



# Summer Guide 2019



**MOBILE PARKS AND RECREATION**

[WWW.CITYOFMOBILE.ORG/PARKS](http://WWW.CITYOFMOBILE.ORG/PARKS)  
[FACEBOOK.COM/MOBILEPARKS](https://FACEBOOK.COM/MOBILEPARKS)

**SUMMER  
2019**

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# MOBILE PARKS AND RECREATION

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Mayor, City of Mobile  
William S. Stimpson

Senior Director Parks and Recreation  
Shonnda R. Smith

Assistant Director of Operations Parks & Recreation  
Gerard W. McCants

Superintendent of Parks  
Dan Otto

Superintendent of Recreation  
Shadrach Collins, Jr.

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## Rentals and Permits

Facilities are available to be rented for Special Events. We currently have eight large centers and five small centers that are perfect for: Hosting your next birthday party, family reunion, or wedding reception. Our friendly staff can help you find a gymnasium, meeting room, or kitchen that will suit your needs.

Call 208-1650 for pricing, rules, and availability.

For scheduled classes, activities, and special events, contact the center directly.



Free WiFi available at all Community Centers

[WWW.CITYOFMOBILE.ORG/PARKS](http://WWW.CITYOFMOBILE.ORG/PARKS)  
[FACEBOOK.COM/MOBILEPARKS](https://FACEBOOK.COM/MOBILEPARKS)

# SWIMMING & WADING POOLS

## DOTCH COMMUNITY CENTER POOL

**ADDRESS: 3100 Bank Ave., Mobile, AL 36617**  
**PHONE: 452-8984**  
**HOURS OF OPERATION: Mon. - Sat.: 10 a.m. - 6 p.m.**  
**Sun.: 12 p.m. - 5 p.m.**

**FEE: Ages 15 and Under \$.50**  
**Ages 16 & Up \$1**

### KINDERQUATICS (AGES 6 MONTHS - 3 YEARS)

Mon. - Thur.: 6 - 6:30 p.m.

Mon. - Thur.: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

### PRESCHOOL (AGES 4 - 5 YEARS)

Mon. - Thur.: 9 - 9:30 a.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

### YOUTH BEGINNER (AGES 6 & UP)

Mon. - Thur.: 9:30 - 10 a.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

### YOUTH INTERMEDIATE (AGES 6 & UP)

Mon. - Thur.: 6:30 - 7 p.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

### ADULT LAP SWIM

Mon. - Thur.: 8 - 9 a.m. OR 6 - 7 p.m.

Session 1: June 3 - 27
Session 2: July 1 - 25

## FIGURES PARK POOL

**ADDRESS: 658 Donald St., Mobile, AL 36617**  
**PHONE: 452-8502**  
**HOURS OF OPERATION: Mon. - Sat.: 10 a.m. - 6 p.m.**  
**Sun.: 12 p.m. - 5 p.m.**

**FEE: Ages 15 and Under \$.50**  
**Ages 16 & Up \$1**

### KINDERQUATICS (AGES 6 MONTHS - 3 YEARS)

Mon. - Thur.: 6 - 6:30 p.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

### PRESCHOOL (AGES 4 - 5 YEARS)

Mon. - Thur.: 9 - 9:30 a.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

### YOUTH BEGINNER (AGES 6 & UP)

Mon. - Thur.: 9:30 - 10 a.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

### YOUTH INTERMEDIATE (AGES 6 & UP)

Mon. - Thur.: 6:30 - 7 p.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

### INTRO TO COMPETITIVE SWIMMING (AGES 7 & UP)

Mon., Wed., & Thur.: 8 - 9 a.m.

Session 1: June 3 - 28
Session 2: July 1 - 26

**MPRDAquatics@cityofmobile.org**

# HILLSDALE COMMUNITY CENTER POOL

**ADDRESS:** 556 Felhorn Rd., Mobile, AL  
**PHONE:** 342-0216  
**HOURS OF OPERATION:** Mon. - Sat.: 10 a.m. - 6 p.m.  
Sun.: 12 p.m. - 5 p.m.

**FEE:** Ages 15 and Under \$.50  
Ages 16 & Up \$1

## KINDERQUATICS (AGES 6 MONTHS - 3 YEARS)

Mon. - Thur.: 6 - 6:30 p.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

## PRESCHOOL (AGES 4 - 5 YEARS)

Mon. - Thur.: 9 - 9:30 a.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

## YOUTH BEGINNER (AGES 6 & UP)

Mon. - Thur.: 9:30 - 10 a.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

## YOUTH INTERMEDIATE (AGES 6 & UP)

Mon. - Thur.: 6:30 - 7 p.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

## ADULT LAP SWIM

Mon. - Thur.: 8 - 9 a.m. OR 6 - 7 p.m.

Session 1: June 3 - 27  
Session: July 1 - 25

# KIDD PARK POOL

**ADDRESS:** 800 East St., Mobile, AL  
**PHONE:** 452-5650  
**HOURS OF OPERATION:** Mon. - Sat.: 10 a.m. - 6 p.m.  
Sun.: 12 p.m. - 5 p.m.

**FEE:** Ages 15 and Under \$.50  
Ages 16 & Up \$1

## KINDERQUATICS (AGES 6 MONTHS - 3 YEARS)

Mon. - Thur.: 6 - 6:30 p.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

## PRESCHOOL (AGES 4 - 5 YEARS)

Mon. - Thur.: 9 - 9:30 a.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

## YOUTH BEGINNER (AGES 6 & UP)

Mon. - Thur.: 9:30 - 10 a.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

## YOUTH INTERMEDIATE (AGES 6 & UP)

Mon. - Thur.: 6:30 - 7 p.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

OR

Mon. - Thur.: 6:30 - 7 p.m.

Session 1: June 3 - 13	(2 weeks)	\$20
Session 2: June 17 - 27	(2 weeks)	\$20
Session 3: July 1 - 11	(2 weeks)	\$20
Session 4: July 15 - 25	(2 weeks)	\$20

## ADULT LAP SWIM

Mon. - Thur.: 9 - 10 a.m. OR 6 - 7 p.m.

Session 1: June 3 - 27  
Session 2: July 1 - 25

# LEFLORE MAGNET HIGH SCHOOL POOL

**ADDRESS: 700 Donald Street, Mobile, AL 36617**

**PHONE: 251-208-1631**

**\*Operational hours based on classes**

## KINDERQUATICS (AGES 6 MONTHS – 3 YEARS)

A fun course aimed at developing confidence in water for children aged 6 months to 3 years. Assist your child as he/she progresses through several skill levels and learns the importance of pool safety. This class focuses on developing swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in, on and around water. Children should wear waterproof diapers only.

**AN ADULT MUST ACCOMPANY CHILD IN THE WATER!**

**Instructor(s): Red Cross Certified Pool Staff**

**Mon. - Thur.: 9-9:30 a.m.**

**Session 1: June 3 - 13 (2 weeks) \$20**

**Session 2: June 17 - 27 (2 weeks) \$20**

**Session 3: July 1 - 11 (2 weeks) \$20**

**Session 4: July 15 - 25 (2 weeks) \$20**

**OR**

**Mon. - Thur.: 5-5:30 p.m.**

**Session 1: June 3 - 13 (2 weeks) \$20**

**Session 2: June 17 - 27 (2 weeks) \$20**

**Session 3: July 1 - 11 (2 weeks) \$20**

**Session 4: July 15 - 25 (2 weeks) \$20**

## SWIMMING, PRESCHOOL (AGES 4 - 5 YEARS)

This American Red Cross program aims to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. It teaches aquatic and safety skills in a logical progression through three levels.

Level 1: No pre-requisites; new to the pool, needing to learn water adjustment skills.

Level 2: Able to fully submerge head and swim short distances on front and back, with support.

Level 3: Able to swim at least 5 yards on both front and back, unsupported.

**Instructor(s): Red Cross Certified Staff**

**Mon. - Thur.: 9:30 - 10 a.m.**

**Session 1: June 3 - 13 (2 weeks) \$20**

**Session 2: June 17 - 27 (2 weeks) \$20**

**Session 3: July 1 - 11 (2 weeks) \$20**

**Session 4: July 15 - 25 (2 weeks) \$20**

**OR**

**Mon. - Thur.: 5:30 - 6 p.m.**

**Session 1: June 3 - 13 (2 weeks) \$20**

**Session 2: June 17 - 27 (2 weeks) \$20**

**Session 3: July 1 - 11 (2 weeks) \$20**

**Session 4: July 15 - 25 (2 weeks) \$20**

## SWIMMING, YOUTH BEGINNER (AGES 6 & UP)

This American Red Cross program is designed for beginners and intermediate-level swimmers. Students will be grouped according to skill level on the first day of class. Topics of instruction include basic aquatic skills, swimming strokes, and personal water safety skills. See preschool swimming level description.

**Instructor(s): Red Cross Certified Staff**

**Mon. - Thur.: 9 - 9:30 a.m.**

**Session 1: June 3 - 13 (2 weeks) \$20**

**Session 2: June 17 - 27 (2 weeks) \$20**

**Session 3: July 1 - 11 (2 weeks) \$20**

**Session 4: July 15 - 25 (2 weeks) \$20**

**OR**

**Mon. - Thur.: 1-1:30 p.m.**

**Session 1: June 3 - 13 (2 weeks) \$20**

**Session 2: June 17 - 27 (2 weeks) \$20**

**Session 3: July 1 - 11 (2 weeks) \$20**

**Session 4: July 15 - 25 (2 weeks) \$20**

**OR**



## LEFLORE MAGNET HIGH SCHOOL POOL (CONT)

Mon. - Thur.: 5 - 5:30 p.m.  
 Session 1: June 3 - 13 (2 weeks) \$20  
 Session 2: June 17 - 27 (2 weeks) \$20  
 Session 3: July 1 - 11 (2 weeks) \$20  
 Session 4: July 15 - 25 (2 weeks) \$20

OR  
 Mon. - Thur.: 5:30 - 6 p.m.  
 Session 1: June 3 - 13 (2 weeks) \$20  
 Session 2: June 17 - 27 (2 weeks) \$20  
 Session 3: July 1 - 11 (2 weeks) \$20  
 Session 4: July 15 - 25 (2 weeks) \$20

### SWIMMING, YOUTH INTERMEDIATE (AGES 6 & UP)

Level 4: Able to swim at least 15 yards (half of pool length) of both front crawl and elementary back stroke.

Level 5: Able to swim 25 yards of both front crawl and elementary backstroke and 15 yards of back crawl, breaststroke, and butterfly.

Level 6: "Fitness Swimming." Able to swim 50 yards of both front crawl and elementary backstroke and 25 yards of back crawl, breaststroke, and butterfly.

**Instructor(s): Red Cross Certified Staff**

Mon. - Thur.: 9:30 - 10 a.m.  
 Session 1: June 3 - 13 (2 weeks) \$20  
 Session 2: June 17 - 27 (2 weeks) \$20  
 Session 3: July 1 - 11 (2 weeks) \$20  
 Session 4: July 15 - 25 (2 weeks) \$20

OR  
 Mon. - Thur.: 1:30 - 2p.m.  
 Session 1: June 3 - 13 (2 weeks) \$20  
 Session 2: June 17 - 27 (2 weeks) \$20  
 Session 3: July 1 - 11 (2 weeks) \$20  
 Session 4: July 15 - 25 (2 weeks) \$20

OR  
 Mon. - Thur.: 6 - 6:30 pm.  
 Session 1: June 3 - 13 (2 weeks) \$20  
 Session 2: June 17 - 27 (2 weeks) \$20  
 Session 3: July 1 - 11 (2 weeks) \$20  
 Session 4: July 15 - 25 (2 weeks) \$20

### SWIMMING, ADULT INSTRUCTIONAL (AGES 15 & UP)

Mon. - Thur.: 10 - 10:30 a.m.  
 Session 1: June 3 - 13 (2 weeks) \$20  
 Session 2: June 17 - 27 (2 weeks) \$20  
 Session 3: July 1 - 11 (2 weeks) \$20  
 Session 4: July 15 - 25 (2 weeks) \$20

OR  
 Mon. - Thur.: 6:30 - 7 p.m.  
 Session 1: June 3 - 13 (2 weeks) \$20  
 Session 2: June 17 - 27 (2 weeks) \$20  
 Session 3: July 1 - 11 (2 weeks) \$20  
 Session 4: July 15 - 25 (2 weeks) \$20

### AQUA ZUMBA

Perfect for those looking to make a splash by adding low-impact, high-energy aquatics exercise to their fitness routine. Water creates natural resistance, which means every step is more challenging and helps tone muscles. JOIN THE PARTY!

