



Rock Church Academy Athletics Permission Form



Scholar-Athlete's Name: _____

Scholar-Athlete's Address: _____

Home Phone (H): _____ (Cell): _____

Emergency Contact (non-parent): _____ Phone: _____

To participate in various school athletic activities other than those carried on as part of the regular physical education class program, it will be necessary for parents/guardians to give written consent.

It is understood that time after school will be required for practice and competition. Additionally, when deemed necessary, parents may need to bring their scholars to away games or pick them up from those games. Participation in interscholastic athletics includes the risk of injury which ranges in severity from minor injuries to possible loss of life. Although serious injuries are not common in supervised athletic programs, it is impossible to eliminate all risk. Participants have the responsibility to help reduce the chance of injury by obeying all safety rules and reporting all physical problems to their coaches. Scholar Athletes must follow a proper conditioning program and inspect their own equipment prior to each use. The Rock Church Academy liability waiver signed at the time of enrollment also covers after school activities, including sports. By signing below, I further agree not to hold the school, Rock Church Academy, or anyone acting in its behalf responsible for any accident, injury or incident occurring to the above-named student-athlete in the proper course of such activities or travel. I understand that Rock Church Academy does not offer refunds for any reason. I understand that my scholar's photo may be used in school post or publications.

Student Athletics Fee: It is also understood that there is a fee for Athletics: \$250 for RCA enrolled students. This fee must be paid in full before your scholar can participate in each sports season. This fee does not include uniforms or sports equipment, as these items will need to be ordered by scholars for each sport.

Permission is given for son, daughter, or ward to participate in (please circle all that apply).

<input type="checkbox"/> Girls Volleyball	<input type="checkbox"/> Girls Basketball	<input type="checkbox"/> Girls Soccer	<input type="checkbox"/> Girls Track	<input type="checkbox"/> Girls Softball
<input type="checkbox"/> Boys Volleyball	<input type="checkbox"/> Boys Basketball	<input type="checkbox"/> Boys Soccer	<input type="checkbox"/> Boys Track	<input type="checkbox"/> Boys Baseball

Emergency Medical Treatment and Information:

Preferred Physician: _____ Phone # _____

Preferred Hospital: _____ Allergies: _____

Medical Insurance: _____ Policy # _____

We give our consent for coaches to use their own judgment in securing medical aid and ambulance service in case the parents cannot be reached: YES NO

I understand that I am financially responsible for all medical treatment for the above-named scholar athlete. I have read the above statements and hereby give my written consent for my scholar to participate in all RCA Athletics Programs. We (parent and scholar athlete) acknowledge that we have read and agree to adhere to the Rock Church Academy Athletic Handbook. We acknowledge that the failure to abide by the RCA Athletic Handbook could result in the student's participation in athletics being limited or forfeited, as well as the loss of the parent(s) privilege to attend athletic events. Rock Church Academy does not offer refunds for any reason.

Parent/Guardian's Name: _____

Parent/Guardian's Signature: _____

Date: _____

Scholar's Name: _____

Scholar's Signature: _____

Date: _____

**2025-2026 ROCK CHURCH ACADEMY
MIDDLE/HIGH SCHOOL ATHLETE PARTICIPATION CONTRACT**

SCHOLAR'S NAME (PLEASE PRINT): _____ GRADE: _____

SCHOOL: ROCK CHURCH ACADEMY SPORT: _____

Please note: A new contract will be needed for each sport regardless of the coach. If there are spring practices for a fall sport, a contract must be signed before the student can begin practicing.

Athlete Transportation Policy

- Students who drive will be assigned a time that they have permission to leave school. Students may not transport other students to games and practices.
- If parents are driving their scholar athlete to games or practices, they must leave at the time determined by the Athletic Director or director's designee.
- Prior to departing the campus, the scholar athlete or scholars' parents must sign out with the school office.
- Parents must be approved to drive scholars to and from games and practices; therefore, scholar athletes or scholar spectators may not decide to return to the school with other parents/guardians.
- Scholar Athletes who are not being picked up by their parent/guardian at the away game/practice, must return in the authorized vehicle in which they arrived at the event. In other words, you must return the way that you arrived. Parents must notify the coach regarding their intention to pick up their child from away location with at least 24-hour notice.

