

# WARRIOR WELLNESS —GROUP—



**Coffee Bunker**  
6365 E 41st St  
Tulsa, OK

**Each Tuesday**  
July 13-Aug 3  
3-4pm

## ARE YOU

- ✓ Stressed?
- ✓ Restless?
- ✓ Irritable?
- ✓ Just not feeling “right”?

Join us at Warrior Wellness to connect and explore tools to restore and heal the body, mind, and soul. You CAN take back control of your health and wellness. It starts with YOU!

**VA**



U.S. Department of Veterans Affairs  
Veterans Health Administration  
Eastern Oklahoma VA Health Care System