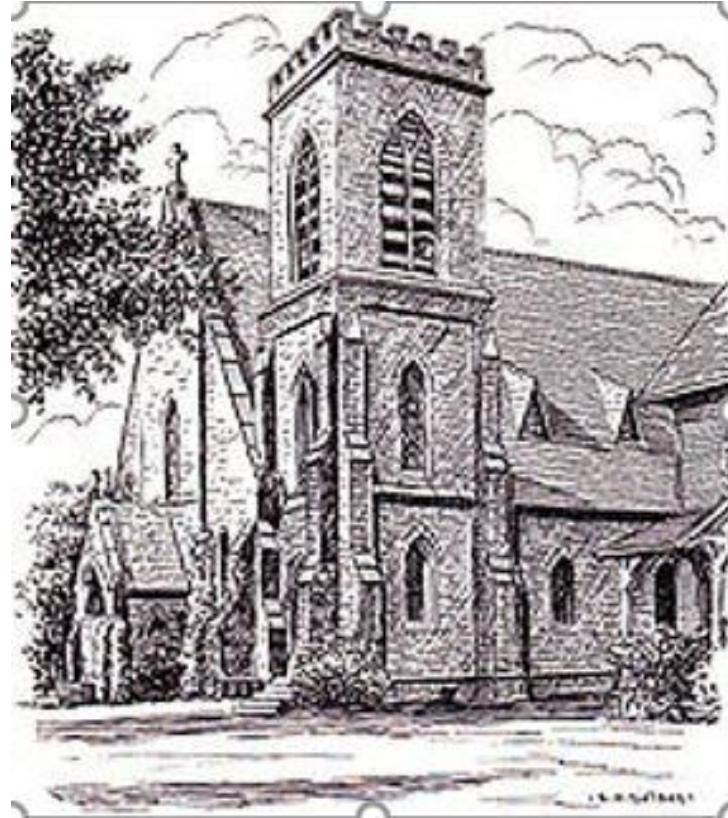


Second Sunday in Lent
February 28, 2021 10:00am
Online Service
Facebook/YouTube



PRELUDE

There Is A Fountain Filled With Blood

*by Sam Batt Owens***THE ENTRANCE RITE (pg. 355, BCP)****OPENING HYMN**

HYMN 11

AWAKE MY SOUL

Morning Hymn

**Awake, my soul, and with the sun thy daily stage of duty run;
Shake off dull sloth, and joyful rise to pay thy morning sacrifice:**

**Lord, I my vows to thee renew; disperse my sins as morning dew;
Guard my first springs of thought and will, and with thyself my spirit fill.**

A PENITENTIAL ORDER

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

The celebrant reads

If we say that we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

1 John 1:8

CONFSSION AND ABSOLUTION

The Deacon or Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Congregation stands and says

Kyrie

Celebrant Lord, have mercy upon us.
People **Christ, have mercy upon us.**
Celebrant Lord have mercy upon us.

THE COLLECT *of the DAY*

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

THE WORD *of GOD*

THE LESSONS

THE FIRST READING

Genesis 17:1-7, 15-16

When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, “I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous.” Then Abram fell on his face; and God said to him, “As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you. God said to Abraham, “As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her.”.

After the reading, the Lay Reader says

The Word of the Lord.

People Thanks be to God.

Psalm 22:22-30

Praise the Lord, you that fear him; *
stand in awe of him, O offspring of Israel;
all you of Jacob's line, give glory.

For he does not despise nor abhor the poor in their poverty;
neither does he hide his face from them; *
but when they cry to him he hears them.

My praise is of him in the great assembly; *
I will perform my vows in the presence of those who worship him.

The poor shall eat and be satisfied,
and those who seek the Lord shall praise him: *
"May your heart live for ever!"

All the ends of the earth shall remember and turn to the Lord, *
and all the families of the nations shall bow before him.

For kingship belongs to the Lord; *
he rules over the nations.

To him alone all who sleep in the earth bow down in worship; *
all who go down to the dust fall before him.

My soul shall live for him;
my descendants shall serve him; *
they shall be known as the Lord's for ever.

They shall come and make known to a people yet unborn *
the saving deeds that he has done.

THE EPISTLE:

Romans 4:13-25

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be."

