## Rogers International Breakfast Menu January 2018





Monday	Tuesday	Wednesday	Thursday	Friday
HOLIDAY RECESS! NO SCHOOL	Whole Grain Muffin Chilled Fruit Fresh Fruit Milk Choice	Yogurt and 3 Cinnamon Goldish Graham Crackers Chilled Fruit Milk Choice Assorted 100% Juice	4 Egg & Cheese on a Bun Chilled Fruit Fresh Fruit Milk Choice	Mini Maple Burst Pancakes Chilled Fruit Fresh Fruit Milk Choice
Apple Frudel Chilled Fruit Fresh fruit Milk Choice Assorted 100% Juice	Assorted WG Cereal Bars String Cheese Chilled Fruit Fresh fruit Milk Choice	Oatmeal Chilled Fruit Fresh Fruit Milk Choice Assorted 100% Juice	Breakfast Pizza Fresh Fruit Chilled Fruit Milk Choice	Mini French Toast Bites Chilled Fruit Fresh Fruit Milk Choice
MLK Day! NO SCHOOL	Nutrigrain Bar String Cheese Chilled Fruit Fresh Fruit Milk Choice	Yogurt and 3 Cinnamon Goldish Graham Crackers Chilled Fruit Milk Choice Assorted 100% Juice	Egg & Cheese on a Bun Chilled Fruit Fresh Fruit Milk Choice	Mini Maple Burst Pancakes Chilled Fruit Fresh Fruit Milk Choice
Apple Frudel Chilled Fruit Fresh fruit Milk Choice Assorted 100% Juice	Whole Grain Muffin Chilled Fruit Fresh Fruit Milk Choice	Oatmeal Chilled Fruit Fresh Fruit Milk Choice Assorted 100% Juice	Breakfast Pizza Fresh Fruit Chilled Fruit Milk Choice	Mini French Toast Bites Chilled Fruit Fresh Fruit Milk Choice
Apple Frudel Chilled Fruit Fresh fruit Milk Choice Assorted 100% Juice	Assorted WG Cereal Bars String Cheese Chilled Fruit Fresh fruit Milk Choice	Yogurt and 3 Cinnamon Goldish Graham Crackers Chilled Fruit Milk Choice Assorted 100% Juice	SIMPLY GOOD breakfast	Breakfast Prices: Full Paid: \$1.50 Reduced Price: \$0.30* Free Breakfast: Free* *as determined by NSLP Free/Reduced Price Application

This institution is an equal opportunity provider and employer

## **BREAKFAST** is

included in the Free & Reduced Lunch Program!!

## **Alternate Breakfast Available Daily**

A Whole Wheat Bagel with Cream Cheese or Cereal Bowl & Mozzarella Cheese Stick We offer a variety of kid-friendly cereal choices. All cereal is whole grain.

> Offered w/ Featured Fruit or Juice Sides AND Choice of Skim or 1% Milk

\*All grain items made with whole grain

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