Wed.: 8 - 9 a.m.  
 Session 1: June 5 - 26 (4 weeks) \$20  
 Session 2: July 3 - 24 (4 weeks) \$20

OR  
 Wed.: 6 - 7 p.m.  
 Session 1: June 5 - 26 (4 weeks) \$20  
 Session 2: July 3 - 24 (4 weeks) \$20

### ADULT LAP SWIM

Mon., Tue., & Thur.: 8 - 9 a.m.

OR 12 noon - 1 p.m.

OR 7 - 8 p.m.

Session 1: June 3 - 27

Session 2: July 1 - 25

## SWIMMING & WADING POOLS

Open June 1 - July 31

### HOURS OF OPERATION (SWIMMING POOLS)

**Monday - Saturday: 10 a.m. - 6:00 p.m.**

**Sunday: 12 p.m. - 5:00 p.m.**

### SWIMMING POOL LOCATIONS:

Dotch Community Center : 251- 452-8984

Figures Park: 251-452-8502

Hillsdale Community Center: 251-342-0216

Kidd Park: 251-452-5650

LeFlore High School : *Refer to LeFlore's section of the brochure for days and times.*

### HOURS OF OPERATION (WADING POOLS)

**Monday - Friday: 10 a.m. - 4 p.m.**

### WADING POOL LOCATIONS:

Crawford Park

Duval Park

Harmon Park

Laun Park

Lyons Park

Rickarby Park

### SPRAY GROUNDS LOCATIONS:

Sullivan Park (Peters Park)

Texas St. (Seals Park)

Lake Drive (Tricentennial Park)

McCants - Chavers (Mobile Terrace)

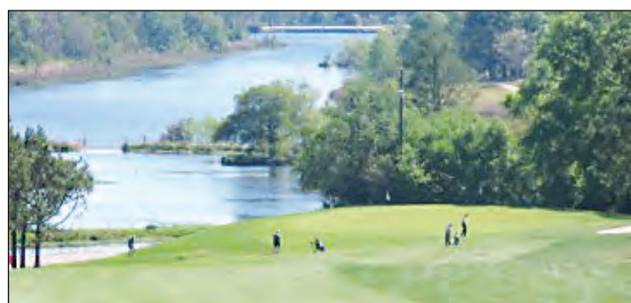
Medal of Honor Park

## AZALEA CITY GOLF COURSE

**ADDRESS:** 1000 Gaillard Drive  
**PHONE:** 208-5150  
**www.azaleacitygolfcourse.com**  
**GCSSA SUPERINTENDENT:** Brian Aaron  
**aaron@cityofmobile.org**  
**PGA HEAD GOLF PROFESSIONAL:** Lawrence Auer  
**auerl@cityofmobile.org**  
**HOURS OF OPERATION:** 7 Days a Week, 7 a.m. - 7 pm  
**GREEN FEES:** \$25 Before Noon; \$17 After Noon  
**JUNIOR RATES, 18 YEARS & YOUNGER:**  
**\$12 Before Noon, \$8 After Noon**  
**DRIVING RANGE OPEN:** 7 a.m. - 7 p.m.

**Golf Cart rentals are available**

Azalea City Golf Course offers golf lessons for all golfers. We have various skill level lessons offered from the novice student to advanced lessons offered for more experienced golfers. Contact our office for more information for private lessons.



- Call-in reservations for tee times are encouraged. Weekday tee times are available up to 7 days in advance. Weekend tee times may be reserved from 8 a.m. on Wednesday prior to the weekend.
- Golf instruction is available from our PGA and LPGA teaching professionals. Group and individual instruction programs are available year round.
- Call for more information: 251-208-5150

## ART INSTRUCTIONAL CENTER

**ACTIVITIES SPECIALIST:** Ginger Woechan  
**(ginger.woechan@cityofmobile.org)**  
**ADDRESS:** 200 W. Parkway Street at Old Shell Road  
**(In Lavretta Park).**  
**PHONE:** 460-2421  
**HOURS OF OPERATION:** Mon. - Fri.: 9 a.m. - 6 p.m.

**\*Any listed supply fees are payable to instructor at the first class**



### KIDS CLASSES

#### CRAFTY GIRLY CAMP: (AGES 9-14)

This will be a girl's camp about all things fun! We will work with clay, paint and jewelry!

\* \$15 supply fee.

**Instructor:** Ginger Woechan

**Mon. - Thurs.: 9 a.m. - 12 noon**

**#01-04-2019-006356 June 10 -13 (1 week) \$36**

#### PUPPET CAMP (AGES 7-11)

This camp is for your younger budding artist that wants to play while they create. We will make 3 types of puppets and a few props. On our last day join us for a puppet show!

\* \$15 supply fee.

**Instructor:** Ginger Woechan

**Mon. - Thurs.: 9 a.m. - 12 noon**

**#01-04-2019-006357 June 17-20 (1 week) \$36**

#### GLOW IN THE DARK PAINTING (AGES 8-13)

This is a fun class for your child to be able to create their own painting with paint and by adding glow in the dark paint to make it glow! Your child will need to think about what they will want to create before class and have 3 ideas ready. They will complete one painting.

\* Supply fee: \$10

**Instructor:** Ginger Woechan

**Mon.: 9 a.m. - 12 noon**

**#01-04-2019-006358 June 24 (1 class) \$12**

# ART INSTRUCTIONAL CENTER

## DRAWING AND SKETCHING - CHARCOAL AND PASTELS (AGES 16 & UP)

Using Charcoal and Pastels you will learn this loose way of creating a masterpiece!

\* \$5 supply fee.

Instructor: Ginger Woechan

Wed. & Thurs.: 1 - 3 p.m.

#01-04-2019-006359 July 24 & 25 (2 classes) \$16

## OPEN STUDIO

This class is for the art student who wants to paint and create in a group setting. *You will need to bring your own supplies and ideas and have an understanding of your chosen medium.* So dust off those old paints and come join us for art chat and light critiques.

Instructor: Ginger Woechan

Wed.: 9 a.m. - 12 noon

01-04-2019-006359 June 26, July 10 - 31 & Aug 7  
\$5 per class meeting

## PALETTE KNIFE BEACH UMBRELLAS (ACRYLICS)

Have you fallen into painting and want something more exciting?! Then this fun and easy class is for you!

\* \$10 supply fee

Instructor: Ginger Woechan

Mon.: 10 a.m. - 12noon

#01-04-2019-006361 July 8 & 15 (2 weeks) \$12  
OR

Thurs.: 6:15 - 8:15 p.m.

#01-04-2019-006362 July 11 & 18 (2 weeks) \$12

## BEGINNING OIL: BLUE CRAB (AGES 16 & UP) **NEW**

This is a beginning oil class on the basics of working with oil paint and a how to on painting a blue crab. We will provide the supplies with your supply fee (paint, turp, brushes.) Note: our last class may run longer. *Please, feel free to bring a drink or snack.*

\*\$15 supply fee.

Instructor: Ginger Woechan

Mon. & Tues.: 10 a.m. - 12 noon

#01-04-2019-006363 July 22 & 23 (1 week) \$16  
OR

Tues.: 6:15 - 8:15 p.m.

#01-04-2019-006364 July 22 & 29 (1 week) \$16  
OR

Thurs.: 10 a.m. - 12 noon

#01-04-2019-006365 July 25 & August 1 (2 weeks) \$16

## TEXTURED LITTLE OLD CHURCH

This is fun way of painting an abstracted church. Don't worry about your drawing skills in this fun class! All materials provided.

\* \$10 Supply fee.

Instructor: Ginger Woechan

Mon.: 6 - 8 p.m.

#01-04-2019-006366 July 22 & 29 (2 weeks) \$16

## ZENTANGLE®

### BEGINNING ZENTANGLE® **NEW**

Have you dreamed of creating art with no mistakes? Zentan-

gle® could be for you. This meditative art form is done on a 3.5" square paper tile with a micron pen. Repetitive patterns broken down into simple steps make it easy to do, and really there are no mistakes. It is relaxing, creative, and unbelievably satisfying. You will feel successful after the first class! We will learn three new tangles at the beginning of each session and then you will have the opportunity to put them together to create a beautiful tile.

\* \$10 Supply fee to be paid to instructor first day of class.

Instructor: Clara Brunk, Certified Zentangle® Teacher (CZT)

Mon.: 1 - 3 p.m.

June 10 & 17 (2 weeks) \$24  
OR

Tues.: 6:15 - 8:15 p.m.

June 11 & 18 (2 weeks) \$24

### BEGINNING ZENTANGLE® FOR YOUTH (AGES 10-17)

Would you like to do some art where there are NO mistakes? The answer is Zentangle®! It is done on a 4.5" square tile with a black art pen. Everything is broken down into simple, easy to do steps. We will begin with relaxation breathing exercises that can help you focus and tune in. You will finish one tile per class. We will add color the second and third classes and learn new tangles each session. I can't wait to see the amazing tiles you will create.

\* \$10 Supply fee to be paid to instructor first day of class.

Instructor: Clara Brunk, Certified Zentangle® Teacher (CZT)

Mon.: 3 - 4 p.m.

July 8 & 15 (2 weeks) \$12

### ZENTANGLE® CREATIONS: BEYOND THE BEGINNING **NEW**

The completion of a beginning Zentangle® class is required before you take this class. In this three session class we will learn/practice tangles, create Zentangle Inspired Art (ZIA), utilize Reticulas and Fragments, and explore the use of color. The book Zentangle Primer 1 or Reticulas and Fragments would be helpful, but, is not required. *Students should bring their own micron pens, colored pencils, and markers if you have them.*

\* \$10 Supply fee to be paid to instructor first day of class.

Instructor: Clara Brunk, Certified Zentangle® Teacher (CZT)

Mon.: 12:30 - 2:30 p.m.

July 15, 21 & 28 (3 weeks) \$32  
OR

Tues.: 6:15 - 8:15 p.m.

July 9 & 16 (2 weeks) \$24

### CATHEDRAL WINDOW PAPER QUILT USING ZENTANGLE® RETICULAS AND FRAGMENTS

The completion of a beginning Zentangle class is required before you take this class. Each student will create a 12" square colorful, 3-dimension finished product which can be framed. No quilting skills are needed for this paper replica of the beautiful Cathedral Window quilt. The book Zentangle Primer 1 or Reticulas and Fragments would be helpful, but, is not required. *Students should bring their own micron pens, colored pencils, and markers if you have them.*

\* \$10 Supply fee to be paid to instructor first day of class.

Instructor: Clara Brunk, Certified Zentangle® Teacher (CZT)

Tues.: 1 - 3 p.m.

July 23, 30 & Aug. 6 (3 weeks) \$32

# JOSEPH C. DOTCH COMMUNITY CENTER

**FACILITY SUPERVISOR:** Michael Garbutt  
**ADDRESS:** 3100 Bank Ave. A.  
Mobile, AL 36617  
**OFFICE PHONE:** 251-452-9856  
**CELL PHONE:** 251-234-9080  
**Mon.-Thu. 9 a.m. - 8 p.m. & Fri. 9 a.m. - 7 p.m.**

## SUMMER LUNCH PROGRAM (AGES 0-18)

Mon. - Thurs.: 12 noon - 1 p.m.  
Sponsored by Feeding the Gulf Coast

## LINE DANCE

Mon.: 5:30 - 7 p.m.

## SWING OUT DANCE

Tues.: 5:45 - 7:45 p.m.

## SPADES FOR SENIORS

Mon. - Thurs.: 4 - 7:45 p.m.  
Fri.: 4 - 6:45 p.m.

## CODING ON THE COMPUTER

Instructor: Staff  
Tues.: 2 - 3 p.m.  
Thurs.: 3 - 4 p.m.

## BIBLE STUDY

Instructor: Elder Tubbs  
Fri.: 10 a.m. - 12 noon

## TRINITY GARDENS CLASS OF 1970

4th Thurs. of each month: 6 p.m.

## TRINITY GARDENS HIGH SCHOOL ALUMNI MEETING

All classes of Trinity Gardens High School  
3rd Thurs. of each month: 6 p.m.

## CLASSY DIAMONDS DANCE TEAM

Instructor: Sherica (Shay) Finch  
Mon. & Wed.: 5 - 7 p.m.  
EMAIL: Sherica\_b@yahoo.com

## YOGA FOR FITNESS (BEGINNERS-AGES 18 & UP)

Location: 261 Rickarby St., Mobile, AL 36605  
(Former Woodcock Elementary)

Instructors: Kendra Bell

Wed.: 5:45 - 6:45 p.m.

June 5-26

(4 weeks) \$25

July 10-31

(4 weeks) \$25

## ZUMBA FOR WOMEN (AGES 18-UP)

Instructor: Deanne Franklin

Tues. & Thurs.: 4 - 5 p.m.

