



IRVINE POLICE DEPARTMENT

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Hiking and Biking Safety in Irvine

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Exploring Irvine's beautiful trails and bike paths is a fantastic way to enjoy the outdoors, but safety should always be a priority. Here are some essential tips to keep your adventures safe and enjoyable.

General Safety Tips

- Always be aware of your surroundings and stay on designated trails.
- Trails are open from dawn to dusk.
- Carry a fully charged phone and let someone know your route.
- Bring enough water to stay hydrated, especially in warm weather.
- Wear appropriate clothing and footwear for the terrain.

Hiking Safety

- Check trail conditions and weather forecasts before heading out.
- Carry a map or use GPS navigation to avoid getting lost.
- Watch out for wildlife and respect their habitat.
- Hike with a buddy whenever possible for added safety.

Biking Safety

- Wear a helmet and other protective gear.
- Follow traffic rules and stay in designated bike lanes or trails.
- California Vehicle Code requires using lights and reflectors between dusk and dawn.
- Keep your bike well-maintained with regular checks on brakes, tires, and gears.

If you see something suspicious, including people on trails after hours call the Irvine Police non-emergency line at 949-724-7000. In an emergency, call 911. Enjoy your time outdoors while staying safe! Happy hiking and biking in Irvine!

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