PARENT-COACH AGREEMENT

The parent and coach understand and agree to the following. Please initial each statement.

- _____ I will support and encourage my scholar athlete to maintain a high level of academic excellence in all his/her classes. I will provide a place at home for my scholar athlete to study and complete his/her assigned work. I understand that my child's coach may ask about his/her academic performance.
- _____ I will maintain regular contact with my scholar athlete's coach and teachers via Class Dojo, school/teacher emails, or school phone number to have questions answered or concerns addressed.
- _____ I understand that parents/guardians are not allowed in locker rooms or along the sidelines where the players are being coached. I agree to allow my scholar's coach to "coach" my scholar athlete without interruption, interjection, arguing, or public criticism. I understand that my conduct may impact my scholars' ability to participate in school athletics. Should a concern arise, I will address the concern in a timely, respectful manner agreed upon with the Athletic Director or Director's Designee (please bring forth concerns within 24 hours).
- _____ I understand that athletic fees and uniform fees are non-refundable. Refunds will not be offered for any reason, including dismissal for conduct concerns of the scholar or scholar's parent.

PARENT'S PHONE NUMBER: _____ EMAIL: _____

PARENT SIGNATURE: _____ DATE: _____

COACH'S SIGNATURE: _____ DATE: _____

SCHOLAR ATHLETE AGREEMENT

The scholar athlete understands and agrees to the following. Please place your initials in front of each statement.

- _____ I will maintain a 2.0 grade point average (GPA) and have **NO** failing grades **OR** maintain a 2.5 grade point average and have **NO MORE** than one (1) failing grade.
- _____ I will maintain good attendance, having no unexcused tardies or absences. Excessive tardies and absences will suspend my athletic participation.
- _____ I will communicate my game and practice schedule to my teachers and make up any work that is missed. I understand that this includes class notes, classwork, homework, quizzes, tests, and projects.
- _____ I will adhere to Rock Church Academy's conduct expectations and behavior policies both on and off the field/court. I understand that I am a leader and that my actions, or inactions, can have either a positive or negative effect on others. I understand that I represent my school, both at school and in the community. I agree to live and conduct myself in a way that honors Christ and shows respect for God's Holy Word. I understand that poor conduct or character may eliminate my ability to participate in the Rock Church Academy Athletics Program.

SCHOLAR'S SIGNATURE: _____ DATE: _____

SCHOLAR'S PHONE NUMBER: _____ EMAIL: _____

TEACHER/STAFF AGREEMENT

The teacher understands and agrees to the following. Please place your initials in front of each statement.

- _____ I will provide missed materials for scholar athletes. I will inform the Athletic Director if a scholar athlete is not submitting missed work.
- _____ I will be available to discuss student athlete progress, should such a conversation be deemed necessary by the RCA Athletics Director.

TEACHER/STAFF SIGNATURES

ENGLISH TEACHER'S SIGNATURE		DATE: _____
MATH TEACHER'S SIGNATURE		DATE: _____
SCIENCE TEACHER'S SIGNATURE		DATE: _____
SOC. STUD. TEACHER'S SIGNATURE		DATE: _____
ADMINISTRATOR'S SIGNATURE		DATE: _____



Rock Church Academy

Athletic Participation Physical Examination
410-882-0807 | athletics@rockchurchacademy.com
www.rockchurchacademy.com

RCA requires a sports physical before a student can join any athletic team activities. Please provide the school a copy of a recent (within the past 12 months) sports physical, signed by the examining physician. *Note: Most doctors have their own forms, or your doctor can use the lower half of this form as a template.*

