It's a heart-pumping, cheer-thumping, crazy big, fun ride!
For 20 minutes, 29 riders power one Big Bike. On event day, one of our drivers will accompany you as you pedal through your community and celebrate your accomplishments. While you pedal, you literally stop traffic to support critical heart disease and stroke research, so you'll feel good, while doing good!
We will be riding in Prince George, Smithers, Terrace, Vanderhoof, Fraser Lake, Fort St. John and Dawson Creek this June. Get your spot today!

