



Hillsdale SAIL Center 558 Felhorn Road 251-344-0341

| A L A B A M A | | | | |
|--|--|--|--|--|
| Mon | Tue | Wed | Thu | Fri |
| S.A.I.L. Calendar Senior Activities of Independent Living | | | | |
| Grandparents Day—September 9 | | | | |
| 3 CENTER CLOSED Plappy Labor Day!! | 4 Java & Chatter Bible study @10:30 Dominoes | 5Java & Chatter Sit n fit Connect four Memories Coloring dominoes | 6 Java & Chatter Bingo-10:30 bring items Dominoes Chess class with Jeff | 7 Java & chatter Movie & popcorn day- bring your favorite dominoes Wear your favorite team t shirt day |
| 10 Java & chatter Jamaican Trip Day- who visited? dominoes | 11 Java & chatter Bible study Remembering 911 Thinking Back on youth day, dominoes | 12 Java & chatter Sit n fit, dominoes Scrabble Shelia-USA Medical Ctr Bring medication list and dosage-10:30 am Blood pressure check | 13 Java & chatter Meeting @ 10:30 Thinking Thursday day(drinking straw, broom, chewing gum) dominoes | 14 Java & chatter Cartoons movie day dominoes |
| 17 Java & chatter U S Constitution week What part of the constitution is important to you? Discussion dominoes | 18 Java & chatter Bible study Technology Tech Day How set up a Facebook, pictures on cell phone dominoes | 19 Java & chatter Sit n fit Write a postcard day Dominoes Patrice-AIDB @ 10:30 | 20 Java & chatter Bingo-Allen Rehab dominoes | 21 Java & chatter Field Trip-bus leave at 10:00 am -lunch at your expense-Ruby Tuesday |
| 24 Java & chatter Move about Monday Dominoes Words with AC in them Manager: Mary Lee | 25 Java & chatter Bible study dominoes | 26 Java & chatter Sit n fit Dominoes Library Day tion: 9:00am-1:00pm | 27 Java & chatter Bingo dominoes Reminisce about the railroad- who rode a train Transportation and Meal | 28 java & chatter Fun Friday dominoes |