Today's date: _____ Grade: _____ Date of Birth: _____

Student's Full Name: _____

Does the student have Asthma? _____ Does the student use an inhaler? _____

Does the student have Allergies? _____ Does the student carry an EpiPen? _____

Does the student take any medications that might impact sport participation? _____

Are there past illnesses or injuries which might impact sport participation? _____

Parent's Signature _____ **Date** _____

Physician's Remarks

Height: _____ Ft. _____ In.	Blood Pressure: _____	Ankle: _____
Weight: _____ lbs.	Pulse Rest: _____	Knees: _____
Eyesight: R 20/ _____	Abdomen: _____	Hips: _____
Eyesight: L 20/ _____	Lymphatics: _____	
Glasses: _____	Hernia: _____	
Nose: _____	Spine: _____	
Throat: _____	Neck: _____	
Teeth: _____	Shoulders: _____	
Skin: _____	Elbows: _____	
Heart: _____	Hands: _____	
Lungs: _____	Feet: _____	

Is the student cleared for physical activities? Circle one: Yes No

Comments: _____

Physician's Signature: _____ **Date:** _____

Physician's Printed Name: _____ **Phone:** _____

ROCK CHURCH ACADEMY

ATHLETICS

RCA



VICTORS

HANDBOOK



Rock Church Academy Athletics Handbook

RCA ATHLETICS PHILOSOPHY

As an Athletic Department, we believe in being Godly role models for our scholar athletes, helping them build their faith in Jesus Christ and develop their athletic skills. We aim to keep JESUS FIRST in ALL that we do. Our athletes will learn to work as a team. They will celebrate their accomplishments collectively, individually, and as a representative of their school, Rock Church Academy.

FORMS REQUIRED TO PARTICIPATE IN RCA TEAM ATHLETICS

All RCA Scholar Athletes are required to have a current sports physical and have their parent(s)/guardian(s) sign the Rock Church Academy Athletic Handbook and Rock Church Academy Athletic Permission Slip. All forms must be submitted to the Athletic Director before the Rock Church Academy Scholar Athlete participates in practices or games.



ROCK CHURCH ACADEMY ATHLETICS CODE OF CONDUCT

As an RCA Scholar Athlete or as parent or guest, I understand that the mission of Rock Church Academy athletics is two-fold:

- 1) First, providing RCA Scholars with opportunities to excel academically and grow their character into conformity with Christ.
- 2) Second, maximizing the development of each scholar's God-given athletic potential.

Character comes first, athletic achievement second- in that order. We believe that every endeavor in life has one primary goal: to bring glory to our Creator.

Parents, Guardians, Guests, Scholar Athletes and Coaches commit to never letting the intensity of athletic competition compromise their testimony as an individual, as a member of the Rock Church Academy community and as a follower of Jesus Christ.

We believe that every child on the opposing team, the most and least skilled players on our team, the coaches, the referees, and other parents are all made in the image of God. All are deserving of being treated with dignity and respect, even on their worst days. As such, we will look for opportunities to support, not undermine, the God-given authority of the coaches and officials.

We do not compromise or apologize for our desire to win; however, our mindset as Rock Church Academy athletes, parents, coaches, and guests is to use athletic competition to encourage our students to excel in all areas of their lives for the Glory of God.

We aim to leave the opposing team with the sense that Rock Church Academy is just that - authentically Christian in its commitment to excellence, humility of spirit, abundance of love, and the Lordship of Jesus Christ. We agree to refrain from using alcohol, drugs, tobacco, or profanity at any Rock Church Academy athletic event. We agree to never publicly or personally confront an official or referee. We agree to never inappropriately step on to the field of play because of an officiating decision. We will support all coaches and athletes playing for and against Rock Church Academy and never mock, roast, or root negatively.

