



Sacred Heart
MODEL SCHOOL



MYP DRESS CODE FOR 2023-2024

Uniforms and clothing compliant with our dress code may be purchased at Shaheen’s (994 Breckenridge Lane 502-899-1550) Used uniform pieces are also sold at various times throughout the year. NOTE: All students are required to wear a uniform.

It has long been a tradition of SHMS that a uniform be worn. You will find described below the Uniform Code; ultimately, you, the parents/guardians, are the key to a successful uniform policy at SHMS. Please do all that you can to see that your child is dressed in compliance with the uniform code daily. Students are to be neatly dressed and well-groomed each day. The teachers and school administration are the decision makers regarding acceptability of dress and hairstyle. Parents are strongly urged to label all items with a student’s name. A lost and found area is located near the cafeteria. Items that are not claimed will be taken to Goodwill.

Uniform Infraction Policy

Students who violate the uniform policy will receive a uniform infraction recorded on a slip that must be signed by a parent after the 3rd incident and returned to school the next day. Failure to return the signed slip to school the following day will result in a phone call to parents. Upon receipt of this slip students will serve an EPE (recess) detention or after school detention on the next scheduled detention day. Any student who receives two uniform detentions will forfeit all out of uniform privileges for the remainder of the year.

The following Dress Code has been established to ensure that all students are dressed in a uniform manner.

General Guidelines--Girls

Appropriate dress and appearance for each school day (including all dress down days) includes:

GENERAL APPEARANCE	<ul style="list-style-type: none"> ● Hair must be clean and stay out of the student’s eyes. Distracting hairstyles or extreme hair coloring are not permitted. ● Two pairs of earrings no larger than a dime. No additional body piercings are permitted. ● No tattoos/drawing on the skin ● Light foundation and clear lip gloss (no other makeup permitted) ● Nails must be natural (no artificial treatments) and a tidy length. Clear nail polish or French manicured nails only.
SHOES	Any shoe (in any color) that securely fastens covering the arch of the foot. Shoes should be securely tied or fastened <i>as designed</i> .

	<ul style="list-style-type: none"> ● No slip-on shoes including Crocs, Bobs, Toms, Vans or Sperrys ● No boots of any style. ● No light up shoes or wheelies
TOPS	<ul style="list-style-type: none"> ● For the uniform, visible polo shirts (long or short sleeves) must have the official Sacred Heart logo and shirttails must be tucked in. ● A navy blue cardigan sweater, pullover logo sweater, or SHMS logo uniform ¼ zip sweatshirt (no spiritwear) may be worn over the summer uniform. Cardigan sweaters may only be worn over a vest in the winter uniform. ● Hooded sweatshirts may only be worn to or from school and outside at EPE. No hoods may ever be worn in the building, and hooded sweatshirts may not be worn on Spirit Days or Dress-Down Days.
BOTTOMS	<ul style="list-style-type: none"> ● Skirts, pants, and shorts should be the appropriate size and worn securely at the waist. ● Skirts and shorts should be no shorter than ½ inch past the student’s fingertips when arms are completely extended at the side of the body.
ACCESSORIES	<ul style="list-style-type: none"> ● Necklaces with small religious medal or cross (No other jewelry including bracelets or rings permitted unless specifically approved by the school) ● Hair accessories must be worn appropriately on the head not on the wrist.(no headbands with long ribbons or large 3D components) ● No hats or scarves unless specifically permitted. ● Standard watches (must not beep), simple fitbit or step tracker may be worn. No apple watches or devices that can send or receive messages. ● Purses no larger than 8”x6” may be carried.

School Uniform--Girls

Summer uniforms are only allowed during August, September, October, March, April, and May. During those months, students may wear either the summer or winter uniforms. When the student opts to wear the winter uniform in the summer months, it cannot be “mixed and matched”.

