



Senior Programs and Centers Weekly Recreation Calendar

It's the Great Outdoors Month & LGBT Pride Month

June 8th - June 12th, 2020



* Programs will be posted to Facebook @ 10:30 am on the day listed unless noted*

Monday	Tuesday	Wednesday	Thursday	Friday
June 8	June 9	June 10	June 11	June 12
 <p>Art with Carmel</p> <p>Over the past few weeks you have completed some amazing acrylic pours! Today Carmel will show you how adding some stencil designs to those previous paintings can add a new twist to them!</p> 	 <p>Join Ashley-Nicole as she shares some tips to help you get through the COVID-19 pandemic</p> <p>BINGO @ 1PM with Jessica Go to www.zoom.us/join Enter ID: 997 785 0052 Enter password: seniors Bingo cards are available @ Connie Hudson- on the bench by the front door.</p>	 <p>Join Carl</p>  <p>As he demonstrates chair exercises you can do at home!</p> <p>HERE IT IS GO WORKOUT</p>	 <p>It's grilling season so tune in as Mary shares some beginner's charcoal grilling tips!</p> 	 <p>COFFEE WITH THE CREW</p>  <p>Join our staff at 9am for a virtual cup of coffee together!</p>
				<p>TOUR OF STONEHENGE</p>  <p>Stonehenge is one of the world's most famous monuments. It stands on Salisbury Plain, in England and its giant stones can be seen from miles around. It is believed that it was built over 4,000 years ago.</p> <p>https://www.english-heritage.org.uk/visit/places/stonehenge/history-and-stories/stonehenge360/</p>

City Updates: Even though we are closed to the public, we want to bring RECREATION to YOU!! We are still here by phone or email if you have any questions.

City of Mobile Parks and Recreation Department Senior Programs and Centers

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