## PIANO (AGE 7- ADULT)

Instructor: Theodore Arthur Jr.

Tues.: 12:30 - 2:30 p.m. & 5:30 - 7:30 p.m.

Jun. 4 - 25

(4 weeks) \$45

Jul. 2 - 30

(4 weeks) \$45

## GUITAR (12 & UP)

Instructor: Theodore Arthur Jr.

Wed.: 12:30 - 2:30 p.m. & 5:30 - 7:30 p.m.

Jun. 5 - 26

(4 weeks) \$45

Jul. 3 - 31

(4 weeks) \$45

## WALK WITH EASE

Instructor: Cassandra Pettway

Thurs.: 10 - 10:45 a.m.

## 3 POINT SHOOT OUT

Instructor: Staff

Wed. - Thurs.: 5 p.m. until

## 3 ON 3 BASKETBALL

Instructor: Staff

Wed., Thurs., & Fri.: 4:30 p.m. until

## MINI TEAM TOURNAMENT

Wed., Thurs., & Fri.: when available  
Activities arranged to fit schedule

## YOUTH SOCCER

Instructor: Sherman Williams

Mon. - Fri.: 5:30 - 7:30 p.m.

## YOUTH BASEBALL

Instructor: Sherman Williams

Mon. - Fri.: 5:30 - 7:30 p.m.



Free WiFi available at all Community Centers

## MICHAEL A. FIGURES COMMUNITY CENTER

**FACILITY SUPERVISORS:** Yolanda Johnson  
(Yolanda.johnson@cityofmobile.org)

**& Woodrow Cannon**  
(Woodrow.cannon@cityofmobile.org)

**ADDRESS:** 658 Donald Street #C, Mobile, AL 36617

**OFFICE PHONE:** 251-452-4052

**Mon. - Fri. 10 a.m. - 7 p.m.**

### SUMMER LUNCH PROGRAM (AGES 0-18)

Mon. - Thurs.: 12 noon - 1 p.m.

Sponsored by Feeding the Gulf Coast

### MICHAEL FIGURES YOUTH PEACE ENRICHMENT SUMMER CAMP

Music, Sports, Education Station, Tennis, Chess and much more fun and activities.

Tues. - Fri.: 10:30 a.m. - 3 p.m.

### LINE DANCE W/ LA LA

Tues.: 5 p.m. - 6:45 p.m.

### CARDS AND POOL TOURNAMENTS

Mon. - Fri.: 10:30 a.m. - 2:30 p.m.



## HARMON-THOMAS COMMUNITY CENTER

**FACILITY SUPERVISOR:** Cora Edwards  
(coraedwards@cityofmobile.org)

**ADDRESS:** 1611 Belfast Street, Mobile, AL. 36605

**OFFICE PHONE:** 251-470-7752

**Mon.-Fri.: 9 a.m. - 7 p.m.**

### SUMMER LUNCH PROGRAM (AGES 0-18)

Mon. - Thurs.: 12 noon - 1 p.m.

Sponsored by Feeding the Gulf Coast

### LIGHT OF THE VILLAGE SUMMER CAMP

Tues. - Fri.: 10 a.m. - 3 p.m.

### SENIOR ACTIVITIES

Mon.-Thurs.: 9 a.m.-12:45 p.m.

### WALKING WITH EASE

Tues.: 10 - 11 a.m.

### BIBLE CLASS

Mon.: 10 - 11 a.m.

### SEWING FOR SENIORS

Mon.: 10 - 11 a.m.

### SWIMMING FUN

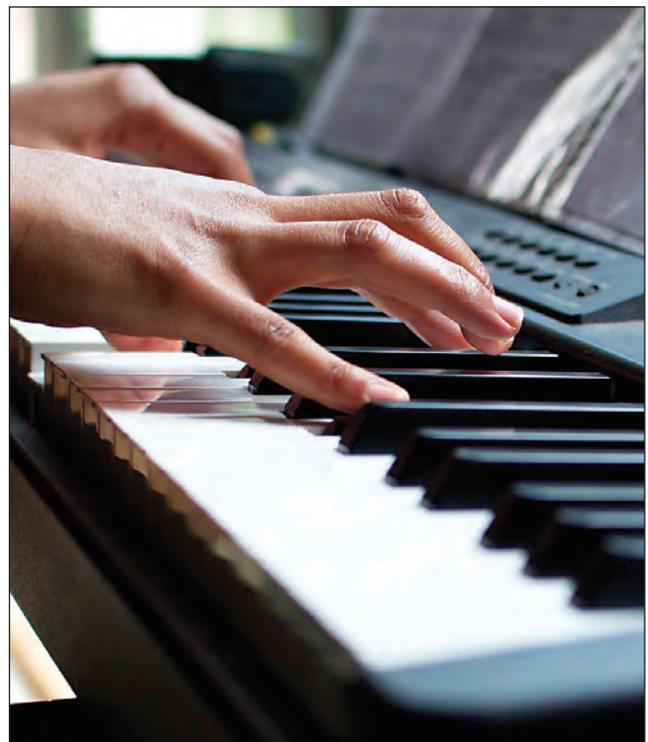
Mon. - Fri.: 10 a.m. - 5 p.m.

### COMPUTER FOR KIDS

Wed.: 3 - 4 p.m.

### PIANO CLASS

Mon. & Tues.: 5 - 6:15 p.m.



## HILLSDALE AREA COMMUNITY CENTER

**Facility Supervisors: Jeff McCondichie**  
([jeffrey.mccondiche@cityofmobile.org](mailto:jeffrey.mccondiche@cityofmobile.org)) Syl-  
via Denson ([Sylvia.denson@cityofmobile.org](mailto:Sylvia.denson@cityofmobile.org))  
**Address: 556E. Felhorn Rd, Mobile, AL 36608**  
**Center Phone # 344-0341**  
**Hours: Mon. – Thurs. 10 a.m. – 8 p.m.**  
**Friday 10 a.m. – 7 p.m.**

**CARDS, DOMINOES & TABLE GAMES**  
Daily: 10 a.m. – 2 p.m.

**FOREIGN LANGUAGE CLASS**  
Mon. & Thurs.: 6 – 7:45 p.m.

**H.A.C.A.**  
(Hillsdale Area Community Association)  
2nd Tues. of each month: 7 p.m.

**HEALTH & WELLNESS EXERCISE CLASS**  
Mon., Tues. & Wed.: 6 – 7 p.m.

**LINE DANCE/SWING OUT**  
Line dancing/swing out is just another way you can stay healthy  
at Hillsdale Community Center. It's a unique form of exercising.  
Wed.: 6:30 - 7:45 p.m.

**OPEN COURT BASKETBALL**  
Mon. – Fri.: 10 a.m. – 3 p.m.

**OPEN RECREATION FOR PEOPLE  
W/ INTELLECTUAL DISABILITIES**  
Mon. – Fri.: 10 a.m. 12:45 p.m.

**PREP SYSTEM**  
(Personal Reference educational planning system)  
Tues. – Wed.: 6 – 7:30 p.m.

**SAIL PROGRAM**  
Mon. – Fri.: 9 a.m. – 1 p.m.

**SEWING CLUB**  
Tues.: 10 a.m. – 2 p.m.

**WALK FOR LIFE**  
Mon. – Fri.: 10 – 11:30 a.m.

**WEIGHT ROOM (OPEN)**  
Mon. – Fri.: 10 a.m. – 2 p.m. & 3 p.m. – 6 p.m.

## ROBERT HOPE COMMUNITY CENTER

**FACILITY SUPERVISOR: Voundria Thornton**  
([voundria.thornton@cityofmobile.org](mailto:voundria.thornton@cityofmobile.org))  
**ADDRESS: 850 Edwards Street**  
**Mobile, AL 36610**  
**CENTER PHONE: 456-7639**  
**HOURS: Mon. – Thurs.: 10 a.m. – 8 p.m.**  
**Fri.: 10 a.m. – 7 p.m.**

**SUMMER LUNCH PROGRAM (AGES 0-18)**  
Mon. - Thurs.: 12 noon - 1 p.m.  
Sponsored by Feeding the Gulf Coast

**CAMP HOPE (AGES 5 – 14 YEARS OLD)**  
June 11 – July 18  
Tues. – Thurs.: 10:30 – 2:30 p.m.  
Lunch available (Summer Lunch Program)

**WALKING WITH MRS. V**  
Mon. – Fri.: 10:15 – 11:15 a.m.

**SEASONED SENIORS**  
Mon.: 10 a.m. – 12 noon

**CHESS MEETING**  
Mon.: 10 a.m. – 12 noon

**MARC**  
(Mobile Area Retarded Citizens Group Activities)  
10:30 a.m. - 12 noon



## ROBERT HOPE COMMUNITY CENTER (CONT)

### READING ENRICHMENT/MEDIA DAY

Mon.: 12 – 1 p.m.  
Tues. – Thurs.: 3:30 – 4 p.m.

### ARTS & CRAFTS

Mon. & Thurs.: 5 – 6 p.m.

### BILLARDS

Tues.: 5 – 5:45 p.m.

### BILLARDS CLASS

Wed.: 5 – 5:45 p.m.  
6:15- 7 p.m.

### POKENO

Mon.: 6:15 – 6:45 p.m.

### PING PONG

Tues: 5:45 – 6:15 P.M.

### SPADES WITH MS. HUGHES

Tues.: 6:30 – 7:30 p.m.

### CONFLICT RESOLUTION PROGRAM (MALES)

Wed.: 5:30 – 7:30 p.m.

## LAUN NEIGHBORHOOD CENTER & PARK

### FACILITY SUPERVISOR: Brenda Peters

**ADDRESS: 5401 Windmill Dr. off Demetropolis Rd.**

**CENTER PHONE: 661-6541**

**FOR MORE INFORMATION OR TO REGISTER:**

**463-7980 or 208-1610**

**HOURS: Mon. – Sat.: 9 a.m. - 6 p.m.**

### SUMMER LUNCH PROGRAM (AGES 0-18)

Mon. - Thurs.: 12 noon - 1 p.m.

Sponsored by Feeding the Gulf Coast

### ACADEMIC TUTORING (ALL AGES)

Want to prepare your child for the next school year? Start this summer with math & reading tutoring. Students will have a chance to prepare for the next grade level with a certified educator. All grade levels are welcome. Call 463-7980 for more info. or to register.

**Instructor: Letesha Smith**

**4 (30 minute) classes**

**\$45**

### BELLY DANCING - BEGINNER & INTERMEDIATE (AGES 18 & UP)

Great class for best friends, mothers & daughters, sisters, and meeting new friends. Whether you aspire to be a performer or you just want to get into shape, you can enjoy the benefits of this dance, while you develop stamina and overall flexibility-whatever your age, size, or shape! Costumes not required, however a hip scarf with coins is encouraged. *Suggested class attire-yoga/exercise clothing & dance shoes or socks.*

***THIS IS A WAIST CINCHER!***

**Instructor: Valarie Morrison**

**BEGINNERS: Thurs.: 6 – 7 p.m.**

**June 6 – July 18**

**Aug. 1 – Sept. 5**

**OR**

**INTERMEDIATE: Thurs.: 7 – 8 p.m.**

**June 6 – July 18**

**Aug. 1 – Sept. 5**

**(6 weeks) \$35**

**(6 weeks) \$35**

**(6 weeks.) \$35**

**(6 weeks) \$35**

### BIKINI BOOT CAMP

Shape up, it's beach time! Class includes total body workout with emphasis on the bikini areas. Includes body weight, isolation exercises and cardio to burn excess calories. *Bring a yoga mat, water and beach towel.*

**Instructor: Tonya Gaskins**

**Sat.: 10 - 11 a.m.**

**June 8 - 29**

**July 13 - Aug. 3**

**(4 weeks) \$25**

**(4 weeks) \$25**

### GUITAR (ONE ON ONE)

All levels welcome. Students must bring their tunable guitar (Bass, Acoustic or electric) and a tuner. A small amplifier will be needed for electric guitars.

