

### SELN Case Manager Employment Training Curriculum

Module 2: The Employment Conversation
October, 2017

#### 1 – Importance of Employment

2 – The Employment Conversation

3 – Employment & the ISP

4 – The Employment Process

### **Module 2 Objectives**



- Use guided conversations to:
  - identify an individual's pathway to employment
  - ensure decision to work is based upon informed choice.
- Address common employment barriers and concerns to support employment next steps



### The Employment Conversation



**Employment = The Brass Ring** 

But Someone has to start engaging and exploring the possibilities through conversations...



### **DDA Employment Principles**

From DDA Employment principles.....

All individuals have the right to explore the full range of employment options to empower informed choice and foster self-determination.



# Lesson 1 Informed Choice and Supported Decision Making





### Informed Choice and Supported Decision Making

Supported decision-making is an effort to promote the rights of people with disabilities to make their own informed decisions by developing the skills and support they need to make these daily and major life decisions.







### Informed Choice and Supportive Decision Making

#### What is it?

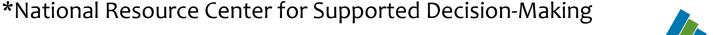
- Working with the person to identify where help is needed and devising an approach for providing it.
- The solutions are different for each person and the possibilities are endless:
  - one-on-one support and discussion;
  - a team approach;
  - situations explained pictorially.

\* Administration for Community Living, "Preserving the Right to Self-determination: Supported Decision-Making"



### Using A Supported Decision Making Approach Means....

- People's right to choose is presumed
- They have full control of decisions impacting their life,
- Decisions are supported by services if needed and natural support networks;
- Assistance with decision making is available when needed
  - Balance need for support with autonomy and self-determination





### Benefits of Informed Choice and Supportive Decision

People with greater decision making authority are:

- Healthier
- More independent
- ❖ More well-adjusted
- Better able to recognize and resist abuse





### Video

https://www.youtube.com/watch?v=u04mK-h-Tks&index=1&list=PLKdIRbjdmxgeDSVBZhEFyrz Ili9zjO3Mc





### What It Boils Down To....

- Everyone has the Right to Make Informed Choices about employment;
- People can get help making informed choices about employment WITHOUT giving up that Right; and
- People will often need help in understanding, making, and communicating their choices



<sup>\*</sup> Adapted from: National Resource Center for Supported Decision-Making EVERYONE has the Right to Make Choices

# Lesson 2 Guided Conversations and the Pathways to Employment





### The Facts.....

#### We know...

- People want to work
- You all believe that anyone can work

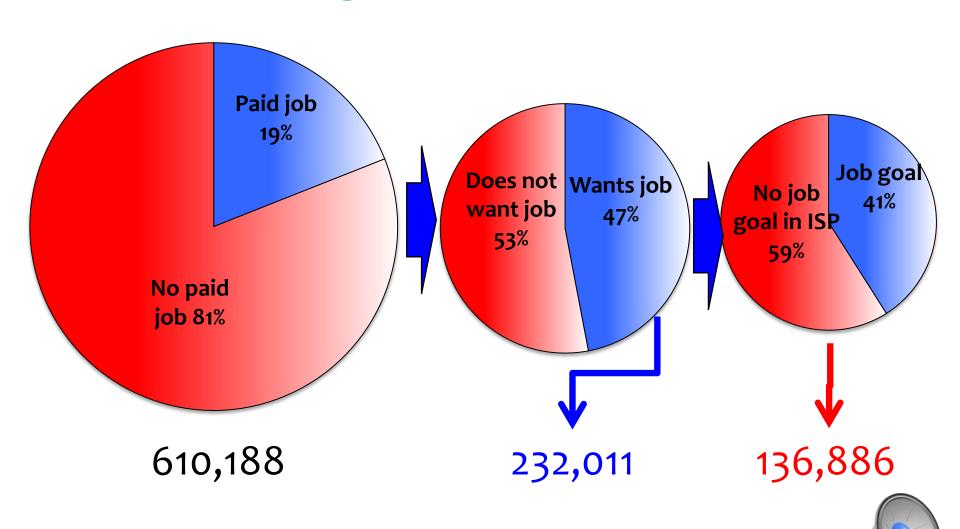
#### But,

The majority of people are not working

We need to start having more substantive employment conversations beyond "Do you want to work?"