He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

After the reading, the Lay Reader says

The Word of the Lord.

People **Thanks be to God.**

SEQUENCE HYMN

HYMN 675

TAKE UP YOUR CROSS

Bourbon

Take up your cross, the Savior said,
If you would my disciple be;
Take up your cross with willing heart,
And humbly follow after me.

THE GOSPEL

Mark 8:31-38

Then, all still standing, the Minister reads the Gospel, first saying:

The Holy Gospel of our Lord Jesus Christ according to St. Mark

People **Glory to you, Lord Christ.**

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels." *After the Gospel, the Reader says*

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON

The Rev. Charles B.W. Hamill

THE NICENE CREED *The congregation stands*

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS *of the PEOPLE*

The Leader and People pray responsively

Deacon or other leader

Leader: In peace, let us pray to the Lord, saying, "Lord, have mercy".

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For Michael our Presiding Bishop, for Ian and Laura our own Bishops, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For those who do not yet believe, and for those who have lost their faith, that they may receive the light of the Gospel, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For the poor, the persecuted, the sick, and all who suffer: We pray especially for Kate, Kent, Myra, Mark, Jennifer, Lisa, Janice, Nancy, Cassidy, Andrea, Lucinda, Hilda, Bryan, Barbara and Jon Zakhar, Laura & Tommy Urban, Dee Labelle, Lennart Nicholson, Thomas Burnham, Earlene Bell, Fran Tarrio, Aurelia Knox, Sarah Craig, Joyce, Len Pass, Eugene Williams, James, Marguerite, Kay Hall, Mike Trask, Meredith, Frank Roman, Penny, Justin Iondo, Margie, Jordan Forest, Tom, Laura, Tony, Michelle, Nathaniel and Tanya Burnham, Erin, Bill Ross, Brian, Sandee, Sue, Veronica, Beth, Billy, Rosalie Isele, Emily, Patrick Roderick, Cam, Nina, Reina, Jessica, Ed Courtney, Cathy Auger, Valerie and Richard Beers, Coral, Mary, Molly, Doug Hamill, Honey, JJ Evola and family, Missy, Will, Bill, Priscilla, Derrick, Buddy, Lois Connell, Megan, Michael and Ken.. Please add your own petitions..(Pause)...for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For our enemies and those who wish us harm; and for all whom we have injured or offended, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

People: Lord, have mercy.

Leader: For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

People: Lord, have mercy.

Leader: Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People: To you, O Lord our God.

THE PEACE

The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and People greet one another in the name of the Lord.

ANNOUNCEMENTS

OFFERTORY SENTENCE

THE HOLY COMMUNION

OFFERTORY

THE GREAT THANKSGIVING

EUCCHARISTIC PRAYER B

The people remain standing.

The Celebrant faces them and sings or says

The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus all say
Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The people stand or kneel.

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore according to his command O Father:

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant.

Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

AMEN.

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

THE BREAKING *of the* BREAD

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

The following may be said

O Lamb of God, that takes away the sins of the world, **have mercy upon us.**
O Lamb of God, that takes away the sins of the world, **have mercy upon us.**
O Lamb of God, that takes away the sins of the world, **grant us your peace.**

Facing the people, the Celebrant may say the following Invitation

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

PRAYER of SPIRITUAL COMMUNION

(For those unable to receive communion today)

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

POST-COMMUNION PRAYER (pg. 365, BCP)

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Almighty and ever-living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

CLOSING HYMN

LET IT BE SAID OF US

Steve Fry

Let it be said of us that the Lord was our passion,
That with gladness we bore ev'ry cross we were given;
That we fought the good fight, that we finished the course
Knowing within us the power of the risen Lord.

Let the cross be our glory and the Lord be our song,
By mercy made holy, by the Spirit made strong.
Let the cross be our glory and the Lord be our song,
'Til the likeness of Jesus be through us made known.
Let the cross be our glory and the Lord be our song.

CCLI song #1855882, license #338180

THE DISMISSAL

After the Recessional the Priest or Deacon says

Alleluia, Alleluia, Let us go forth in the name of Christ.