**Instructor: Jimmy Botter**

**BEGINNERS & ADVANCED BEGINNERS: 4 (1-hour lessons) \$100**

**Offered on Tues. & Wed.**

**Please call 463-7980 to reserve your time.**



# LAUN NEIGHBORHOOD CENTER & PARK (CONT)

## HOW TO USE YOUR IPHONE

Today I phones are powerful tools that go far beyond simply placing phone calls. It's like carrying an entire personal computer (PC) and entertainment system in your pocket. But, in order to take advantage of these features and capabilities, you have to know they exist, and how to navigate to them, and make them work. Class covers Facebook, Twitter, Snapchat, Instagram, texting and more. Don't spend your time standing in line at the phone store with sales people who don't have time to help you. This class will give you the repetition you need to be phone smart. *Bring your iPhone and any questions you may have.*

**Instructor: Tracy Davis**

**Thurs.: 4 - 5:30 p.m.**

**June 6 - 27**

**July 11 - Aug. 1**

**(4 weeks) \$25**

**(4 weeks) \$25**

## KICKBOXING

This class is designed for all men, women and teenagers, that are interested in losing weight, improving endurance, mobility and learning the basic fundamentals of boxing and kickboxing. Core development is the primary objective. Maximum results require energy & enthusiasm.

**Instructor: Dereck Payne**

**ADULTS & TEENS: Sat.: 11 a.m. - 12:30 p.m.**

**June 8 - 29**

**July 13 - Aug. 3**

**AGES 6 - 12: Sat.: 12:30 p.m. - 1:30 .m.**

**June 8 - 29**

**July 13 - Aug. 3**

**(4 weeks) \$80**

**(4 weeks) \$80**

**(4 weeks) \$40**

**(4 weeks) \$40**

## KIDDIE POOL WORKOUT (ADULTS)

*Can't swim...no problem. Out of shape...no problem.*

*It's hot...no problem.*

Have fun and get fit! Exercises for the entire body based on Pilates, yoga and swimming movements. *Wear a bathing suit or something you can get wet, wear sunscreen, bring an inflatable pool raft (body length) and towel.*

**Instructor: Melusyne**

**Tues.: 10 - 10:30 a.m.**

**June 4 - 25**

**July 9 - 30**

**(4 weeks) \$10**

**(4 weeks) \$10**



## KIDDIE POOL FUN FOR PRESCHOOLERS

Wading pools are a great place for kids to learn how to enjoy aquatics. Toys, games and socialization help with water acclimation and learning swimming skills. Bubbles, floating, safety without the intimidating big pool. *Adults must accompany child into the water. Wear your swimsuits, bring towels and sunscreen.*

**Instructor: Melusyne**

**Tues.: 10:30 - 11 a.m.**

**June 4 - 25**

**July 9 - 30**

**(4 weeks) \$10**

**(4 weeks) \$10**

## PIANO FOR BEGINNERS 1 & 2 (AGES 8 & UP)

Students will be taught the basics of playing music on the piano/keyboard. Topics include: basic notes, rhythm and theory as well as finger exercises, chords and scales, all with the goal of being able to play basic accompaniment parts and fun songs. Keyboards are provided for students.

*Beginner book 1 & 2 may be purchased for \$5 the first day of class.*

**Instructor: Heather Woosley**

**Tues.: 4 - 5 p.m. OR Tues. 5 - 6 p.m.**

**June 4 - July 9**

**July 23 - Aug. 27**

**(6 weeks) \$35**

**(6 weeks) \$35**

## PIANO & STRINGS LESSONS (ONE ON ONE)

We provide keyboards for piano but strings (violin, viola or cello) must be provided by student. Can be rented at local stores (Andy's). Piano books 1 & 2 can be purchased for \$5 the first class. Book for strings needed is "Essential Elements for Strings, Book 1". Instructor will call you and discuss your needs and available times. *Call 463-7980 for more info. or to register.*

**Instructor: Heather Woosley**

**4 (30 minute classes for 1 person)**

**4 (30 minute classes for 2 people)**

**\$ 40**

**\$ 50**

## TABLE TENNIS CLUB (IT'S ON LIKE PING PONG)

The Table Tennis Club is a place for people to learn table tennis, practice, and meet others to play matches. Baker High School Table Tennis coach Michael Ho will be helping everyone to work on skills and learn the game. *Beginners welcome!*

**Mon. & Tues.: 6 - 8 p.m.**

**June 3 - July 30**

**NO CHARGE**

**(9 weeks)**

## TAI CHI

The ancient Chinese believed that true health comes when the body and mind work together in harmony. Tai Chi, a series of slow, soft movements grew out of this tradition, and offers a gentle path to developing a body that is strong, balanced and energetic, and a mind that is calm, clear and relaxed. The practice of Tai Chi reduces stress, and has a recognized beneficial effect on many other health issues and conditions. It is suitable for people of all ages and physical conditions. *Just wear comfortable clothes and shoes, and be prepared to have fun.*

**Instructor: Bob Varley**

**Wed.: 6 - 7 p.m.**

**June 5 - July 10**

**July 17 - Aug. 21**

**(6 weeks) \$35**

**(6 weeks) \$35**

# MITTERNIGHT NEIGHBORHOOD CENTER & PARK

**RECREATION LEADER I: Rhonda Mc Daniel**  
 (rhonda.mcdaniel@cityofmobile.org)  
**ADDRESS: 5310 Colonial Oaks Dr., Mobile, AL**  
**CENTER PHONE: 344-7275**  
**FOR MORE INFORMATION OR TO REGISTER:**  
**463-7980 or 208-1610**

## SUMMER LUNCH PROGRAM (AGES 0-18)

Mon. - Thurs.: 12 noon - 1 p.m.  
 Sponsored by Feeding the Gulf Coast

## ACADEMIC TUTORING (ALL AGES)

Call 463-7980 for more information or to register.

**Instructor: Letesha Smith**  
 4 (30 minute) classes \$45

## BELLY DANCING -BEGINNER & INTERMEDIATE

**Instructor: Michelle Lovitte**  
**BEGINNER — Mon.: 6 - 7 p.m.**  
 June 3 - July 8 (6 weeks) \$35  
 July 15 - Aug. 19 (6 weeks) \$35

**OR**  
**INTERMEDIATE — Mon.: 7 - 8 p.m.**  
 June 3 - July 8 (6 weeks) \$35  
 July 22 - Aug. 26 (6 weeks) \$35

## CANDLE LIT YOGA FOR FITNESS & RELAXATION (BEGINNERS)

Yoga softened with candlelight! This class combines power yoga using strong, flowing movements with deep breathing to create high energy workout that helps to build strength, unwind tight joints and loosen muscles (also burns calories) with gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Teaches movements you can use for a lifetime. **CURVY PEOPLE WELCOME! Bring a yoga mat.**

**Instructor: Kendra Bell**  
**Thurs.: 5:30 - 6:30 p.m.**  
 June 6 - 27 (4 weeks) \$30

## COOK AND EAT (AGES 8-12)

A rich sensory activity that excites all five senses and builds a foundation for a lifelong love of cooking. Recipes for breakfast, lunch and dinner, including snacks.

**Instructor: Tracy Davis**  
**Mon.: 2-4 p.m.**  
 June 3 - 24 (4 weeks) \$40  
 July 8 - 29 (4 weeks) \$40

## FAMILY POOL CLUB (RACK EM UP)

Join the fun! A wholesome group of people with a common interest, billiards. We play the various Billiard games including 8 Ball, 9 Ball, Cutthroat and more. Bumper pool available too. One of our biggest goals is to further the game of billiards, and teach the game to those who might not know how to play completely. *Everyone welcome. No smoking or drinking.*

**Instructor: Dwayne Rapp**  
**Thurs.: 6:30 - 8 p.m.** **NO CHARGE**  
 June 6 - Aug. 1 **(8 weeks)**

## KICKBOXING (ADULTS & TEENS)

**Instructor: Dereck Payne**  
**Wed.: 6 - 7:30 p.m.**  
 June 5 - 26 (4 weeks) \$80  
 July 10-31 (4 weeks) \$80

## SEWING FOR KIDS (AGES 8-12)

The class is ideal for kids who would like to learn to sew and stitch and/or who already have an established desire for sewing, design and crafts. No prior sewing experience is necessary.

**Bring your own machine or we will provide one.**  
**Instructor: Tracy Davis**  
**Mon.: 4 - 6 p.m.**  
 June 3 - 24 (4 weeks) \$40  
 July 8 - 29 (4 weeks) \$40



# NEWHOUSE PARK & NEIGHBORHOOD CENTER

**FACILITY SUPERVISOR:** Dorothy Lewis  
**ADDRESS:** 2960 Alston Dr., Mobile, AL  
 (Off of Dauphin Island Parkway)  
**CENTER PHONE:** 470-7753  
**HOURS:** Mon. - Fri. 9 a.m. - 6 p.m.

**For more information or to register:**  
 251-208-1662 or 251-208-1610

## SUMMER LUNCH PROGRAM (AGES 0-18)

Mon. - Thurs.: 12 noon - 1 p.m.  
 Sponsored by Feeding the Gulf Coast

## ACADEMIC TUTORING (ALL AGES)

Call 463-7980 for more info. or to register.  
 Instructor: Letesha Smith  
 4 (30 minute) classes

\$45

## BIKINI BOOT CAMP

Instructor: Tonya Gaskins  
 Wed.: 5:30 - 6:30 p.m.  
 June 5 - 26  
 July 10 - 31

(4 weeks) \$25  
 (4 weeks) \$25

## COYO (CORE & YOGA)

Variety of creative movements to improve the middle section of your body. Yoga will help make it more flexible and end the class with a feeling of peach and relaxation.

Bring a yoga mat and beach towel.

Instructor: Melusyne  
 Tues.: 6 - 6:30 p.m.  
 June 11 - July 30  
 (No class July 2)

(7 weeks) \$15



## FREE POUND WORKOUT

Come see for yourself, what it's all about. It's a California craze. If you've dreamed of channeling your inner rock star into a fitness plan, it's time for POUND. Created by 2 female drummers, the Pound workout fuses cardio interval training with drumming to provide a challenging heart-pumping workout. Lively movements and upbeat tunes keep the workout fresh. No holding an uncomfortable pose for an extended period of time, the class is always moving. Full-body workout and targets common problem spots - a huge part of the class is performed in a squat position. The drumsticks aren't just for show, each stick is ¼ pound and combine that with the constant up and down drumming, it targets your inner & outer thighs, butt and core. *Drum sticks will be provided for the one night. IF YOU LIKE IT REGISTER FOR THE CLASS.*

Instructor: Tonya Gaskins  
 Wed.: 6:30 - 7:30 p.m.  
 June 5

FREE

## KICKBOXING (ADULTS & TEENS)

This class is designed for all men, women and teenagers, that are interested in losing weight, improving endurance, mobility and learning the basic fundamentals of boxing and kickboxing. Core development is the primary objective. Maximum results require energy & enthusiasm.

Instructor: Dereck Payne  
 Mon.: 6 - 7:30 p.m.

June 3 - 24  
 July 8 - 29

(4 weeks) \$80  
 (4 weeks) \$80

## KID'S KLUB "DO SOMETHING NEW THIS SUMMER" (AGES 6-10)

Safe, supervised activities for kids to explore "something new". We start with an outside activity like mini tennis or badminton, move inside to a cool down with kids' yoga, then creative time such as drawing cartoons, sketching, watercolors, Lego projects and crafts, and board games or floor puzzles. Please register early, spaces are limited.

Instructor: Melusyne  
 Tues.: 1 - 4 p.m.

June 4 - 25  
 July 9 - 30

(4 weeks) \$25  
 (4 weeks) \$25

## MUSIC DEVELOPMENT (AGES 13 & UP)

Designed to give band, musicians and vocalists the basic and advanced understanding of music (timing, movements, solo techniques, analyzing music, how to read sheet music and how to write music). Better your chances of becoming a complete Musician.

Instructor: Rev. John Lake  
 Mon.: 4-5 p.m.

June 3 - July 8  
 July 15 - Aug. 19

(6 weeks) \$35  
 (6 weeks) \$35

## NEWHOUSE PARK & NEIGHBORHOOD CENTER

### PIANO FOR BEGINNERS 1 & 2 (AGES 8 & UP)

Students will be taught the basics of playing music on the piano/keyboard. Topics include: basic notes, rhythm and theory as well as finger exercises, chords and scales, all with the goal of being able to play basic accompaniment parts and fun songs. Keyboards are provided for students.

*Beginner book 1 & 2 may be purchased for \$5 the first day of class.*

**Instructor: Rev. John Lake**

**Tues.: 4 - 5 p.m. OR Tues.: 5 - 6 p.m.**

**June 4 - July 9**

**July 23 - Aug. 27**

**(6 weeks) \$35**

**(6 weeks) \$35**

### PIANO ONE ON ONE

We provide keyboards. *Piano books 1 & 2 can be purchased for \$5 the first class.* Instructor will call you and discuss your needs and available times. Please call 463-7980 for more info or to register.