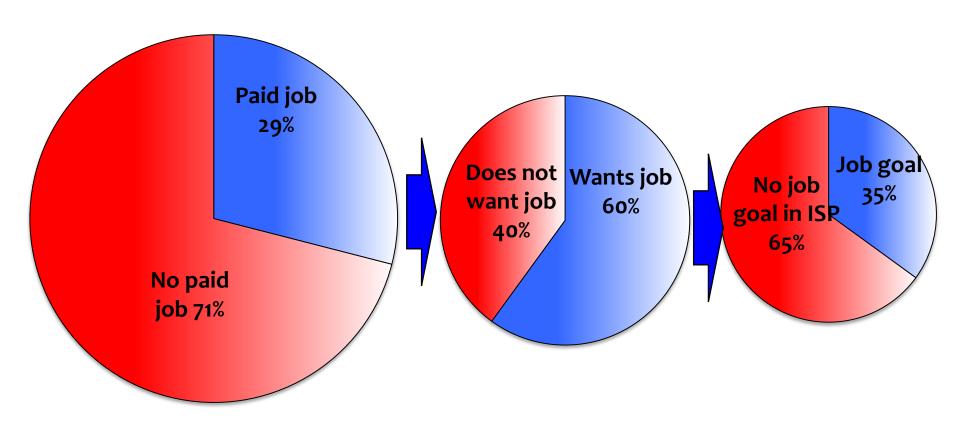


### **Supporting Choice**



Source: National Core Indicators Project 2015-2016

### **Supporting Choice: Maryland**



Source: National Core Indicators Project 2015-2016





### Having Conversations Leads to....

- Finding out "who the person is"
- Understanding interests and concerns
- Community-based experiences that support exploring skills, interests and talents
- Understanding critical information about what would make employment successful





### Let's Start the Conversation...

What pathway is the person I am supporting on?









### Conversation Starters... What is a good question?

- Open ended
  - Don't ask yes/no or single answer questions
- Seek to understand, not to be understood
  - Dig deeper
  - "Why do you think that?"
- Give time to think
  - Be comfortable with silence
- Start with understanding what a person thinks and likes ... let work build off of that



### Conversation Starters... Individual is not working but expresses an interest in working

### Sample questions

- What activities do you enjoy doing?
- If you could have any job what would it be?
- What makes you feel most proud or important?
- Is there anything that worries you about getting a job?
- Are there things you would like to do that you are not doing now?

#### **Action steps**

- Explore interests/Identify criteria
  - Career planning
  - Discovery
  - Job trials/informational interviews
- Initiate job search
- Network with family, friends, neighbors and other contacts
- Identify any concerns or barriers and develop an action plan
- Develop plan for job supports

Polls:

What else might you ask?

What might be first action steps?



### Conversation Starters... Individual is not working and expresses they do not want to work

#### Sample questions

- What do you like most/least about your day?
- What activities do you enjoy?
- Where do you like to spend time? Why?
- What activities are you not doing now that you would like to do?
- Tell me about why you are not interested in a job right now?
- Is there anything about getting a job that worries you?

#### **Action steps**

- Identify concerns and potential solutions to them
- Explore interests
  - Volunteer work
  - Community experiences
  - Job tours
  - Visiting friends at work
- Encourage the idea of work (use success stories)
- Help the individual explore information about various jobs and careers

Polls:

What else might you ask?

What might be first action steps?



### Conversation Starters... Individual is working, explore career growth

#### Sample questions

- What's the best part of your job?
- What do you not like about your job?
- What new tasks or responsibilities you would like to try in your job if you could?
- Are there other types of jobs you have thought about trying, can you tell me about them?

#### **Action steps**

- Happy at job: Are there opportunities for progress?
  - Wages and/or hours,
  - Expanded job duties,
  - New or improved relationships
  - Increased independence if receiving paid supports.
- Desire to change jobs:
  - update interests, explore criteria
  - identify a new employment goal and a new referral to VR.

Polls:

What else might you ask?

What might be first action steps?