Celebrant and People **Thanks be to God, Alleluia, Alleluia.**

POSTLUDE

Safe In The Arms Of Jesus

CONTINUING PRAYERS

We ask your continuing prayers for others in our diocese and for those in our parish family who are serving in the armed forces. Please pray for:

In our Diocesan cycle of prayer we pray for: St. David's, Gales Ferry; St. James', Glastonbury; St. Luke's, Glastonbury; Christ Church, Greenwich. Prison ministry and prison chaplains; the ECCT Faith Behind Bars & Beyond Ministry Network.

The leaders of the nations, for those in the service of our country: Travis Board, J.C. Glick, Dornn Harris, Christopher Parham, Joshua Rinier, Nathaniel Burnham, Daniel Martin, Christian White, Todd Buroff, Tami Morgan, Adam Randal, Daniel Kronz, Tom Cote, Branden Peace and John Christensen and crew.

THIS WEEK AT GRACE CHURCH: Feb 28– Mar 7

Today	8:00 am	Holy Eucharist, Rite I (sanctuary)
	10:00 am	Holy Eucharist, Rite II (sanctuary)
	4:00 pm	AA Meeting (Merrill Hall)
Monday	OFFICE CLOSED	
Tuesday	6:00 pm AA Meeting: Open Discussion (Merrill Hall)	
Wednesday	12:00-1pm Shoreline Soup Kitchens Community Lunch: TO-GO Food Only!	
Thursday	7:00 pm AA Meeting: Working the Steps (Merrill Hall)	
Friday	12:00 pm Men's Bible Study (Zoom) 2:00 pm Women of Grace (Zoom)	
Saturday	4:00 pm Evening Prayer with Holy Communion (sanctuary)	
Sunday	8:00 am Holy Eucharist, Rite I (sanctuary) 10:00 am Holy Eucharist, Rite II (sanctuary) 4:00 pm Alcoholics Anonymous Meeting (Merrill Hall)	

Church Offices Hours:

Monday- Closed, Tuesday-Friday, 10:00 AM– 2:00 PM

OUR PARTICIPANTS TODAY

EUCCHARISTIC MINISTERS	Kathy Bartus Carly Trask-Kuchta	8 am 10 am
LECTOR:	David Kirpas	10 am
USHERS:	David & Karen Condren	8 am
CAMERA TECH TEAM:	Bill Passera, Clyde Auger	10 am
ALTAR GUILD:	Kyle Trask-Kuchta	10 am
FLOWER DELIVERY:	Bunnie Lubs, Elaine Seaforth Bob Day	

*The flowers on the altar are given to the glory of God
and in thanksgiving for His many blessings.*

*The red rose on the altar is given in thanksgiving for the birth of
Jordan Christopher Lubs born January 6, 2021 to
Matt and Danielle Lubs
Grandparents- Jim and Bunnie Lubs*

GRACE CHURCH STAFF

Rector, The Rev. Charlie Hamill
Minister of Music, Christina Burnham
Parish Administrator, Liz Keirstead
Digital Communications Director, Kate McKinney
Sexton, Sherry Schiavone

GRACE CHURCH VESTRY

Senior Warden, Matt Stosse
Junior Warden, Kate Mason
Treasurer, John Kennedy
Clerk, Julie Peace
Clerk Pro Tem, David Condren
Vestry Members: Ken Soudan, Dale Schneider, Alan Buroff,
Joan Trzcinski, Robert Mulvihill, Cherie Suhie

GRACE CHURCH ANNOUNCEMENTS

Toiletries Drive for the Shoreline Soup Kitchens Saybrook Pantry!

Recently SSKP (Shoreline Soup Kitchens & Pantries) sent out their monthly newsletter. In the newsletter they update the community with their monthly and yearly donations, as well as their ongoing needs. Each month or so they list the top food needs for their pantries, which you can read more about in our “food donation basket” blurb. But this month they also noted a need for some basic toiletries as well. So for the next few weeks, we at Grace Church would like to do a Toiletry Drive to benefit the Old Saybrook Pantry.

Please note the basic needs are simple...please DO NOT empty your bathroom cabinet! If you have extra NEW containers (PLEASE NO USED CONTAINERS) of any of these 3 items to donate, or want to buy some next time you are at the store, here are the SPECIFIC needs they asked for:

Bar Soap

Shampoo (human not pet!)