**Instructor: Rev. John Lake**

**4 (30-minute classes for 1 person)**

**\$ 40**

### POUND WORKOUT

If you've dreamed of channeling your inner rock star into a fitness plan, it's time for POUND. Created by 2 female drum-

mers, the Pound workout fuses cardio interval training with drumming to provide a challenging heart-pumping workout. Lively movements and upbeat tunes keep the workout fresh. No holding an uncomfortable pose for an extended period of time, the class is always moving. Full-body workout and targets common problem spots – a huge part of the class is performed in a squat position. The drumsticks aren't just for show, each stick is ¼ pound and combine that with the constant up and down drumming, it targets your inner & outer thighs, butt and core. *The Pound drumsticks can be purchased first day of class for \$5.*

**Instructor: Tonya Gaskins**

**Wed.: 6:30 - 7:30 p.m.**

**June 12 - July 3**

**July 10 - 31**

**(4 weeks) \$25**

**(4 weeks) \$25**

### SINGING IS BREATHING (VOICE LESSONS)

Gospel recording artist Carlett Martin will be holding private and group voice classes for all levels. Lessons involved warming up vocal chords, breathing, scales to stretch the muscles, developing the right tones for singing styles, learning about blending, harmony & texture, and performance development. Please bring water and/or warm tea to lesson. Call 463-7980 for more info. or to register.

## RICKARBY PARK & NEIGHBORHOOD CENTER

**FACILITY SUPERVISOR: Jackie Simmons McMillian**

**(jacqueline.simmons@cityofmobile.org)**

**ADDRESS: 550 Rickarby St., Mobile, AL 36606**

**PHONE: 470-7750**

**HOURS: Mon. - Friday 9 a.m. - 6 p.m.**

### SUMMER LUNCH PROGRAM (AGES 0-18)

**Mon. - Thurs.: 12 noon - 1 p.m.**

**Sponsored by Feeding the Gulf Coast**

### DAILY SNACKS

**Mon. - Fri.: 3:30 - 4:30 p.m.**

### BASIC COOKING EVERY 3RD MONDAY OF THE MONTH

### POWER WALKING

**Mon. & Wed.: 9:15 - 10 a.m.**

### ARTS AND CRAFTS HOLIDAY CRAFT ACTIVITY

**Tues.: 4 p.m. to 4:45 p.m.**

### WADING POOL OPEN

**Mon. - Fri.: 10 a.m. till 5 p.m.**

### BOOKMOBILE EVERY THIRD THURSDAY OF MONTH

### TIE DYING WITH PAINT

**Mon. & Wed.: 10:30 - 11:15 a.m.**

### BASIC EXERCISE

**Mon. - Fri.: 9:30 a.m. - 10 a.m.**



# JAMES SEALS COMMUNITY CENTER

**FACILITY SUPERVISORS:** Ralph Gordon  
(ralph.gordon@cityofmobile.org)  
& Tanya Gullett (Tanya.gullett@cityofmobile.org)  
**ADDRESS:** 540 Texas Street 36603  
**CENTER PHONE:** 438-7498  
**FOR MORE INFORMATION OR TO REGISTER:** 208-1660  
**HOURS:** Mon. - Thurs.: 10 a.m. - 8 p.m.  
Fri.: 10 a.m. - 7 p.m.

## SUMMER LUNCH PROGRAM (AGES 0 -18)

Mon.-Thurs.: 12 noon - 1:00 p.m.  
*Sponsored by Feeding the Gulf Coast*

## DAILY SNACKS (AGES 0 - 18)

Daily: 4 - 4:30 p.m.  
*Sponsored by Feeding the Gulf Coast*

## TENNIS IN THE PARKS

Come learn how to play and enjoy tennis or refresh your tennis techniques from a certified tennis Pro during our "It's Starts in the Parks" summer tennis program at Michael Figures and James Seals Neighborhood Centers. *For more information contact: Bruce Lockette, USPTA at 458-6260*

Session I: June 4 - June 28  
Every Tue., Thurs., & Fri.: 4 -5 p.m. \$40  
Session II: July 9 - Aug. 2, 2019  
Every Tue., Thurs., & Fri.: 5:30 to 6:30 p.m. \$40

## WALK & STRETCH

Mon. - Fri.: 10 - 11 a.m.

## QUILTING

Mon. & Fri.: 11 a.m. - 2 p.m.

## DAILY OUTDOOR STRUCTURE ACTIVITY

Mon. - Fri.: 11 a.m. -12 noon (weather permitting)

## BILLIARDS

Mon. - Fri.: 11 a.m. - 1 p.m.

## BIBLE STUDY

Wed.: 10:45 a.m. - 12:30 p.m.

## ADULT COMPUTER CLASS

Wed.: 1 - 2: p.m.

## TEEN BUILDING RAP SESSION - (AGES 13-17)

Thurs.: 2 - 3 p.m.

## LINE DANCE

Mon. & Wed.: 5:30 - 7:30 p.m.

## GOSPEL-CISE

Tues. & Thurs., 5:30 - 6:30 p.m.  
Sat.: 9 - 10:30 a.m.

## WHEELCHAIR BASKETBALL

Thurs.: 6 p.m.

## ARTS & CRAFTS

Fri.: 2:30 p.m.  
Bi-weekly beginning June 7

## FENCING

Sat.: 8:30 - 11:30 a.m.



# SPRINGHILL RECREATION CENTER

**FACILITY SUPERVISOR: Patricia Ferguson**  
([patricia.ferguson@cityofmobile.org](mailto:patricia.ferguson@cityofmobile.org))  
**ADDRESS: 1151 Springhill Avenue Mobile, AL 36604**  
**CENTER PHONE: 438-7415**  
**HOURS: Mon. - Fri.: 10 a.m. - 7 p.m.**

## SUMMER LUNCH PROGRAM (AGES 0 -18)

Mon.-Thurs.: 12 noon - 1:00 p.m.  
*Sponsored by Feeding the Gulf Coast*

## TAEKWONDO FOR BEGINNERS (AGES 5 & UP)

In this class the student will learn the techniques of Korean Martial Arts, which will develop the students' fitness, self confidence and esteem, respect, life skills, as well as self-defense.

**Instructor: Alex Jones**

Mon.: 5:30 - 6:30 p.m.

June 19 - July 1

(4 weeks) \$20

July 8 - 29

(4 weeks) \$20

## LEARN TO PLAY GUITAR (AGES 10 & UP)

**Instructor: Theodore Arthur**

Thurs.: 5 - 6:30 p.m.

June 13 - 18

(5 weeks) \$35

June 25 - Aug. 22

(5 weeks) \$35

## SEWING BEGINNERS

If you have never sewn before or if you need a refresher course then, this is the class for you. Finally, a sewing class that keeps on teaching as your learning needs change. For beginners selected pattern should not exceed 5 pieces, if more see instructor first. Students will complete one basic garment during class.

**Instructor: D. Howze**

Tues.: 11 - 12:30 p.m.

June 11 - July 2

(4 weeks) \$30

July 9 - 30

(4 weeks) \$30

## BASIC UPHOLSTERY FOR BEGINNERS

Learn the basic techniques of upholstery. Instructor will cover tools, type of fabrics suitable for different projects. You will learn how to measure a job, tear down a job, information on padding and cording, and much more. Students should know basic sewing. Students are encouraged to have a small project to work on during class, for example a stool, small chair, an ottoman, and removable pillows from a piece of furniture, please keep items on a small scale.

Students will need to pay \$15 to cover major tools/supplies. Call 208-1660 for supplies you will need to have for personal use.

**Instructor: D.L. Howze**

Wed.: 11 a.m. - 1 p.m.

June 5 - 26

(4 weeks) \$40

July 10 - 31

(4 weeks) \$40

## COMPUTER LAB

Mon. & Wed.: 3 - 5 p.m.

## WALKING IN THE GYM

Just 30 minutes of walking does the body good. Improves heart health, aids weight loss, regulates blood pressure, improves circulation, fights cancer, and reduces risk of diabetes and much more.

Mon. - Fri.: 10 a.m. - 12 Noon

## LINE DANCING

Line dancing is just another way you can stay healthy at Springhill Recreation Center. It's a unique form of exercising.

Mon., Wed. & Thurs.: 4:30 - 6:45p.m.

Tues. & Fri.: 11 a.m. - 1 p.m.

## COLORING FOR ADULTS

Sitting down to color a picture is an effective means of reducing stress. All supplies provided, however feel free to bring your own. Sessions include soft music and occasionally herbal tea.

Wed.: 11 a.m. - 12 noon

## ARTS AND CRAFTS

Tues.: 10:30 - 11:30 a.m.



# STOTT'S PARK & NEIGHBORHOOD CENTER

**FACILITY SUPERVISOR:** Warren Johnson  
**ADDRESS:** 2150 N. Demetropolis Rd.  
 (N. Demetropolis & Cottage Hill)  
**PHONE:** 666-4955  
**HOURS:** Mon. - Fri. 9 a.m. - 6 p.m

For more information or to register call: 208-1662

## SUMMER LUNCH PROGRAM (AGES 0 -18)

Mon.-Thurs.: 12 noon - 1:00 p.m.  
 Sponsored by Feeding the Gulf Coast

## BALLET FOR AGES 7-10

Class for beginner and intermediate students focusing on the fundamentals of classical ballet. Instructor lived and trained in the Soviet Union for 6 years with Marika Stumbre of Riga Ballet. She also danced with the Alabama Contemporary Dance Comp. Missy Jones has 30 years of teaching experience.

**Instructor:** Missy Jones

Tues.: 4:30 - 5:30 p.m.

June 4 - 25

(4 weeks) \$50

July 2 - 30

(5 weeks) \$55

## BALLET BARRE WORKOUT (ADULTS)

Use ballet barre exercises and movements to strengthen and tone. No previous dance experience necessary.

**Instructor:** Missy Jones

Tues.: 5:30 - 6:30 p.m.

June 4 - 25

(4 weeks) \$50

July 2 - 30

(5 weeks) \$55

## BELLY DANCING -BEGINNER & INTERMEDIATE

**Instructor:** Michelle Lovitte

INTERMEDIATE: Sat. 9 - 10 a.m.

June 8 - July 13

(6 weeks) \$35

July 20 - Aug. 24

(6 weeks) \$35

OR

BEGINNER: Sat. 10 - 11:30 a.m.

June 8 - July 13

(6 weeks) \$35

July 20 - Aug. 24

(6 weeks) \$35



## COYO (CORE & YOGA)

Variety of creative movements to improve the middle section of your body. Yoga will help make it more flexible and end the class with a feeling of peach and relaxation.

Bring a yoga mat and beach towel.

**Instructor:** Melusyne

Wed.: 5:30-6 p.m.

June 12 - July 31

(7 weeks) \$15

(No class July 3)

## KID'S KLUB "DO SOMETHING NEW THIS SUMMER" (AGES 6-10)

Safe, supervised activities for kids to explore "something new". We start with an outside activity like mini tennis or badminton, move inside to a cool down with kids' yoga, then creative time such as drawing cartoons, sketching, watercolors, Lego projects and crafts, and board games or floor puzzles. Please register early, spaces are limited.

**Instructor:** Melusyne

Wed.: 1 - 4 p.m.

June 5 - 26

(4 weeks) \$25

July 10 - 31

(4 weeks) \$25

## "SWEATY" PICKLEBALL (OUTDOOR COURTS)

Join the craze! Named after the family dog "Pickles" that use to chase the balls when they were playing. It's a little tennis, a bit of ping-pong, a splash of badminton and fun to say AND PLAY! Played indoors, doubles or singles, on a court ¼ the size of a tennis court, with short wooden paddles and a perforated ball similar to a wiffle ball. It's easier than tennis. Low impact, great for all ages, a sport for life. BEGINNERS ARE WELCOME. Rackets & balls provided. Wear your sunscreen and bring water.

**Instructor:** Melusyne

Sat.: 10 a.m. - 1 p.m.

FREE

June 15 - Aug. 3

(9 weeks)

## PIYO TONE

Great class to reduce your stress and tone your muscles. Piyo (Pilates & yoga) based workout helps strengthen your core muscles (trunk & pelvis) while working your entire body. Perfect for people that find yoga too slow. Includes exercises using body & light weight resistance, compound & isolated muscles, glides & bands, Pilates, and yoga. Class alternates resistance and yoga-Pilates based movements in a flowing motion (no jerky floor to standing movement). Bring a yoga mat, set of light weights and a towel. NO AEROBICS!

**Instructor:** Melusyne

Mon. & Thurs.: 6 - 6:45 p.m.

