Reduce food insecurities:

- **No contact sack meal drop-off:** With your family or close social circle, gather some non-perishable items to pack in a brown paper bag. Useful items are water bottles, fruit cups, granola bars, tuna packs, crackers, and snack cakes. (Note: All items must be pre-packaged; no home-prepared food.) Pack them up, then connect with a local community center or place of worship to leave them out for those in need.
- **Collect a food donation for a local drive** – make sure to get a list of items local food pantries need and distribute that list in advance (i.e., Care & Share, Westside Cares, Tri-Lakes Cares)
- **Serve meals at a homeless shelter** (Marion House and Springs Rescue Mission)
- **Bring meals to homebound neighbors** and consider signing up to be a regular volunteer with local meal delivery services like Silver Key’s Meals on Wheels or Project Angel Heart

**Community clean-up:** Get your gloves and trash bags out, wear your mask, and go pick up trash! Your service could be at your local park, waterways, or playgrounds, really wherever you see litter.

- **Remove graffiti from a building and paint a mural**
- **Create community green spaces by planting trees, grass, and flowers**
- **Reclaim a park or abandoned space for community use**
- **Become a volunteer with a local, state, or national park**

**Help your neighbors:** Browse your local NextDoor site or other social sites and ask if there are any projects that people require assistance with. You can shovel a sidewalk or fix a fence. The best way to know what your community needs is to ask. These practical activities can and should be done in a contactless manner.

**Spread happiness:** Showing messages of gratitude and thanks can help brighten another person’s day. Consider a sidewalk art project with positive messages and good cheer. Or, embark on a letter-writing campaign to nursing home residents at Broadmoor Court, teachers, ministers, military service members, frontline healthcare employees, and essential workers, to name a few. These projects spread happiness to people you don’t even know.

**Donate Blood and Plasma:** There is a shortage in blood supply given reduced numbers donating and a need for convalescent plasma. Please consider donating blood to fill a shortage for those in need. You get antibody testing when you donate blood! Schedule an appointment through Vitalant.

**Connect with local community needs and nonprofits:** Check out the excellent work of local organizations with Empty Stocking Fund partner agencies, the City of Colorado Springs, and Indy Give recipients.

**National and global service projects:**

- National Service - Discover national service opportunities
- Girl Scouts - Ways to serve your community during the COVID-19 pandemic
- Volunteer Match - Virtual and Local Opportunities to Help with COVID-19
- DoSomething.org - Earn Volunteer Credit With NHS Pilot Program
- Points of Light - Virtual Volunteer Opportunities
- CareerAddict - 20 Online Volunteering Opportunities You Can Do from Home
- TED - Translate Subtitles for TED Talks
- Sue’s Gift - Assist Women with Costs Associated with Gynecologic Cancer

For more information on community service, contact Ann Petit, Director of Student Programs, at apetit@css.org or (719) 434-3572.