ROCK CHURCH ACADEMY SCHOLAR ATHLETE EXPECTATIONS

- 1) I understand that I am expected to conduct myself in such a manner as to bring glory to our Creator. My actions on the field and court should reflect that goal. My conduct in school impacts my ability to participate in athletics at RCA.
- 2) I commit to never let the intensity of athletic competition, compromise the Christian testimony of Rock Church Academy, nor my testimony as a follower of Jesus Christ.
- 3) I understand that my education is my first responsibility; therefore, I will strive to achieve academic excellence and remain academically eligible.
- 4) I understand that I represent Rock Church Academy. I will play hard and to the best of my abilities, but I will not intentionally harm an opposing player.
- 5) I will respect my coaches, teammates, opponents, officials, and always opposing fans in accordance with Christian Character. I will not speak to an official unless spoken to first.
- 6) I will not engage in sexual promiscuity or use drugs, alcohol, tobacco, ESDs, or profanity on or off the field.
- 7) I agree to be on time to all practices, games, or team events unless I personally inform my coach otherwise. I will not damage or deface property, buildings, or equipment of Rock Church Academy or an opposing school.
- 8) I will take proper care of uniforms and equipment issued to me by Rock Church Academy.

ACADEMIC INELIGIBILITY

A scholar's grades will determine eligibility for extra-curricular activities. Please see Athlete Contract to be signed before playing. Grades, report cards, and progress reports will be reviewed on a regular basis. Scholars earning one report card grade of "F" or two grades of "D" will be ineligible for all extra-curricular activities.

Ineligible students will be reassessed 10 school days after mid-term and term reports. If grades have improved, the Principal or Athletic Director may elect to reinstate eligibility. If grades have not improved, students will remain ineligible until the next progress report or report card. Fourth quarter grades will determine eligibility for fall activities for the next school year. Scholar athletes may be required to participate in study hall or tutoring services.

ACADEMIC PROBATION

The purpose of academic probation is to give the scholar an opportunity to improve and to also issue a strong warning that he/she is in danger of not being promoted and/or not continuing at Rock Church Academy. A scholar who has been on the ineligible list four or more times within a given school year will be placed on academic probation. In addition, a scholar who misses 15 or more days during the first semester will be placed on academic probation. Once a scholar is placed on academic probation, the scholar may not participate in extracurricular activities and must also relinquish all positions of leadership and responsibility for the remainder of the probation period, to be determined by the Principal or Athletic Director.

ABSENCE PROTOCOL

Scholars may not participate in extracurricular activities on the day of an absence (excused or unexcused) unless special permission has been granted by the Principal or Athletic Director. A scholar must be in school for the full day (5 hours) to be considered present. If an athlete will miss a practice or game, the coach should be contacted as soon as possible. Missing a practice or game could result in missing the next game. Head coaches have full authority to determine the consequence for missing a practice or game.

ABSENCES AND SCHOOL WORK

At times, Rock Church Scholar-Athletes will be required to miss class. The scholar is responsible for making up all work missed. Work assigned to the scholar prior to the absence is due on the day he/she returns to school. This includes long-term projects that are due on the day of the absence. Work assigned to the scholar after the absence is due one day after the work is received. Please see Athlete Contract.

ATHLETIC FEES

There is a \$250/player season fee for all student-athletes enrolled at Rock Church Academy. This fee does not include uniforms and sports equipment. Players may be required to purchase uniforms and equipment on their own or through Rock Church Academy. This fee is non-refundable and must be paid before the first game. If the fee isn't paid in full, the player cannot participate in any game.

UNIFORMS & EQUIPMENT

Uniforms and equipment issued by Rock Church Academy are to be returned 7 school days after the end of the season. Any uniforms not returned by 7 school days after the end of the season will result in a late charge to be determined by the Athletic Director. No Rock Church Academy student-athlete will be allowed to participate in another sport until previously issued uniforms are returned or replacement payment is made.

TEAM UNIFORMS

Team uniforms (jerseys) may be worn to school on picture day, the day of the first playoff game, and during a championship game.