June 10 - July 1

(4 weeks) \$24

(No class July 4)

July 15-Aug. 8

(4 weeks) \$24

## SMALL GROUP PERSONAL FITNESS TRAINING

Have you been thinking about hiring a trainer but it's too expensive? You want to work out but don't know which exercises to do or if your form is correct. This program is for small groups of people (4-6) wanting to improve their fitness level. Everyone will have an individual program designed for them. Workouts may include: toning & shaping, strength, core, flex-

## STOTT'S PARK & NEIGHBORHOOD CENTER

ibility, balance, sports conditioning, and calorie burning. We will be using light weights, body weight exercise, bands, stability balls, glides and steps. After you register you will receive a call from the instructor asking about your personal fitness needs. Instructor is a certified personal trainer with over 30 years of fitness/exercise experience.

**Instructor: Melusyne**

**Mon. & Thurs.: 5 - 5:45 p.m.**

**June 10 - July 1**

**(4 weeks) \$24**

**(No class July 4)**

**July 15 - Aug. 8**

**(4 weeks) \$24**

**Mon. & Thurs.: 10 - 10:45 a.m.**

**June 10 - July 1**

**(4 weeks) \$24**

**(No class July 4)**

**July 15 - Aug. 8**

**(4 weeks) \$24**

### TAI CHI

The ancient Chinese believed that true health comes when the body and mind work together in harmony. Tai Chi, a series of slow, soft movements grew out of this tradition, and offers a gentle path to developing a body that is strong, balanced and energetic, and a mind that is calm, clear and relaxed. The practice of Tai Chi reduces stress, and has a recognized beneficial

effect on many other health issues and conditions. It is suitable for people of all ages and physical conditions. *Just wear comfortable clothes and shoes, and be prepared to have fun.*

**Instructor: Bob Varley**

**Wed.: 11:30 a.m. - 12:30 p.m.**

**June 5 - July 10**

**(6 weeks) \$35**

**July 24 - Aug. 28**

**(6 weeks) \$35**

### ZUMBA

Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness is often called exercise in disguise. Super effective? Check. Super fun? Check and check. This is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**Instructor: Tonya Gaskins**

**Tues.: 6:30 - 7:30 p.m.**

**June 4 - July 9**

**(6 weeks) \$35**

**July 16 - Aug. 20**

**(6 weeks) \$35**

## THOMAS SULLIVAN COMMUNITY CENTER

**Facility Supervisor: Mary Brown**

**(mary.brown@cityofmobile.org)**

**Address: 351 N. Catherine St. Mobile, AL 36603**

**Phone: 438-7282**

**Hours: Mon. - Thurs.: 9 a.m. - 8 p.m.**

**Fri.: 9 a.m. - 7 p.m.**

### SUMMER LUNCH PROGRAM (AGES 0 -18)

**Mon.-Thurs.: 12 noon - 1:00 p.m.**

**Sponsored by Feeding the Gulf Coast BIBLE STUDY**

**Lead by Mrs. Jones & Ms. Dotch**

**Mon. & Wed.: 10 a.m.**

### BOOK MOBILE

**Wed.: 3:30 - 4:30 p.m.**

### COMPUTER LAB (OPEN)

**Mon. - Fri.: 9 a.m. - 7 p.m.**

### COOKING 4 EVERYONE WITH CHEF MAURICE

**Wed.: 4 p.m.**

### DANCE TEAM - SHIMMERING STARS

**Tues. & Fri.: 4 p.m.**

### EQT'S

**With Ms. Morgan Raspberry**

**Tues.: 5:30 p.m.**

### GOSPELCIZE (EXERCISE)

**Led by Sharon & Tangy**

**Mon. & Wed.: 5:30 - 6:30 p.m.**

### HEALTH & WEALTH FOR YOUTH

**With Mrs. Jennifer Meadry**

**Thurs.: 4:30 p.m.**

### HEALTH & WEALTH (ADULTS)

**With Mrs. Jennifer Meadry**

**Thurs.: 6 p.m.**

### LAFAYETTE COMMUNITY MEETING

**2ND Tues. of each month: 6 p.m.**

### MOVIE & POPCORN

**Fri.: 3 - 5 p.m.**

### SAIL PROGRAM -(SENIORS)

**(Senior Activities for Independent Living)**

**Hot meal served daily**

**Mon. - Fri.: 9 a.m. - 1 p.m.**

### WALK WITH EASE

**Led by Mrs. Stevens**

**Mon. & Wed.: 10 a.m.**

### WII COMPETITION

**Thurs.: 3:30 - 4:30 p.m.**

# COTTAGE HILL GYMNASTICS CENTER

**ACTIVITIES SPECIALIST: Tonya Carroll**  
(tonya.carrol@cityofmobile.org)

**ADDRESS: Cottage Hill Gymnastics Center**  
Hillcrest Rd. (Between Grelot Rd.  
& Cottage Hill Rd.)

**PHONE: 367-6182**

## TUMBLING, TRAMPOLINE & GYMNASTICS PRESCHOOL MOVEMENT EDUCATION (AGES 3, 4, & 5)

Children MUST be potty trained to attend class. Introduction to gymnastics apparatus. Body awareness, balance and self-confidence are developed through introduction to the world of exercise and fun.

**SESSION 1: Mon. & Wed.: June 3 – 26**  
2 - 2:45 p.m. (4 weeks) \$50  
OR Tues. & Thurs.: June 4– 27  
9:30-10:15 a.m. (4 weeks) \$50  
OR Sat.: June 8- 29  
9 - 10 a.m. (4 weeks) \$35  
**SESSION 2: Mon. & Wed., July 8 – 31**  
2 - 2:45 p.m. (4 weeks) \$50  
OR Tues. & Thurs.: July 9 – Aug. 1  
9:30 - 10:15 a.m. (4 weeks) \$50  
OR Sat., July 13 - Aug. 3  
9 - 10 a.m. (4 weeks) \$35

## KINDER-GYM (AGES 18 MON. – 3 YEARS)

A class for toddlers that will teach basic tumbling, body awareness, balance and self-confidence in a relaxed gymnastics environment! **Adult must participate with the child.**

**SESSION 1: Fri.: June 7 - 28**  
9:30 - 10:30 a.m. (4 weeks) \$35  
OR 10:30 - 11:30 a.m. (4 weeks) \$35  
**SESSION 2: Fri.: July 12 – Aug. 2**  
9:30 - 10:30 a.m. (4 weeks) \$35  
OR 10:30 - 11:30 a.m. (4 weeks) \$35

## YOUTH CLASSES

This class teaches progressive skills on trampoline and other gymnastics equipment. Flexibility, strength, balance and coordination are enhanced through participation in this program.

## YOUTH GYMNASTICS (5-8 YEARS)

### MUST BE 5 BY FIRST CLASS

**SESSION 1: Tues. & Thurs.: June 4 – 27**  
3 - 4 p.m. (4 weeks) \$60  
OR Sat.: June 8 - 29  
10 - 11 a.m. (4 weeks) \$35  
**SESSION 2: Tues. & Thurs.: July 9 – Aug. 1**  
3 - 4 p.m. (4 weeks) \$60  
OR Sat.: July 13 – Aug. 3  
10 - 11 a.m. (4 weeks) \$35

## YOUTH GYMNASTICS (9-12 YEARS)

**SESSION 1: Sat.: June 8 - 29**  
11a.m. - 12 noon (4 weeks) \$35

**SESSION 2: Sat.: July 13 – Aug. 3**  
11 a.m. - 12 noon (4 weeks) \$35

## BEGINNING TUMBLING (5-10 YEARS)

This class is designed to introduce younger students to the various components of tumbling. Primarily: cartwheels, round-offs, back walkovers, and back handsprings.

**SESSION 1: Tues. & Thurs.: June 4 – 27**  
4 - 5 p.m. (4 weeks) \$60  
**SESSION 2: Tues. & Thurs.: July 9– Aug. 1**  
4 - 5:00 p.m. (4 weeks) \$60

## CHEER TUMBLING

(Emphasis on tumbling aspect of cheerleading) A must for students preparing for middle school or high school level cheerleading.

**SESSION 1: Mon. & Wed.: June 3 – 26**  
5 - 6 p.m. (4 weeks) \$60  
**SESSION 1: Tues. & Thurs.: June 4– 27**  
5 - 6 p.m. (4 weeks) \$60  
**SESSION 2: Mon. & Wed.: July 8– 31**  
5 - 6 p.m. (4 weeks) \$60  
**SESSION 2: Mon. & Wed.: July 8– 31**  
5 - 6 p.m. (4 weeks) \$60

## BEGINNING TRAMPOLINE & TUMBLING (5 & UP)

This class teaches basic trampoline and tumbling skills and is an excellent safety course for those families with backyard trampolines.

**SESSION 1: Mon. & Wed.: June 3– 26**  
3 - 4 p.m. (4 weeks) \$60  
**SESSION 2: Mon. & Wed.: July 8– 31**  
3 - 4 p.m. (4 weeks) \$60

## INTERMEDIATE TRAMPOLINE & TUMBLING

For students with moderate gymnastics experience

**SESSION 1: Mon. & Wed.: June 3-26**  
4 - 5 p.m. (4 weeks) \$60  
**SESSION 2: Mon. & Wed.: July 8-31**  
4 - 5 p.m. (4 weeks) \$60

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**PARENTS ARE INVITED TO  
FIRST & LAST CLASS ONLY**

**PARENTS: PLEASE NOTE THAT CLASSES  
FILL UP QUICKLY. IT IS BEST TO REGISTER  
FOR THE ENTIRE QUARTER.**

**NOTE REFUND POLICY.**

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# TENNIS CENTERS

## COPELAND-COX TENNIS CENTER —MOBILE TENNIS CENTER—

**GENERAL MANAGER:** Scott Novak  
**ADDRESS:** 851 Gaillard Drive, Mobile, AL 36608  
**PHONE:** (251)208-5181  
**www.MOBILETENNISCENTER.COM**

**Tennis Center closed July 4th - Independence Day**

### CLINIC SCHEDULE: SUMMER 2019

#### INFORMATION:

- 8 Under / 10 Under Classes will follow a USTA Quick-Start Format:
  - 8 & Under (ages 6,7,8)—36 ft. Court
  - 10 & Under (ages 9,10)—60 ft. Court
- Minimum Requirement of 3 participants per clinic
- Payment required to Register. There is a Max. capacity for each clinic.
- Registration Deadline is FIRM and no late entries will be accepted.
- For More info email [mobiletennis123@gmail.com](mailto:mobiletennis123@gmail.com) or call 251-208- 5181
- NO WALKONS FOR ANY CLINIC
- NO PRO-RATED COST FOR ANY CLINIC
- NO REFUNDS

#### CLINIC FEES:

ALL 2019 JUNIOR CLINICS ARE 4 WEEKS LONG

5 YEAR OLDS: 1/2 Hour, 1 Day a Week \$35  
8 UP, 10 UP, 12 UP, 18 UP CLINICS: 1 Hour, 2 Days a Week \$90  
ADULT CLINIC: 1 Hour, 1 Day a Week \$50

#### ADULT BEGINNER CLINIC

The adult beginner clinic is designed to teach adults who are brand new to the sport. We encourage everyone to continue playing, by joining a league. This clinic, is 6 weeks long, and the first 4 weeks you will work on developing skills and the final 2 weeks are focused on matches and league play.

#### SESSION 3: June 3 - June 28

Registration Deadline: May 28

##### JR. CLINICS

5 YEAR OLDS: Tues.: 3:30 - 4 p.m.  
8 & UP: Tues. & Thurs.: 6 -7 p.m.  
10 & UP: Tues & Thurs.: 4 - 5 p.m.  
12 - 18 YEAR OLDS: Tues. & Thurs.: 5 - 6 p.m.

##### ADULT CLINICS

ADULT BEGINNER: MON.: 6 - 7 p.m.  
ADULT INTERMEDIATE: MON.: 7 - 8 p.m.  
ADULT BEGINNER CARDIO: WED.: 6 - 7 p.m.  
ADULT INTERMEDIATE CARDIO: WED.: 7- 8 p.m.

**Session 3 Rain Make Up Week: July 8-12**

#### SESSION 4: July 15 - Aug. 9

Registration Deadline: July 8

##### JR. CLINICS

5 YEAR OLDS: Tues.: 3:30 - 4 p.m.  
8 & UP: Tues. & Thurs.: 6 -7 p.m.  
10 & UP: Tues & Thurs.: 4 - 5 p.m.  
12 - 18 YEAR OLDS: Tues. & Thurs.: 5 - 6 p.m.

##### ADULT CLINICS

ADULT BEGINNER: MON.: 6 - 7 p.m.  
ADULT INTERMEDIATE: MON.: 7 - 8 p.m.  
ADULT BEGINNER CARDIO: WED.: 6 - 7 p.m.  
ADULT INTERMEDIATE CARDIO: WED.: 7- 8 p.m.

