



Tanzania Health PARTNERSHIP



DCMC MOTTO: *Health Is Life*



The majority of DCMC's nearly 100,000 patients each year are women and children, and DCMC's strategic plan includes adding a larger maternal and child health building.

DCMC Core Values:
Prayer, Integrity,
Compassion,
Accountability,
Excellence

New strategic plan reinforces DCMC's mission to grow and serve all

With eyes on a strong future, DCMC's Board of Trustees has launched an ambitious, new 25-year strategic plan to develop DCMC into a state-of-the-art specialist and superspecialist hospital providing quality, accessible, sustainable health care for all.

At the New Year, DCMC began implementing a 5-year business strategy aimed at achieving the plan's first goals to grow the hospital and expand medical services. The top priorities are to:

- 1) construct a new surgery building;
- 2) add a new maternal and child health building;
- 3) hire additional surgery, orthopedic, ENT specialists and nurses;
- 4) purchase or replace critically needed equipment, especially x-ray, surgery and dental items.

DCMC's top 2024 goal: to build a new surgery building.



"DCMC is a vibrant, vision-driven hospital focused on excellence and sustainability, and it is our goal to grow and thrive so we can better meet the healthcare needs of our people and serve everyone who comes to us for care," said Prof. Emmanuel Mbennah, PhD, Trustee Chair.

DCMC welcomed triplets in January, just one of the many complex deliveries DCMC manages daily.



RSVP NOW! 10TH ANNUAL **Health is Life** FUNDRAISING EVENT

Join us for a mid-morning Tanzanian tea break to learn from MN ob/gyn and DCMC volunteer Dr. Lydia Staples, MD, MPH, (above) about DCMC's strong commitment to maternal and child health and why it matters for Tanzanian women and families.

WHEN: Wednesday, May 8 - 10:30-11:30am
WHERE: Calvary Church, 7520 Golden Valley Road, Minneapolis MN
COST: No fee to attend

Scan QR code to
RSVP now



For more details go to tanzaniahealthpartnership.org

Spring
2024

2023 Year in Review

FUNDING NEED: New Surgery Building



DCMC is seeking \$261,000 to construct a new surgery building, which will include 4 operating rooms and a 10-bed ICU.

“Patient numbers are growing month after month, so more space for surgical care is critical for the success of the hospital.” – DCMC’s Interim Director and Chief Surgeon, Dr. Yohana Masonda, MD.

Clinical surgery patients have increased 35% in the last 5 years



To contribute to this transformational initiative, contact Anne Hussian, Executive Director at 763-231-2954.

DCMC is in a growth mindset and 2023 was all about remodeling old spaces, opening new buildings, adding specialties, developing partnerships, and more. One thing that remained the same: the health, hope and gratitude of nearly 100,000 patients. **Your support is improving health - and saving lives - in Tanzania. Thank you!**



With 1,688 procedures last year, **surgery** was one of the most in-demand specialties at DCMC.

Committed to bringing care and education to underserved rural areas, DCMC’s **Community Health Department** provided cervical cancer screenings for 204 women in rural villages and trained 25 rural community health workers in emergency obstetrics care.



Laboratory tests surpassed 123,000, a 12% increase

The eye clinic was DCMC’s fastest growing area in 2023, serving an average of 362 patients per month, a 46% increase over the previous year.



DCMC remained the **facility of choice for expectant moms** in the region, especially those with high-risk pregnancies. Of the 1,467 babies born in 2023, nearly half were delivered via c-section. This year DCMC is expanding its NICU.

Children made up 30% of all admissions in 2023



When a **new 70-bed patient ward** opened in January 2023, DCMC no longer had to turn patients away for lack of space. In-patient admissions increased 15% from the previous year.



Dr. Daniel (left) and Dr. Bernardo (right)

New Dentists Join DCMC



In January, the Dental Clinic welcomed two new dental surgeons, Dr. Daniel Chalya and Dr. Bernardo Bahata. As they jump into their roles, they are eagerly seeing dozens of patients every week, and busy sourcing equipment for the new dental lab. Longer-term, they plan to expand the clinic's oral health outreach program to more nearby schools.



The dental lab (above), which will be the largest in Dodoma, allows for production of much-needed crowns, bridges, orthodontics and more. "This is a game changer for the Dental Clinic and its patients, and we're very excited," said Edward Emmanuel, DCMC chief of administration.

Thank you to the J.A. Wedum Foundation for its grant to build the dental lab!

Physical Therapy Resident Reflection



Jonathan helped care for hundreds of patients, from newborns to the elderly. Many PT patients suffer from back pain due to hard labor.

In partnership with the University of Minnesota Physical Therapy Department, Jonathan Gogolak, PT resident, recently completed a 2-month clinical rotation with DCMC physiotherapist Dr. Nuru Mohamed. Reflecting on his experience, Jonathan shared: "I did not know quite what to expect when I embarked on my journey to Tanzania to complete my Physical Therapy internship at DCMC. [But] in Tanzania, welcoming people into experiences and community, and "making stories", as they like to put it, is a way of life. ... With a grateful heart, I am thankful for the time I had in Tanzania, for the people I met, for the lessons I learned, and for the opportunities that were so generously given to me."

There are only 500 physical therapists in Tanzania – compared to 5,500 in Minnesota.

State-of-the-Art Ultrasound Now at DCMC

DCMC is now home to the most modern ultrasound technology available, thanks to radiologist Dr. Mike Nelson, MD, from the University of Minnesota. In January, Dr. Nelson donated a handheld, cordless ultrasound probe and accompanying ipad. The probe can be used anywhere in the hospital to instantly produce imaging on the ipad, even right at the patient's bedside. "Good medicine requires the best in diagnostics and this is a very exciting gift," said DCMC Interim Director Dr. Yohana Masonda, MD.

The donated ultrasound probe is one of only three in Tanzania



Dr. Nelson (right) training DCMC radiographer Deusidith Nyamkura (left).



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You Are Part of Something Big

With a new interim director, DCMC is pushing the reset button this year as it positions itself for long-term growth (see p. 1). Their 2024 goals are big: to build new buildings, to purchase and replace major equipment, even to buy a bus to help their growing staff get to work more easily. Some of it will be self-funded, much of it will need your help, especially the new surgery building (see p. 2). In a world of choices, we're immensely grateful for all you do to support DCMC and the tens of thousands of Tanzanian people who have come to depend on it for care.

Thank you!

**Anne Hussian, Executive Director
Tanzania Health Partnership**



DCMC FUN FACT: To address climate change and help the Tanzania government achieve its Dodoma green strategy, DCMC was granted 2,000 fruit trees from the Tanzania Forestry Agency; all have been planted along the DCMC property border.

Make Your Impact Today



Mail a check or give online today

Visit TanzaniaHealthPartnership.org/give
for all the ways to support our mission



Scan to
give now!

To discuss planned giving,
call our office – 763-231-2954

BRINGING HEALTH. SPREADING HOPE.

Our mission is to support compassionate, Tanzanian-led healthcare at Dodoma Christian Medical Center.