



Hours of Operation Monday -Friday 11:00 a.m. - 1:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
Country Fried Steak	Pork Chop	Liver/Onions	Pork Loin	Fried Fish
Grilled Chicken	Pot Roast	Fried Chicken Tenders	Chicken Salsa	Spaghetti
Turnip Greens	Black eye peas	Cabbage	Red Potatoes	Cheese Grits
Lima Beans	Green Bean	Mashed Potatoes	Green Beans Casserole	Baked Beans
Mashed Potatoes	Broccoli	Mixed Veggies	Mexican Corn	Brussels sprouts
)-Oct	10-Oct	11-0ct	12-Oct	13-Oct
Grilled Chicken	Spaghetti	Grilled Fish	Roast Pork	Fried Fish
Country Fried Steak	Hamburger Steak	Pot Roast	Fried Chicken Tenders	Pulled Pork
Black-eyed Peas	Mashed Potatoes	Green Beans	Collards	Baked Beans
Turnips	Mixed Veggies	Sweet Potato Soufflé'	Carrots	Cheese Grits
Mashed Potatoes	Cabbage	Baby Lima Beans	Scalloped Potatoes	Eng. Peas
L6-Oct	17-Oct	18-Oct	19-Oct	20-Oct
Country Fried Steak	Pork Chop	Hamburger Steak	Liver/Onions	Fried Fish
Grilled Chicken	Pot Roast	Fried Chicken Tenders	Leg Quarters	BBQ Pork
Turnip Greens	Mac N Cheese	Cabbage	Sweet Potato Soufflé's	Cheese Grits
Lima Beans	Green Bean Casserole	Mashed Potatoes	Green Beans	Collards
Mashed Potatoes	Mixed Veggies	English Peas	Brussels Sprouts	Baked Beans
23-Oct	24-Oct	25-Oct	28-Oct	27-Oct
Country Fried Steak	Hamburger Steak	Fried Fish	Spaghetti and Meatballs	Fried Fish
Grilled Tenders	Lasagna	Chicken Pot Pie	Fried Chicken Tenders	Beef Stroganoff
Collard Greens	Mashed Potatoes	Green Beans	English Peas	Cole Slaw
Mashed Potatoes	Turnips	Scalloped Potatoes	Mashed Potatoes	Baked Beans
Black Eye Peas	Lima Beans	Black eye Peas	Broccoli	Green Beans
30-Oct	31-Oct		5	
Country Fried Steak	Salmon Patties	and the same		
Grilled Chicken	Fried Tenders	S Salar	HADDY	

Café 3201

Mac N Cheese

Broccoli

Green Beans

Turnip Greens

Black eye Peas

Mashed Potatoes

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