Summer Uniform	<ul style="list-style-type: none"> ● A white or navy polo shirt with the Sacred Heart logo ● The SHMS uniform skirt. Shorts must be worn under skirts. <ul style="list-style-type: none"> ○ Plain white socks that cover the ankle, white/navy knee socks, or white/navy tights. Full length, plain navy leggings may be worn instead of tights with no leg visible between leggings and socks. ● Khaki uniform shorts <ul style="list-style-type: none"> ○ Solid colored navy blue, black, or brown belt. ○ Navy blue, white or black socks that cover the ankle
Winter Uniform	<ul style="list-style-type: none"> ● White turtleneck shirt, or short or long sleeved polo shirts ● Navy blue uniform skirt with SHMS logo vest, pullover sweater, or SHMS logo uniform ¼ zip sweatshirt (no spiritwear). Shorts must be worn under skirts <ul style="list-style-type: none"> ○ Plain white socks that cover the ankle, white/navy knee socks, or white/navy tights. Full length, plain navy leggings may be worn instead of tights with no leg visible between leggings and socks. ○ During winter months, navy, gray, or black sweatpants may be worn under

	<p>skirts when entering and departing from school. Students may wear them out to EPE in cold weather. They may not be worn to classes in other buildings or mass.</p> <ul style="list-style-type: none"> ● Khaki uniform trousers with SHMS logo vest, pullover sweater, or SHMS logo uniform ¼ zip sweatshirt (no spiritwear) . <ul style="list-style-type: none"> ○ Solid colored navy blue, black, or brown belt. ○ Navy blue, white or black socks that cover the ankle
--	---

General Guidelines--Boys

Appropriate dress and appearance for each school day (including all dress down days) includes:

GENERAL APPEARANCE	<ul style="list-style-type: none"> ● Hair must be clean and stay out of the student’s eyes. Distracting hairstyles or extreme hair coloring are not permitted. ● No tattoos/drawing on the skin. ● No earrings or body piercings are permitted. ● Nails must be natural (no artificial treatments) and a tidy length.
SHOES	<p>Any shoe (in any color) that securely fastens covering the arch of the foot. Shoes should be securely tied or fastened <i>as designed</i>.</p> <ul style="list-style-type: none"> ● No slip-on shoes including Crocs, Bobs, Toms, Vans or Sperrys ● No boots of any style. ● No light up shoes or wheelies
TOPS	<ul style="list-style-type: none"> ● For the uniform, visible polo shirts (long or short sleeves) must have the official Sacred Heart logo and shirttails must be tucked in. ● A navy blue cardigan sweater, pullover logo sweater, or SHMS logo uniform ¼ zip sweatshirt (no spiritwear) may be worn over the summer uniform. Cardigan sweaters may only be worn over a vest in the winter uniform. ● Hooded sweatshirts may only be worn to or from school and outside at EPE. No hoods may ever be worn in the building, and hooded sweatshirts may not be worn on Spirit Days or Dress-Down Days.
BOTTOMS	<ul style="list-style-type: none"> ● Pants and shorts should be the appropriate size and worn securely at the waist. ● Shorts should be no shorter than ½ inch past the student’s fingertips when arms are completely extended at the side of the body.
ACCESSORIES	<ul style="list-style-type: none"> ● Necklaces with small medal or cross (No other jewelry including bracelets or rings permitted unless specifically approved by the school) ● No hair accessories (except those needed to secure hair) including hats or scarves unless specifically permitted. ● Standard watches (must not beep), simple fitbit or step tracker may be worn. No apple watches or devices that can send or receive messages.

School Uniform--Boys

Summer uniforms are only allowed during August, September, October, March, April, and May. During those months, students may wear either the summer or winter uniforms. When the student opts to wear the winter uniform in the summer months, it cannot be “mixed and matched”.

Summer Uniform	<ul style="list-style-type: none"> ● A white or navy polo shirt with the Sacred Heart logo ● Khaki uniform shorts <ul style="list-style-type: none"> ○ Solid colored navy blue, black, or brown belt. ○ Navy blue, white or black socks that cover the ankle
Winter Uniform	<ul style="list-style-type: none"> ● White turtleneck shirt, or short or long sleeved white polo shirts ● Khaki uniform trousers with SHMS logo vest, pullover sweater, or SHMS logo uniform ¼ zip sweatshirt (no spiritwear). <ul style="list-style-type: none"> ○ Solid colored navy blue, black, or brown belt. ○ Navy blue, white or black socks that cover the ankle

Spirit Wear (Fridays only)

As this is a school day, all general guidelines outlined above must still be followed.

