

Senior Programs and Centers Weekly Recreation Calendar

It's the Great Outdoors Month & LGBT Pride Month

June 15th - June 19th, 2020



* Programs will be posted to Facebook @ 10:30 am on the day listed unless noted*



Monday June 15	Tuesday June 16	Wednesday June 17	Thursday June 18	Friday June 19
 <p>Art with Carmel</p> <p>Drift Wood Craft</p> <p>To celebrate the Great Outdoors Month, Carmel will be making a crab out of drift wood!</p> 	 <p>Join Ashley-Nicole</p> <p>as she shares some tips to help you get through the COVID-19 pandemic</p>  <p>@ 1PM with Jessica</p> <p>Go to www.zoom.us/join Enter ID: 997 785 0052 Enter password: seniors Bingo cards are available @ Connie Hudson- on the bench by the front door.</p>	<p>WORKOUT Wednesday</p> <p>Join Carl</p>  <p>As he demonstrates chair exercises you can do at home!</p> 	 <p>Today's Recipe: Grape Salad</p>   <p>@ 1PM with Jessica</p> <p>Go to www.zoom.us/join Enter ID: 997 785 0052 Enter password: seniors Bingo cards are available @ Connie Hudson- on the bench by the front door.</p>	<p>COFFEE WITH THE CREW</p>  <p>Join our staff at 9am for a virtual cup of coffee together!</p> <p>Go to www.zoom.us/join Enter ID: 997 785 0052 Enter password: seniors</p> <p>TOUR OF :</p>  <p>Central Park is located between the Upper West Side and the Upper East Side. It is the fifth-largest park in New York City by area, covering 843 acres!</p> <p>https://www.youvisit.com/tour/centralpark</p>

City Updates: Even though we are closed to the public, we want to bring RECREATION to YOU!! We are still here by phone or email if you have any questions.

City of Mobile Parks and Recreation Department Senior Programs and Centers

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