

Solidarity Mission to Israel Suggested Itinerary



***Please note the itinerary below is subject to change based on availability and unforeseen circumstances.**

Day 1

- Upon arrival at Ben Gurion airport, you will be met by an Amiel representative who will assist you through passport control and baggage claim and take you to your guide and awaiting transfer.
- Transfer to Tel Aviv. Check in to your hotel.
- Dinner at a restaurant or hotel.
- Framing your visit: Participate in the **Changing Map of Israel** Interactive activity, presented by Joe Perlov, an educator, community leader, and lecturer. This program uses a map of Israel and the Middle East, constructed together with the participants, to focus on the history, competing narratives, and contemporary political, social, cultural, and security issues facing Israel and its neighbors.

Overnight, Tel Aviv

Day 2

- Breakfast at hotel.
- Visit the **Brothers in Arms headquarters** at Expo Tel Aviv. Here, you will meet with activists who rose to the challenge after October 7th and, together with thousands of volunteers, have been organizing everything from medical supplies, psychological support, clothing, and equipment for displaced families from the Gaza border area. You will also take part and assist with sorting supplies.
- Visit one of the hidden gems in Tel Aviv - **Hatikva Market**, which is said to be one of the most authentic markets in Israel. From original Yemenite restaurants to delicious Kurdish and Iraqi cuisine and contemporary stalls, this market gives you a glimpse into the core of Israeli cultural diversity. Taste local produce, chat with the vendors, and explore the recently renewed market. Enjoy lunch on your own.
- Visit **Tel Hashomer Hospital** and meet with wounded soldiers and citizens and hear stories from the doctors who have been treating the wounded since October 7th.
- This evening, visit with **the hostages and missing families forum** at their headquarters. Stand with the families and show your support for the cause of bringing the hostages back home.
- Dinner on own.
- This evening, you will visit '**Hostages Square**,' where you will walk through the displayed exhibitions calling to bring back the hostages from Gaza.

Overnight, Tel Aviv

Day 3

(*The activities on this day are subject to the IDF's confirmation. If we cannot visit the Gaza perimeter area due to security concerns, you will volunteer at another location).

- Breakfast at hotel.
- Travel to the Gaza perimeter area.
- Meet with **Col. (Res.) Grisha Yakubovich** is an expert sought out by the international community on policy matters about the Israeli-Palestinian dynamic. Grisha will frame the stories and challenges that Israel faced before October 7th and the challenges Israel will have to face in the future following the heartwrenching events of October 7th.
- Head to the city of **Ofakim OR Netivot**, which has been constantly hit by rocket fire from terrorists inside Gaza for the past 20 years and are two of the most targeted towns in the October 7th events. Tour the locations damaged by rockets and learn how the town deals with this ongoing situation. Visit one of the **Resilience Centers**, which serves as an emotional emergency room, providing individual, family, and group therapies to anyone who needs them within the community.
- Lunch en route.
- Travel to one of the **towns/kibbutzim**, such as Ein Habsor, affected by the October 7th events, and **meet with a local** citizen who will share their story.
- **Plant a tree** - feel your connection with the land of Israel by planting a tree with your hands and actively participate in the efforts to revive the Gaza perimeter area.
- Travel back to Tel Aviv.
- Meet with an **Israeli journalist** for a briefing on the events on October 7th from a Journalist's point of view, followed by a Q & A session.
- Dinner on own.

Overnight, Tel Aviv

Day 4

- Breakfast at hotel.
- Agriculture in Israel has been dramatically affected by the war. Many foreign workers left when the war began, and many men in Israel who worked the fields have been called for reserve duty. Today, you will **volunteer** at one of these fields, whether picking fruit or vegetables – get ready to roll up your sleeves and take part in this nationwide effort to ensure Israel's produce doesn't go to waste.
- This afternoon, you will visit **ERAN**, a non-profit organization that provides Lifesaving Emotional First Aid Services, offering initial response and emotional support on the phone and online while maintaining strict confidentiality and anonymity. Since the war broke out, the Eran volunteers have been working 24/7, answering calls from people seeking emotional support during these times.
- Visit one of many hotels in Israel hosting the **displaced families**. Meet with these families to share their stories from October 7th and how they have been coping with their new lives being displaced from their homes.
- Dinner on own.
- This evening, you will meet with **Youssef Hadad**, an Arab-Israeli advocacy activist for Israel. Since the war broke out, Yossef has played an enormous part in advocating for Israel.

Overnight, Tel Aviv

Day 5

- Following breakfast at the hotel, travel to Jerusalem.
- Visit **United Hatzalah** headquarters. United Hatzalah is a community-based volunteer emergency medical services organization committed to providing the fastest response to medical emergencies across Israel and is free of charge. Hear the stories from first responders who had to evacuate the wounded on October 7th while being fired at with rockets from the air and bullets fired by terrorists from the ground.
- Continue to **Israel's National Memorial Hall for Fallen Soldiers at Mt. Herzl**, where the names of the fallen soldiers of the October 7th attacks have recently been added. Here, we will have a short ceremony commemorating the fallen soldiers.
- Visit the **Machane Yehuda Market** for a tasting tour through the different stalls of the market.
- Volunteer with an organization that packs essential supplies, which will be delivered to the people from the Gaza parameter kibbutzim and towns who have been displaced from their homes and have been living in hotels all over Israel since October 7th.
- This afternoon, arrive at the **Western Wall** for time to reflect and to pray.
- Return to Tel Aviv.
- Closing dinner at a restaurant in Tel Aviv, accompanied by a **government official**. Discuss the government's plans for the future and how they plan to assist with rebuilding and healing the affected communities.
- Travel to the airport for your departure flight back home.