### Action steps

- **Exploration**: Discovery, career planning, trial work experiences, volunteering, job tours, informational interviews, technical training, ...
- Finding a job: Networking, job negotiation and customization, job creation
- **Supports**: Employment consultant, coworkers, technology, checklists, ...
- **Transportation**: Public, vouchers, Uber, family, coworkers, state funded, ... Plan early: Job criteria based on options and skills



### Conversation Starter Tools...

- Can be used at any time
- The questions you ask do not have to be used sequentially
- Are not a prerequisite to supports, just help in meeting person where they are
- Guides the conversation
- Arms Support Coordinators with basic knowledge, tools and resources to inform, encourage & reassure





## Lesson 3 Addressing Challenges and Concerns



#### **POLL**

- What concerns have you heard expressed?
- Lack of training
- Transportation
- Fear of losing benefits
- Risk
- Level of support need
- Other





### Common Concerns about Employment

- Lack of skills or training
- Lack of transportation
- Safety at work
- Fear of losing benefits
- Losing contact with friends



#### Overcoming barrier techniques –

Don't "think within the box", explore other paths

Solutions have to be unique to a person, don't only use trusting solutions that worked before

 https://www.youtube.com/watch?v=B2jAmM X-V8s



# The most dangerous phrase in our language is, "We've always done it this way."

- Grace Hopper

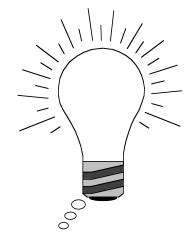


### What's this





### There is no right answer



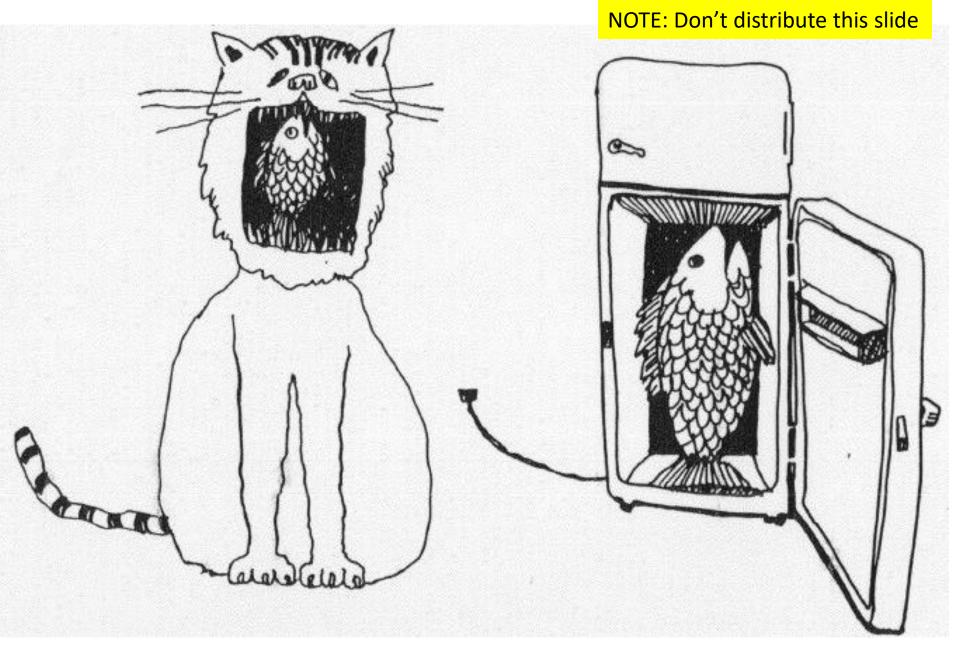
The amount a person uses his imagination is inversely proportional to the amount of punishment he receives for using it

Roger Von Oech, 1983



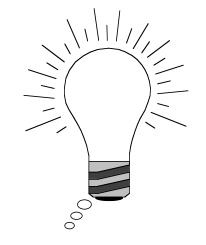
### How are a cat and a refrigerator the same?







### Look for the second right answer



Nothing is more dangerous than an idea when it is the only one you have

**Emile Chartier** 



### Thinking Through Transportation Solutions

#### Start at past successes

- When transportation is NOT a barrier for the people you support, what are the elements that make it work well?
- When there are challenges for the people you support regarding transportation:
  - What are the barriers?
  - What are some of the things you (and others) have tried to overcome the barriers/challenges?
- Which of the things you have tried had a positive impact?
- What things still concern you regarding the barriers the people you support experience regarding transportation?



### **Thinking Through Any Solution**

### Use to organize perspectives about a specific Issue or to get a snapshot description of NOW

What's Working	What's Not Working/What Could Improve
What does the person say is working?	What does the person say is not working or could be better?
What does the family say is working?	What does the family say is not working or could be better?
What does the staff person/teacher/therapist (etc) say is working?	What do they say is not working or could be better?

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#### for your participation today!

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