



CARBBS Speaker Series Presents:

Abstract: Depression and anxiety impact up to 1 in 5 pregnant and postpartum women worldwide. Despite the recent US Preventive Task Force Recommendations for evidence-based psychological treatments for perinatal populations, as few as 20% of affected women are treated with adequate treatments in North America. To reduce the burden of perinatal mental health, Dr. Singla will present a growing and global body of evidence of innovations in Global Mental Health to scale up brief, psychological treatments for depression and anxiety. This will include task sharing, the use of digital platforms for treatment and supervision, and assuring quality of treatment through peer supervision.



Dr. Daisy Singla
Clinical Psychologist



NOVEMBER 19, 2021
12:00 pm - 1:00 pm



RSVP to Calendar Invite