Toothpaste (they didn't say brushes, but we will take those as well)

If you are able to donate any of these specific toiletries in the next few weeks, feel free to drop them in the basket outside the church door where food donations are placed, bring them to church with you (we will also have an indoor toiletry donation box, or call the office to drop off with Liz, the office administrator.

Women of Grace Invitation to New Book Study in Lent 2021

Beginning on February 12th, the Women of Grace began a Lenten book study reading *The Lord is Our Salvation* by Katie Dawson.. The group will be meeting on Zoom (online) at 2pm on Fridays until the weather warms up again. For more information and questions, contact Kathy Bartus by email **bartuskab53@aol.com** or Christina Burnham at **whh1773@rocketmail.com**. Or you can contact the church office for more info at **860-388-0895**.

Study and material resource needs!?

If you need any resources either for prayer, study or even material resources, please contact Pastor Charlie at the office, 860-388-0895, or go to our website, GraceOldSaybrook.org and click on the “COVID19” button for more updated info and resources.

Altar Flower Memorials

Just a reminder that though we haven't had in-person, in-sanctuary worship together in a long time, the Altar Guild is still accepting donations for Sunday altar flowers made out to "Grace Church Altar Guild" in memory of loved ones. For more information, please contact Barbara Bowie by email at coljim95@gmail.com or Betty Salldin at bettysalldin@sbcglobal.net

Sunday and Holiday Sermon CD's and Grace Church Newsletters...

If you are interested in sharing or hearing the sermons again, you can order a CD with any Sunday's Sermon from our Digital Media Communications Director, Kate McKinney. In addition to our CD ministry, would you like to receive an email (digital) version of our monthly newsletter with updated events and pastoral notes and letters? For more info on the getting on the newsletter email list or to order CD's with the Sunday Sermons, email Kate at katmckey@gmail.com, leave a message for her at the church phone, 860-388-0895, or catch her after the 10am service on most Sundays.

Grace Episcopal Church Prayer Line is back!

We have a wonderful heritage of prayer. In the 70s, a Prayer Line was established at Grace. Now, after a few years' hiatus, the Prayer Line is up and running again. Here's how it works...If you need prayer for something, call one of the Prayer Line Chairpersons (Joyce Brinley and Barbara Bowie). Either use your directory or call the church office for their contact info.

Please briefly tell them your request. The Prayer Line will take it from there. The Chairperson will pass the prayer on to a Prayer Team member, who will pass it to the next Prayer Team member, and so on. Once a member hangs up the phone, the intercession begins!

The Prayer Line is available to receive requests **9:00 am to 8:30 pm**. Typically, the Prayer Line requests for the day go out to members about 7:00 pm. However, requests of an emergency nature will be passed on immediately.

We are so grateful to have this ministry active again. Don't miss this wonderful opportunity to have your brothers and sisters in Christ lift up your requests to God.

Food Pantry Donation Basket at Grace Church

We will continue to accept non-perishable food donations throughout the fall and winter. The basket will remain outside the main side entrance to Grace Church 24/7. If you are curious as to what kind of food they are in need of most you can go to the Shoreline Soup Kitchen & Pantries (SSKP) website. However, current food needs include Cereal, Spaghetti Sauce (no glass jars, please) Jelly or Jam, Juice and Oatmeal. In addition, you can always make a cash donation to SSKP. Thank you for your ongoing donations to feed those in need along the shoreline!

Christian Formation series invitation from St James Episcopal Church in Farmington, CT. We partner with the Spiritual Life Center (SLC), in West Hartford, to present a year on Christian Spiritual Practices. Part of walking the way of Jesus and truly living the Christian life means drawing forever closer to the Divine presence. In our busy lives, however, finding new, creative, and practical ways to live the Christian life and engage in our spiritual journey (we are all on one, by the way) can be very challenging indeed. Our next workshop is ***Ignatian Spirituality, Judy Pluta, BA, MA, Boston College, NYU. Saturday, March 20th, 10 am–2 pm.*** Judy serves as a Spiritual Director, Supervisor and a trainer of Spiritual Directors and Supervisors at The Spiritual Life Center in West Hartford. Her Jesuit Volunteer Corp and Boston College experiences provided an introduction to the richness of Ignatian Spirituality over 35 years ago. Signup is available at <http://bit.ly/IgnSpirit>. For more info contact Pastor Charlie.