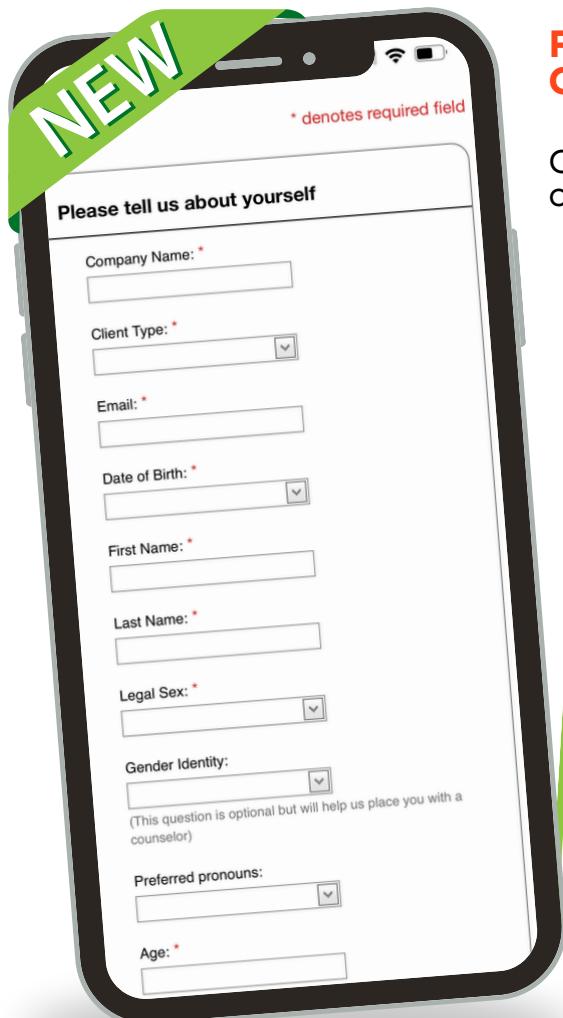


# Online Request for Counseling

Request non-emergent counseling services 24/7



**FOR CRISIS SUPPORT  
CALL 1-800-969-6162 OR CALL 911**

Once Submitted, our Intake team will contact you within 1 business day.

## KEY FEATURES



- ✓ **QUICK**
- ✓ **CONVENIENT**
- ✓ **CONFIDENTIAL**
- ✓ **AVAILABLE 24/7**
- ✗ **NOT FOR CRISIS SUPPORT**

[Click Here](#) or Scan the QR

## Also Available on the Work-Life Website

Log in and request services by clicking  **Request Counseling** located on the landing page.