**Session 4 Rain Make Up Week: August 12 - 16**

#### SESSION 5: Aug. 19 - Sept. 20

Registration Deadline: August 12

##### JR. CLINICS

5 YEAR OLDS: Tues.: 3:30 - 4 p.m.  
8 & UP: Tues. & Thurs.: 6 -7 p.m.  
10 & UP: Tues & Thurs.: 4 - 5 p.m.  
12 - 18 YEAR OLDS: Tues. & Thurs.: 5 - 6 p.m.

##### ADULT CLINICS

ADULT BEGINNER: MON.: 6 - 7 p.m.  
ADULT INTERMEDIATE: MON.: 7 - 8 p.m.  
ADULT BEGINNER CARDIO: WED.: 6 - 7 p.m.  
ADULT INTERMEDIATE CARDIO: WED.: 7- 8 p.m.

**Session 5 Rain Make Up Week: September 23 - 27**



# TENNIS CENTERS

## LYONS PARK TENNIS CENTER

**RECREATION LEADER II: James Richardson**  
(james4686@bellsouth.net)

**ADDRESS: 180 Lyons Park Avenue, Mobile, AL**

**PHONE: 694-1830**

**FAX: 690-7730**

**HOURS OF OPERATION: Mon. - Thur.: 3 - 9 p.m.**

**Fri.: Closed**

**Sat.: 8 a.m. - 1 p.m.**

### FEES:

**\$4 Day, \$5 Night**

### INFORMATION:

- 5 Lighted Laykold Courts
- Special senior and youth rates available
- Hours subject to change based upon participation and inclement weather,
- Open to the public
- Special tickets are available
- Tennis lessons for adults and children
- USTA National Junor Tennis league
- BTA Adult League
- Lyons Park Very Own "Tennis Anyone" Program
- Lockers and Showers are available

## LYONS PARK SUMER YOUTH TENNIS CAMP (AGES 6 - 18)

This youth tennis clinic is designed to help youth acquire and develop basic skills needed to play tennis. Contact center to register.

**Mon., Tues., & Thurs.: 8:30 - 10:30 a.m.**

**June 3 - July 11 (6 weeks) \$50**

## NJTL SUMMER TENNIS CAMP AT LYONS PARK (AGES 6 - 18)

The USTA/National Junior Tennis and Learning (NJTL) network is a nationwide group of community tennis organizations seeking to develop the character of young people through tennis and education.

**Mon., Tues., & Thurs.: 8:30 a.m. - 10:30 a.m.**

**June 3 - July 11 (6 weeks) \$50**

## MEDAL OF HONOR PARK

**ADDRESS: 1711 Hillcrest Road, Mobile, AL 36695**

**PHONE: 251- 666-9639**

**Individual Tennis Lessons upon Request  
Call for information**

## TENNIS IN THE PARKS

Come learn how to play and enjoy tennis or refresh your tennis techniques from a certified tennis Pro during our "It's Starts in the Parks" summer tennis program at Michael Figures and James Seals Neighborhood Centers.

**SESSION I: June 4 - June 28**

**Days: Every Tues., Thurs., and Fri.**

**Times: 4 - 5 p.m. @Figures \$40**

**5:30 to 6:30 p.m. @James Seals \$40**

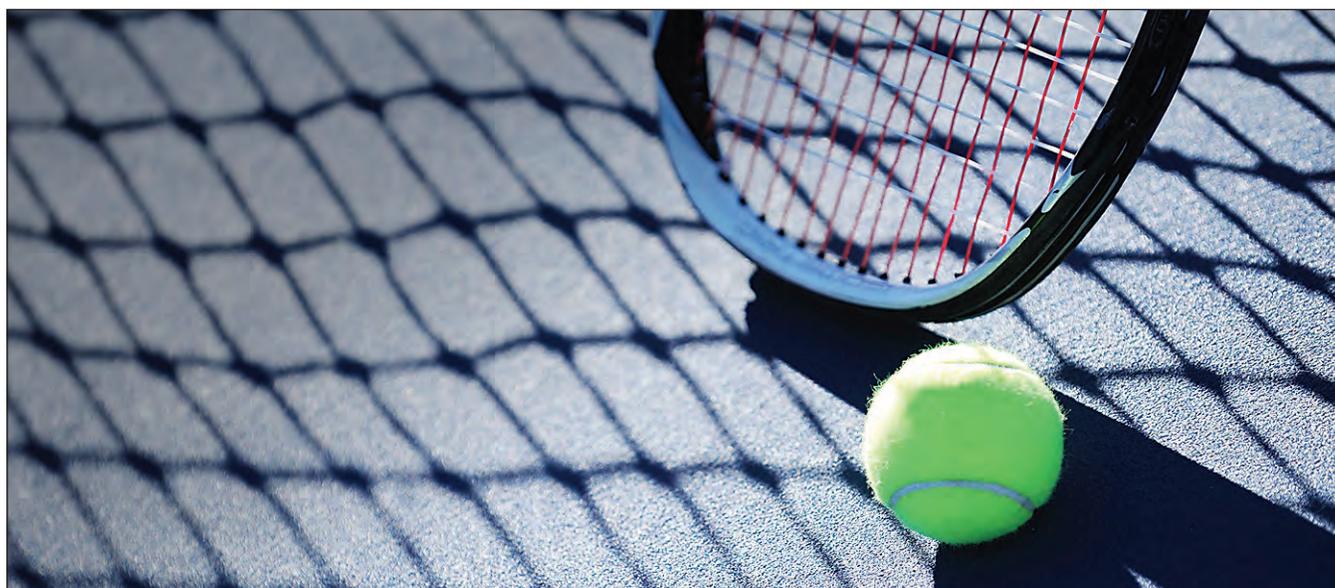
**SESSION II: July 9 - Aug. 2, 2019**

**Days: Every Tues., Thurs., and Friday**

**Times: 4 -5 p.m. @Figures \$40**

**5:30 to 6:30 p.m. @James Seals \$40**

**For more information contact: Bruce Lockette, USPTA  
at 458-6260**



## SPECIAL ACTIVITIES THERAPEUTIC RECREATION /ADULT CENTER

**PROGRAM SUPERVISOR:** Ella Austin-Mooney  
**SPECIAL ACTIVITIES OFFICE:** 251-208-1651

**LOCATION:** Therapeutic and Senior Activity Center  
(T-SAC) 261 Rickarby St.  
(former Woodcock Elementary)

**THERAPEUTIC RECREATION SPECIALIST:** Marie Beard  
**PHONE:** 251-208-1669

**LOCATION:** City of Mobile Adult Center  
1301 Azalea Rd.

**THERAPEUTIC RECREATION SPECIALIST:**  
Heidi Hanchey  
**PHONE:** 251-666-3922

**LOCATION:** Therapeutic Recreation Program (Adult  
Center) 1301 Azalea Rd.

**THERAPEUTIC RECREATION SPECIALIST:**  
LaDarrel Bell  
**Phone:** 251-666-6053

***Class sizes are limited. Please call the location and pre-register for all classes.  
Pre-Registration determines if a class will meet or if it will be canceled.***

## THERAPEUTIC & SENIOR ACTIVITIES CENTER (T-SAC)

**THERAPEUTIC RECREATION SPECIALIST:**  
**Marie Beard** ([annette.beard@cityofmobile.org](mailto:annette.beard@cityofmobile.org))  
**ADDRESS:** 261 Rickarby St.  
(former Woodcock Elementary School)  
**PHONE:** 208-1669

Please call Marie Beard for classes below.  
Please call to register for all classes.

### **YOGA FOR FITNESS (BEGINNERS AGES 18 & UP)**

Location: 261 Rickarby St. 36605  
(Formerly Woodcock Elementary)

**Instructor:** Kendra Bell  
**Wed.:** 5:45-6:45 p.m.

June 6

July 10-31

(4 weeks) \$25

(4 weeks) \$25

### SENIOR RECREATION

#### **SWING OUT/LINE DANCE**

Mon.: 6 -8 p.m.

#### **BID WHIST**

Tues.: 10:30 a.m. - 6 p.m.

#### **PINOCHLE**

Wed. : 10 a.m. - 6 p.m.

#### **YOGA**

Wed.: 5:45 - 6:45 p.m.

#### **BID WHIST**

Thurs.10 a.m. - 6 p.m.

#### **PINOCHLE**

Sat.: 10 a.m. - 6 p.m.



## MOBILE ADULT CENTER

City of Mobile Adult Center  
 1301 Azalea Road, Mobile AL  
**THERAPEUTIC RECREATION SPECIALIST:**  
 Heidi Hanchey  
**PHONE: 251-666-3922**  
**THERAPEUTIC RECREATION SPECIALIST:**  
 LaDarrel Bell  
**PHONE: 251-666-0053**

**EARLY REGISTRATION IS ENCOURAGED.**  
*Pre-registration determines if a class will meet or if it will be canceled. Only registered students can be contacted if a class is canceled.*  
**ALL FEES TO BE PAID TO INSTRUCTOR.**

**Please call Heidi Hanchey at 251-666-3922 for the following classes.**

### FITNESS

#### 15-330 BASIC YOGA

This class will teach strength, balance and relaxation exercises along with proper alignment and breathing. Class helps relieve stress and build strength and equilibrium. *Bring sticky mat and regular towel.*

**Instructor: Irene Callaway**

**Tues.: 11 a.m. - 12 noon**

**Session 1: June 4 - July 9 (5 weeks) \$20**

**Session 2: July 16 - Aug. 13 (5 weeks) \$20**

**OR**

**Instructor: Caroline Bates-Hoffman**

**Thurs.: 11 a.m. - 12 noon**

**Session 1: June 6 - July 11 (5 weeks) \$20**

**Session 2: July 18 - Aug. 15 (5 weeks) \$20**

**OR**

**Instructor: Irene Callaway**

**Tue.: 5:30-6:30 p.m.**

**Session 1: June 4 - July 9 (5 weeks) \$20**

**Session 2: July 16 - Aug. 13 (5 weeks) \$20**

**OR**

**Instructor: Irene Callaway**

**Thurs.: 5:30-6:30 p.m.**

**Session 1: June 6 - July 11 (5 weeks) \$20**

**Session 2 July 18 - Aug. 15 (5 weeks) \$20**

**Use form on PAGE 32 to REGISTER for Art Instructional Center and Cottage Hill Gymnastics Center.**

**For all other classes contact the specific location.**



A certified Silver & Fit Instructor teaches the following classes. Supply Fee payable first day of class to instructor. Please call for more information.

#### CHAIR AEROBICS

Chair aerobics is safe effective, low impact workout, good for all fitness levels.

*Supply Fee payable first day of class to instructor.*

**Instructor: Gerry Lowe.**

**Tues.: 10 a.m.**

**Session 1: June 4 - July 9 (5 weeks)**

**Session 2: July 16 - Aug. 13 (5 weeks)**

**OR**

**Thurs.: 10 a.m.**

**Session 1: June 6 - July 11 (5 weeks)**

**Session 2: July 18 - Aug. 15 (5 weeks)**

#### BODY SCULPTING

Body Sculpting is a strength training workout that combines flexibility and cardiovascular conditioning. Body Sculpting is designed to shape and tone the body without building muscular size or bulk. Body Sculpting is highly recommended to those wanting a weight loss program because it helps retain lean muscle tissue while boosting metabolism. Gerry's classes are geared to accommodate all fitness levels.

**Instructor: Gerry Lowe**

**Mon.: 11:15 a.m.**

**Session 1: June 3 to July 8 (5 weeks)**

**Session 2: July 15 to Aug. 12 (5 weeks)**

**OR**

**Wed.: 11:15 a.m.**

**Session 1: June 5 to July 10 (5 weeks)**

**Session 2: July 17 to Aug. 14 (5 weeks)**

### THERAPEUTIC RECREATION

**Please call LaDarrel Bell at 251-666-6053 for the following classes**

#### THERAPEUTIC YOUTH MARCHING BAND (AGES 5-18)

Become a member of the City of Mobile Park & Recreation Special Activities all-inclusive therapeutic marching band, Magnolia Breeze Youth Ensemble. Learn instrumental music fundamentals, show-style marching techniques, dance routines, and color guard routines to prepare for community performances and parades. New and experienced musicians, dancers, and color guard (flag twirler) students are encouraged to join.