In addition, the following shirts may be worn with uniform pants, trousers, skirts, jumpers (and shorts in the summer uniform months). Shirts must be tucked into pants, shorts, or skirts:

- SHMS t-shirts
- SHMS sweatshirts (no hood)
- SHMS team shirts/jerseys (a white t-shirt should be worn under a team jersey)

Out of Uniform Dress Code/Dress Down Day (Uniform Passes will only be accepted on Mondays only)

As this is a school day, all general guidelines outlined above must still be followed.

Students may wear:

- Slacks, capris, nice jeans, athletic/track pants, sweatpants/joggers or skirts or dresses. No pajama pants. (Skirts, dresses, and shorts should be no shorter than ½ inch past the student’s fingertips when arms are completely extended at the side of the body.) All items should be in good repair.
- Leggings may only be worn under a top or dress that is long enough on all sides to extend ½ inch past the fingertips when arms are held straight down at the side of the body.
- Shirts must have a neckline that does NOT go below the clavicle (collarbone), or fall off the shoulder, and shirts must be long enough so that the stomach is never exposed
- Hooded sweatshirts may not be worn.
- Socks must be worn.
- Follow the uniform shoe guidelines.
- Shorts and skorts may be worn only during the summer uniform months and when worn they should be long enough to extend ½ inch past the fingertips when arms are held straight down at the side of the body
- In an effort to live our core value of community, small student groups are discouraged from “matching” outfits that would not include the entire class.

Note: Anything not specifically mentioned is not allowed.

Students dressed inappropriately on an out-of-uniform day will be sent to the office. Parent/guardian will be called, and proper attire will be requested. Students may be excluded from any school/activity because of inappropriate dress.

PE Dress Requirements

All students must wear athletic/tennis shoes (tied securely) to P.E. class. Tennis shoes must tie up or Velcro-the shoes must be non-scuff. Shorts must be worn under skirts. [PE teachers will notify students in advance if an upcoming class or event would warrant bringing a change of clothes to school.](#)

Uniforms for School Picture Day and Yearbook Picture Day

All students will wear the winter uniform on school picture day and yearbook picture day. Light foundation and clear lip gloss is acceptable. No other cosmetics, colored lipstick, colored lip gloss, colored Chapstick, colored nail polish or artificial nails may be worn.

Pajama Day Dress Code

Students may come to school in pajamas that are appropriate for school and the weather. All students must wear tennis shoes with their pajamas. The following is not permitted: onesies, footed pajamas, slippers, camisole tops, or shorts. Students not in compliance with school appropriate pajamas will be required to call home and parents must bring their uniform to school. [In an effort to live our core value of community, small student groups are discouraged from “matching” outfits that would not include the entire class.](#)

Permission to be Out of Compliance

It may, on occasion, be necessary for a student to be out of compliance, or out of uniform, due to some emergency, oversight, or other noted reason. In such an event, the parent/guardian must write a brief note to the teacher and principal indicating that the child will be out of compliance with the uniform code. Excessive abuse of this privilege may result in a phone call to the parent/guardian. NOTE: Repeated violation of the uniform code will result in a disciplinary action.

Daddy-Daughter Dance

Dresses should be modest and appropriate. Dresses and skirts must be ½ inch PAST to the tips of the fingers when standing straight. Backless dresses and plunging necklines are not considered appropriate. Midriffs must be completely covered.

MYP Dance

The dance invites students to come together for an evening of music, dancing, and socializing. Students are invited to wear the clothes that they feel most fitting for a dance, while keeping the following key expectations in mind and remembering that this is a school function.

Expectations for student dress include...

- Dresses, skirts, and shorts must be long enough to extend ½ inch PAST the fingertips when arms are held straight down at the side of the body.
- Clothing material should cover the midriff. (no crop tops)
- No rips or tears in clothing.
- No strapless tops.
- All tops should have straps at least two inches in width.
- Appropriate footwear that will stay on for the duration of the evening.