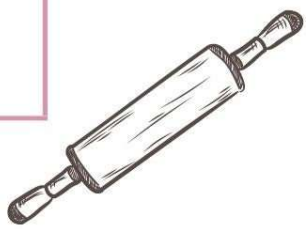
You can use this form to submit your favorite recipe(s) to Margaret Blistain for use in the updated Emmanuel Cookbook. Her email address is: mblistain53@gmail.com

Title

Recipe Sheet

Submitted by



Servings _____

Prep time _____

Cook time _____

Ingredients

- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____
- ○ _____

Directions

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Notes|tips





