

## Creating a Breastfeeding-Friendly Environment

### A welcoming environment for breastfeeding mothers can help mothers breastfeed longer.

Offer a mother a clean, comfortable, and quiet place to breastfeed her baby or pump breastmilk. This could be a space in a small room, or a corner of a classroom or office with a privacy screen or curtain. See below for some ideas on how to create a breastfeeding-friendly space at your child care site. Remember that a breastfeeding-friendly space at your child care site is not required in the CACFP, but it is a best practice.

#### This Space Can Include:

