



Senior Programs and Centers Weekly Recreation Calendar

It's the Great Outdoors Month & LGBT Pride Month

June 15th - June 19th, 2020



* Programs will be posted to Facebook @ 10:30 am on the day listed unless noted*

Monday	Tuesday	Wednesday	Thursday	Friday
June 15	June 16	June 17	June 18	June 19
<p>Art with Carmel</p> <p>Drift Wood Craft</p> <p>To celebrate the Great Outdoors Month, Carmel will be making a crab out of drift wood!</p> 	<p>Join Ashley-Nicole</p> <p>as she shares some tips to help you get through the COVID-19 pandemic</p>  <p>@ 1PM with Jessica</p> <p>Go to www.zoom.us/join Enter ID: 997 785 0052 Enter password: seniors Bingo cards are available @ Connie Hudson- on the bench by the front door.</p>	<p>WORKOUT Wednesday</p> <p>Join Carl</p>  <p>As he demonstrates chair exercises you can do at home!</p> <p>If you're waiting for a sign... HERE IT IS</p> <p>GO WORKOUT</p>	<p>MAYHEM IN THE KITCHEN WITH MARY</p> <p>Today's Recipe: Grape Salad</p>  <p>BINGO</p> <p>@ 1PM with Jessica</p> <p>Go to www.zoom.us/join Enter ID: 997 785 0052 Enter password: seniors Bingo cards are available @ Connie Hudson- on the bench by the front door.</p>	<p>COFFEE WITH THE CREW</p>  <p>Join our staff at 9am for a virtual cup of coffee together!</p> <p>Go to www.zoom.us/join Enter ID: 997 785 0052 Enter password: seniors</p> <p>TOUR OF :</p>  <p>Central Park is located between the Upper West Side and the Upper East Side. It is the fifth-largest park in New York City by area, covering 843 acres!</p> <p>https://www.youvisit.com/tour/centralpark</p>
<p>City Updates: Even though we are closed to the public, we want to bring RECREATION to YOU!! We are still here by phone or email if you have any questions.</p>				

City of Mobile Parks and Recreation Department Senior Programs and Centers

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