



CITY OF CASA GRANDE COMMUNITY SERVICES DEPARTMENT

1905 N. Peart Rd, Casa Grande, Arizona 85122 | (520) 421-8677

Community Recreation Center Phase One Update Effective June 15, 2020

The City of Casa Grande COME BACK S.M.A.R.T. plan for service reopening calls for a phased approach. While some amenities are now open to the public, others are still pending to maintain pace with public health recommendations.

AMENITIES AVAILABLE

- Fitness Loft
- Walking Track
- Gymnasium **reservations required due to limited space*
- Group Fitness Classes begin June 22 with limited capacity on a first come, first serve basis

Reservations are no longer required to workout

EXPANDED HOURS

Monday – Thursday

6:00 am – 8:00 pm

Friday

6:00 am – 5:00 pm

Saturday & Sunday

Closed

POLICIES

- Stay home if you or anyone you have been in contact with has been exposed to COVID-19 in the past 14 days. Stay home if you have a fever, cough, or shortness of breath
- Each area will have occupancy restrictions, please a physical distance of 6 feet
- Must be age 16 or older to use the CRC unattended
- Congregating in the lobby is not permitted
- Disinfect cardio equipment before / after use
- Workouts are limited to one hour
- Wash hands before and after exercising

MEMBERSHIP STATUS

Members who decide to use the facility during partial reopening will have their membership reinstated at that time. Members who are not ready to return will continue to stay deactivated. Once we return to full operation, all memberships will be reactivated with applied credit for time lost. For more information or questions about the reopening of the Community Recreation Center, please call 520-421-8677 or email CommunityServices@CasaGrandeAZ.gov. For up-to-date information, follow the Community Recreation Center on [Facebook/CasaGrandeCRC](https://www.facebook.com/CasaGrandeCRC).

CRC - Group Fitness Class Schedule (Room locations may vary)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-9:00 AM Yoga - All Level (CR) 22 Jackie	8:00-9:00 AM Yoga - All Levels (CR) 22 Nicole	8:00-9:00 AM Yoga - All Levels (CR) 22 Jackie	9:15-10:15 AM Zumba (GF100) 13 Maria	8:00-9:00 AM Yoga - All Levels (CR) 22 Nicole
9:15-10:15 AM Zumba (GF100) 13 Dalia	9:15-10:15 AM Zumba (GF100) 13 Maria	8:00-9:00 AM Kickboxing (GF202) 12 Dezra	9:15-10:15 AM Group Power (GF202) 12 Dalia	8:00-9:00 AM Kickboxing (GF202) 12 Dezra
9:15-10:15 AM Group Power (GF202) 12 Katie	9:15-10:15 AM Group Power (GF202) 12 Dalia	9:15-10:15 AM Zumba (GF100) 13 Dalia	10:30-11:30 AM Pound (GF202) 12 Maria	9:15-10:15 AM Group Power (GF202) 12 Krissa
	10:30-11:30 AM Pound (GF202) 12 Maria	9:15-10:15 AM Group Power (GF202) 12 Katie		10:45-11:30 AM Cycle (GF202) 12 Krissa
4:15-4:45 PM CorePower (GF100) 13 Mallory L NEW	5:15-6:15 PM Group Power (GF202) 12 Paula	4:15-4:45 PM CorePower (GF202) 12 Mallory L NEW	5:15-6:15 PM Zumba (GF100) 13 Susie	
5:15-6:15 PM Zumba (GF200) 12 Susie	6:30-7:30 PM Zumba (GF202) 12 Belinda	5:15-6:15 PM Barre (GF100) 6 Jackie	5:15-6:15 PM Group Power (GF202) 12 Paula	
5:15-6:15 PM Yoga Level 2+ (CR) 22 Jackie	7:15-8:15 PM Yin Yoga (CR) 22 Jackie	5:15-6:15 PM Pound (GF202) 12 Maria	6:30-7:30 PM Pound (GF202) 12 Jamie	
6:30-7:30 PM Pound (GF202) 12 Jamie		6:30-7:30 PM Zumba (GF100) 13 Belinda		
		6:30-7:30 PM Yoga - All Levels (CR) 22 Jackie		
6:00-7:00 PM Aqua Aerobics (PIFAP)* 15 Suzy	6:00-7:00 PM Aqua Zumba (PIFAP)* 15 Suzy	6:00-7:00 PM Aqua Aerobics (PIFAP)* 15 Suzy	6:00-7:00 PM Aqua Zumba (PIFAP)* 15 Suzy	
Class Location and Room:	Community Room (CR)	Group Fitness 100 (GF100)	Group Fitness 202 (GF202)	Palm Island Family Aquatic Park (PIFAP)

Classes available on first come first serve basis, unless otherwise noted. Limited spots available depending on the room capacity.

* Aqua classes are offered in sessions, online registration is required. Limited spots available.

As of June 22, 2020 (Class schedule is subject to change)

For up-to-date information and schedule changes, follow Casa Grande Community Recreation Center on Facebook: www.facebook.com/CasaGrandeCRC