


JULY

ADSS NUTRITION PROGRAM

SUMMER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu 1 2 Blended Juice Chop Steak/Gravy Whipped Potatoes Green Peas Whole Wheat Bread Margarine Nutty Buddy Milk	Independence Day Meal 3 BBQ Chicken Legs (2) Baked Beans Coleslaw Fresh Fruit Texas Bread Margarine Banana Pudding/Wafers Milk	4  Centers Closed	Menu 4 5 Cranberry Juice BBQ Rib Patty/Bun Green Limas Corn O'Brien Marble Cake Milk	Menu 5 6 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Orange Gelatin Milk
Menu 6 9 Blended Juice Beef Stroganoff Garden Vegetables Mandarin Oranges/Pineapples Whole Wheat Bread Margarine Fig Bar Milk	Menu 7 10 Meatloaf/Tomato Gravy Delmonico Potatoes Green Beans Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk	Menu 8 11 Turkey/Cheese Sandwich Sliced Turkey/Cheese – 2 slices ea. Wheat Bread - 2 Lettuce/Tomato Mayonnaise/Mustard Sun Chips Three Bean Salad Fresh Fruit Milk	Menu 9 12 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk	Menu 10 13 Grape Juice Beef Strips/Gravy (3) Country Potatoes Mixed Greens Cornbread Margarine Raspberry Gelatin Milk/Buttermilk
Menu 11 16 Cranberry Juice Sausage Patty (3) Hashbrown Casserole Hot Spiced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk	Menu 12 17 Meatballs /Spaghetti Sauce (3) Whole Grain Penne/Tomatoes Parslied Carrots Fresh Fruit Texas Bread Margarine Fudge Round Milk	Menu 13 18 Orange Juice BBQ Chicken/Bun Field Peas/Snaps Baked Potato Salad Lemon Fruited Gelatin Milk	Menu 14 19 Chicken Taco Meat Whole Kernel Corn Fiesta Vegetables Taco Salad Mix (1/2 cup) Flour Tortilla Taco Sauce Sour Cream Oatmeal Crème Pie Milk	Menu 15 20 Apple Juice Ham & Macaroni Casserole Mustard Greens Okra and Tomatoes Cornbread Margarine Chocolate Cake/Whipped Topping Milk/Buttermilk
Menu 16 23 Orange Juice Chicken Jambalaya Italian Green Beans Glazed Carrots Whole Wheat Bread Margarine Jelly Crème Pie Milk	Menu 17 24 Hamburger/Bun Baked Beans Corn Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	Menu 18 25 Blended Juice Smoked Sausage Black-eyed Peas Turnip Greens Cornbread Margarine Cherry Fruited Gelatin Milk/Buttermilk	Menu 19 26 Cheesy Beef Casserole Mixed Vegetables Tossed Salad/Ranch Dressing Fresh Fruit Dinner Roll Margarine Assorted Snack Cake/Cookie Milk	Menu 20 27 Apple Juice Smothered Chicken Legs (2) Mixed Beans Broccoli Casserole Wheat Bread Margarine White Cake Milk
Menu 1 30 Blended Juice Chop Steak/Gravy Whipped Potatoes Green Peas Whole Wheat Bread Margarine Nutty Buddy Milk	Menu 2 31 Glazed Ham Whipped Sweet Potatoes Collard Greens Fresh Fruit Cornbread Margarine Strawberry Swirl Pudding Milk/Buttermilk	