**Marching band performance season extends July 2019 to February 2020.  
 Call 208-1651**

**Registration: Mon.-Fri.: April 1 - July 1**

# CONNIE HUDSON MOBILE REGIONAL SENIOR CENTER

**Program Supervisor: Ashley-Nicole Flowers, M.S., CTRS**  
**Phone: 251-661-0128**  
**3201 Hillcrest Rd., Mobile, AL**

**Becoming a Member:** Life begins here at 55. A member must be 55 or older to join the center. Fill out the Participant Information Form and bring to the front desk. Important Notice: All new Participants have a 30 day grace period to have a Physician Release Form turned into the front desk. *If participating in any Fitness, Dance, or Water related activities a participant must have a Physician Release Form signed by their doctor and on file. Physician Release Forms are updated every year.*

**CAFÉ 3201:** Come Join Us for Lunch! OPEN to the PUBLIC.  
**Mon.-Fri.: 11 a.m.-1:30 p.m.**      **\$7**  
*Includes: Entree, 2 sides, bread, dessert, and drink.*

## Transportation Available

### Qualifications to apply:

- Must be a registered member of the CHMRCC.
- Must live within a 4 mile radius of the center.
- Must stay for at least 4 hours.

*Restrictions may vary and/or subject to change.*

To participate in the transportation program please see our Transportation Coordinator for an application.

**The transportation program also offers monthly trips to different venues for our senior's travel enjoyment.**

*\*\*To get supply list for any class at the Regional Senior Center please call 251-602-4963\*\**

**ADVANCED QUILTING**  
Wed.: 8 a.m. - 12:30 p.m.

**BEGINNER ART CLASS**  
Mon.: 10 a.m. - 12 noon

**BEADING BUDDIES**  
Mon.: 9:45 a.m.- 12 noon

**BEGINNER COMPUTER CLASSES**  
Tues.: 9:30 - 10:30 a.m.  
**BEGINNING ITALIAN**  
Wed.: 3 - 4 p.m.

**BEGINNER LINE DANCE**  
Wed. 1:45 - 2:45 p.m.

**BEGINNER QUILTING CLASS**  
1st & 3rd Tues.: 9 am - 12 noon

**BEGINNER WATER COLOR**  
Tues. 10 a.m.- 3 p.m.

**BIBLE STUDY**  
Mon.: 8:30 - 9:30 a.m.  
OR Thurs: 1-2 p.m. (Non-Domination)

**BODY SCULPTING**  
\*Mon. exercises are "Back Friendly".  
Mon. & Fri.: 8:10 - 9:20 a.m.

**SUPPORT YOGA**  
Tues. & Thurs.: 4 p.m.  
OR Fri.: 8 a.m.

**CIRCUIT TRAINING**  
Time: Mon. 4 p.m. & Wed. 8:30 a.m.

**CROCHET**  
2nd, 3rd, & 4th Thurs.: 9 a.m. - 12 noon

**DRAWING & ACRYLIC CLASS**  
Wed.: 9 a.m. - 12 noon

**INTERMEDIATE LINE DANCE**  
Wed.: 4 - 5 p.m.

**LOOM KNITTING CLASS**  
Thurs.: 12:30 - 3 p.m.

**OIL PAINTING CLASS**  
Mon.: 1 - 4 p.m.

**OPEN ART**  
Wed. & Fri.: 1 - 4 p.m.

**PICKLEBALL**  
Mon.: 2 - 3:30 p.m.  
and Fri.: 3 - 5 p.m.

**POUND FITNESS**  
Tues. & Thurs. 3:30 - 4 p.m.

**SPECIAL TOPICS (ART)**  
Fri.: 9 a.m. - 12 noon

**STEP AEROBICS**  
Tues. & Thurs.: 8:30 - 9:30 a.m.

**STRENGTH AND FLEXIBILITY**  
Wed.: 9:30 - 10:30 a.m.

**TAI CHI**  
Time: Thurs. 1 - 2 p.m.

**WATER AEROBICS**  
Maximum Class size is 6 people.  
Mon.: 11 a.m.- 12 noon.  
Tues.: 10:30 - 11:30 am  
Thurs.: 11 a.m. - 12 noon

**WRITERS GROUP**  
Thurs.: 10:30 a.m. - 12 noon

**ZUMBA**  
Mon., Tues., & Thurs.: 4 - 5 p.m.

# Have you made plans for your child this summer?

Consider the

City of Mobile's

# SUMMER ADVENTURE CAMP

Have you made plans for your child this summer?

**Registration Fee: \$75.00**

Due at time of registration. Registration fee is Non-Refundable  
(Registration fee to be paid separate by cash or money order)

**Weekly fee: \$60.00**

### **Locations:**

T-SAC (old Woodcock) • Azalea Road Adult Center • Augusta Evans Special School

**May 28, 2019 to August 2, 2019**

*(Closed July 4, 2019)*

*Must provide a daily lunch and snacks for your child*

FOR MORE INFORMATION CALL:

**251-251-208-1651 OR 251- 208-1668**

**Register early to reserve your child's spot at the Main Office of Parks and Recreation  
48 N. Sage Ave • 8:00 AM – 4:00 PM**

**LIMITED SPACE AVAILABLE**

## S.A.I.L. PROGRAMS

### SENIOR ACTIVITIES FOR INDEPENDENT LIVING

Mon. - Fri.: 9 a.m. - 1 p.m.

**SAIL CENTERS:** For those seniors who wish to have a tasty, nutritious meal combined with social activities and fellowship, Senior Activity for Independent Living (SAIL) Centers are open Monday through Friday with transportation available in most cases. SAIL centers offer a variety of health promotion events, medical screenings, and offer a regular exercise program that acts as an excellent osteoporosis preventative. Recreation is a regular part of SAIL Center operations.

**HOME DELIVERED MEALS:** The local SAIL centers serve hot meals which are delivered to home-bound seniors. Center managers conduct assessments to determine each person's eligibility (subject to availability). The Home Delivered Meals Program allows seniors to remain in their homes and also provides them with daily socialization.

### SAIL SITES:

#### HILLSDALE COMMUNITY CENTER

Center Manager: Mary Lee

Address: 558 Felhorn Road

Phone: 251-344-0341

#### THOMAS SULLIVAN COMMUNITY CENTER

Center Manager: Neda Arnold

Address: 351 N Catherine Street

Phone: 251-438-7282

#### PARKWAY SAIL CENTER

Center Manager: Freda Mitchell

Address: 1600 Boykin Blvd

Phone: 251-471-2503

#### TRICKSEY SAIL COMMUNITY CENTER

Center Manager: Jackie Green

Address: 3055 Banks Avenue

Phone: 251-456-6690

**For scheduled classes, activities, and special events,  
contact the center directly.**

# YOUTH AND ADULT LEAGUE SPORTS / ATHLETIC PROGRAM

**SUPERVISOR:** Gregory Davis  
mprdathletics@cityofmobile.org  
**PHONE:** 251-208-1631  
**ADDRESS:** 48 N. Sage Avenue, Mobile, AL 36607

**ADULT SPORTS:**  
John Cobb  
**PHONE:** 251-208-1634

**YOUTH SPORTS, BASEBALL, SOFTBALL & FOOTBALL:**  
Monteil Fluker  
**PHONE:** 251-208-1649 or 251-454-7390

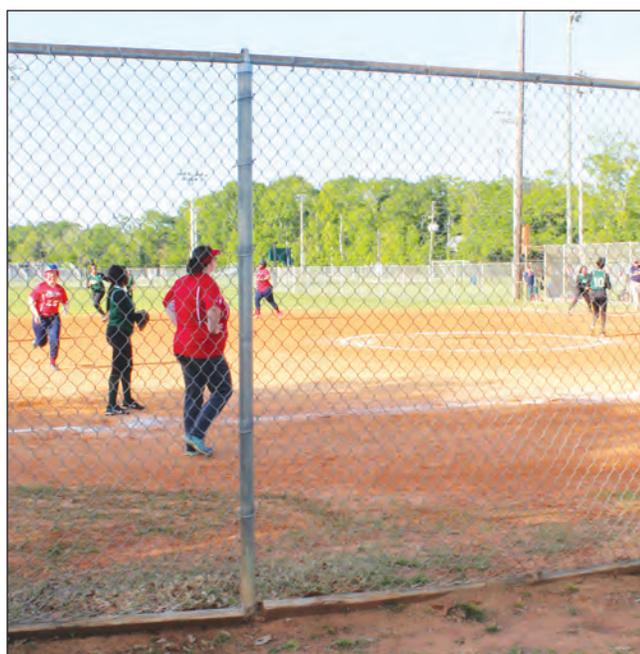
**YOUTH TRACK & FIELD:**  
Jan Hickman  
**PHONE:** 251-605-5128

**GENERAL INFORMATION:** Jean Elders  
eldersj@cityofmobile.org  
**PHONE:** 251-208-1631

## ADULT LEAGUE

**ADULT COED SUMMER SOFTBALL PROGRAM 18+**  
**REGISTRATION:** (For all teams) May 20, 2019 - June 18, 2019  
**ENTRY FEE:** \$165.00, per team. League begins the week of June 24.  
**PLAYING SITE:** Medal of Honor Softball Complex, (Cottage Hill Park).

**For more information contact: John Cobb 251-208-1634**



## YOUTH FOOTBALL & CHEERLEADING

**REGISTRATION FOR AGES 5 THRU 14-YEAR-OLDS:**  
Begins the 1st Saturday in July.  
**PRACTICE STARTS:** Aug. 5  
**TEAM REGISTRATION:** Aug. 20, 21 & 22.  
**SEASON STARTS:** Sept. 7, 2019.  
**SIGN UP AT THE FOLLOWING PARKS:**

COMMUNITY BAPTIST CHURCH  
4433 Bent Tree Road

KIWANIS BOYS AND GIRLS CLUB  
712 Rice Street

OPTIMIST BOYS AND GIRLS CLUB  
1517 Plaza Drive

TAYLOR PARK  
1050 Baltimore Street

HENRY AARON PARK  
2010 Andrews Street

CRAWFORD PARK  
351 S. Ann Street

DUVAL PARK  
1909 Duval Street

MICHAEL A. FIGURES COMMUNITY CENTER  
658 Donald Street

HILLSDALE COMMUNITY CENTER  
556 East Felhorn

KIDD PARK  
800 East Street

PETERS PARK  
351 N. Catherine Street

JAMES SEALS COMMUNITY CENTER  
540 Texas Street

SPRINGHILL RECREATION CENTER  
1151 Springhill Avenue

THEODORE/HEROES PARK  
7161 Old Military Road

TRINITY GARDENS PARK  
30 Banks Avenue

**For more information contact: Monteil Fluker  
at 251-208-1649 OR 251-454-7390**

**MPRDAthletics@cityofmobile.org**

## CALENDAR OF CITY-WIDE EVENTS

### ***SUMMERTIME TALENT SHOW***

The 61<sup>st</sup> Annual Floretta Fortune Talent Show will be held on Thursday, July 18, 2019 at 6:00 p.m., at Davidson High School Auditorium.

The talent show is open to all elementary (K-5), middle (6 - 8) and high school (9-12) students, who are currently enrolled in a public or private school.

Participants must complete a registration form prior to auditioning.

To register and schedule an audition date and time contact:

**Mrs. Mary Brown at 251-438-7282**

**Auditions will be held weekdays from 1:00 - 5:00 p.m. at the following locations:**

June 11-17 - Hillsdale Community Center (558 Felhorn Rd.)

June 18-24 - Robert Hope Community Center (850 Edwards St.)

June 25-July 11- James Seals Community Center (540 Texas Street)

### **MANDATORY DRESSED REHEARSAL**

**Tuesday, July 16, 2019, 6-8 p.m.**

**at Davidson High School Auditorium**



*Save the Date!*

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## **MAYOR'S CUP**

**Saturday, August 3, 2019**

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**MOBILE PARKS AND RECREATION    REGISTRATION FORM\*    WWW.CITYOFMOBILE.ORG/PARKS**

**Online and Mail-in Registration only available for ART INSTRUCTIONAL CENTER and COTTAGE HILL GYMNASTICS CENTER**  
**Make money orders payable to: CITY OF MOBILE**  
**Mail to: City of Mobile (location), 48 N. Sage Ave. Mobile, AL 36607-2653**

**No personal checks accepted. Activities paid for by credit/debit subject to a 3% non-refundable surcharge)**

Name: (on credit card if applicable) \_\_\_\_\_

Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Work #: \_\_\_\_\_ Home #: \_\_\_\_\_ Mobile #: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

	Class #/Class	Date	Time	Fee	Student	Gender
1	_____	_____	_____	\$ _____	_____	M/F _____
2	_____	_____	_____	\$ _____	_____	M/F _____
3	_____	_____	_____	\$ _____	_____	M/F _____
4	_____	_____	_____	\$ _____	_____	M/F _____
5	_____	_____	_____	\$ _____	_____	M/F _____

TOTAL \_\_\_\_\_

**\*Use form to register for Art Instructional Center and Cottage Hill Gymnastics Center Only.**  
**To register for activities at all remaining sites please call the contact number listed for that site.**