday in San Diego, you can add some new traditions to November and celebrating Thanksgiving with a San Diego twist.

Ice Skating by the Sea

The Hotel del Coronado also offers an outdoor ice skating. The hotel's oceanfront Windsor Lawn is transformed into an ice rink with skating sessions offered daily starting on Thanksgiving Day through New Years' weekend. Reservations are recommended.

The Mother Goose Parade, Nov 18th – 1:00 PM

The 72nd Mother Goose Parade along the streets of El Cajon always on the Sunday before Thanksgiving. Includes equestrians, bands, floats, Queen's contest.

Thanksgiving Turkey Trots - 5K, 10K and 15K

You can find a Turkey trot event in several of the cities in San Diego County - 5K, 10K & 15K's.

Visit the Zoo, SeaWorld, LeoLand

The San Diego Zoo and Legoland are all open on Thanksgiving Day.

THANKSGIVING HOLIDAY VOLUNTEERING IN SAN DIEGO

If you're feeling thankful and want to volunteer time this holiday season there are many opportunities in San Diego County for you or your family.

Father Joe's Villages Thanksgiving Day 5K Run/Walk, Balboa Park
<http://my.neighbor.org/event/thanksgiving-day-5k>

Feeding San Diego Volunteer Open House, Sorrento Valley
www.feedingsandiego.org

Just Call Us Volunteers – serve Thanksgiving Meals
www.justcallusvolunteers.org

United Way of San Diego County
www.uwsd.org/Volunteer

Oceanside Turkey Trot, Oceanside
osideturkeytrot.com

San Diego Food Bank, Sorrento Valley
www.sandiegofoodbank.org/volunteer

San Diego County Beach Cleanups
www.sdcoastkeeper.org/act/fix/attend-an-event/beach-cleanups

San Diego Run for the Hungry 5K/10K, Downtown
www.sdrunforthehungry.org

San Diego South Bay Turkey Trot 15K/10K/5K, Bonita
www.sdthanksgivingrun.com/#turkey-trot

The Salvation Army's Red Kettle Donations
www.sandiego.salvationarmy.org/sierra_del_mar/volunteer

Solutions for Change, Vista
www.solutionsforchange.org/volunteer

Third Avenue Charitable Organization (TACO), Downtown
<https://www.tacosd.org/volunteer>

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Your El Cerrito Realtor

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ECCC



NEIGHBORHOOD MEETING
Thursday, November 15, 2018
7:00pm to 8:30pm
Blessed Sacrament Parish Hall
(El Cajon Boulevard at
El Cerrito Drive)

**WE ARE TALKING ABOUT BIKE
AND SCOOTER SHARING
IN SAN DIEGO**

PLEASE HELP US KEEP PRINTING THE NEWSLETTER THROUGH YOUR DONATIONS

I/we donate \$ to the printing of the El Cerrito Community Council Newsletter.

Name(s) or Company Name (if corporate sponsor):

Address: _____ Phone #(s): _____

_____ DO _____ DO NOT print our name(s) in the newsletter.

Send donation to: ECCC, P.O. Box 151268 ♦ San Diego, CA 92175-1268