TRANSPORTATION & TRAVEL

When possible, transportation to practices/games will be provided by Rock Church Academy. There may be times when parents are needed to transport their scholars to away games. Any parent/guardian who plans on driving their student-athlete to or from an away game must inform the Athletic Director or coach and become an "Approved Driver." A copy of the parent's driver's license and car insurance must be submitted to the school office, office@rockchurchacademy.com



CELL PHONES/PERSONAL ITEMS

Rock Church Academy is a “No Phone Zone.” Scholars may not have phones out during the school day, during practices, and during games. RCA will not be responsible for phones or electronics that are lost, damaged, or stolen. If a player needs to contact someone at home, he/she will need to seek assistance from the coach or coach's assistant. RCA assumes no responsibility for personal items left at other schools, recreation centers, or vehicles. Scholar Athletes are responsible for bringing a refillable water bottle, change of clothes, change of shoes, snacks, and other personal care items.

MEDICAL CARE

We will not have a nurse on site during practices or games. We do have staff who are certified in CPR/First Aid. Ordered medication should remain with the student when traveling to away practices, games, and events. Coaches will carry a first kit and have a basic knowledge of first aid.

Student athletes should speak to a staff member in charge about how they are feeling before calling their parents/guardians. Scholars must stay with staff member until they are picked up by an authorized parent/guardian. Rock Church Academy does not allow the use of cell phones.

SIBLINGS STAYING AFTERSCHOOL WITH ATHLETES

The safety of our scholars is essential. During sports practices, coaches are busy helping their players learn and practice skills necessary for the sport; therefore, siblings are not allowed to attend practices or games without a parent/guardian present. Parents are welcome to bring siblings to games, but those siblings must always remain with parents/guardians. Siblings who are not eligible for soccer, volleyball, basketball or baseball must report to After Care. Parents will be charged the appropriate fees for this service.

TEAM SIZE & PLAYING TIME EXPECTATIONS

The coach and Athletic Director will make the final decision regarding the number of players per team in each season. In the event where it is necessary to make a second team, all parents will be informed in a timely manner. Student-athletes who make a team will not necessarily see equal playing time. Playing time is not guaranteed to any athlete.

For middle school and JV teams, the emphasis will be on skill development. The coach will attempt to play each player in every regular season game. In playoffs, the coach will make playing time decisions based on skill level.

Playing time depends on the skill and experience of the player and will be determined solely by the coach. Varsity teams will consist of the best players, regardless of grade. At the varsity level, playing time is not guaranteed. Playing time depends on the skill and experience of the player and will be determined solely by the coach.

CONFLICT RESOLUTION

Parents may not approach a coach before, during, or after a practice or game to discuss a concern. Rather, they should wait until the next business day and email the coach to express their concern. The coach will either address the concern via email or will schedule a time to discuss the matter further with the parent. If no resolution is reached after this exchange, the athlete/parent/guardian can request a meeting with the Athletic Director and Coach.



PRACTICE & GAME SCHEDULES

All practices and games are posted on our RCA Athletic Calendar. Parents are expected to check the Athletic Calendar for changes. If there is a weather-related change, an email will be sent to affected teams. All parents/guardians will be sent an email within a week of practice starting to ensure the athletic office has the best email to reach parents. If an email is not received, the parent(s) should contact the athletic office, athletics@rockchurchacademy.com

The school calendar is always consulted when the athletic schedule is created. On occasion, there may be games played on days where there is no school. These games are set annually according to state and national tournaments which affect league games. In some instances (particularly in Mid-October) there are games which cannot be moved.



ATHLETIC AWARDS

All student-athletes are required to attend the athletic awards at the end of each sports season. (Winter, Fall and Spring awards will be combined.)



ATHLETIC DIRECTOR'S CONTACT INFORMATION

Rock Church Academy Front Office: 410-882-0807

Email: Luther Landry athletics@rockchurchacademy.com