

**Undie Sundays for Oasis  
for Orphans in Kenya  
July 15 and 22**

**Leader: Bette Dowd**

The mission project for Vacation Bible Camp this year is to provide underwear for orphans served by the OASIS for Orphans, an orphanage in Kenya. Currently, OASIS houses and educates 150 children. The whole congregation can help provide underwear to the orphans on Undie Sundays. Please bring new packaged underwear to church on **Undie Sundays, July 15 or 22**. Children attending VBC will be asked to bring donations of underwear and money to help with this endeavor as well.

**Open Dates for UMOM Servers**

**Leaders: Dave Hepburn and Elaine Heredia**

**2nd and 4th Saturdays**

**2nd Thursdays, year-round**

PVUMC has opportunities for people to serve dinner to residents at the UMOM facility at 3333 E Van Buren on Saturdays. To serve, email [davidhepburn21@gmail.com](mailto:davidhepburn21@gmail.com), Dave Hepburn. To cook and/or serve dinner at the Halle Center the 2nd Thursday, email Elaine Heredia, [emhere@cox.net](mailto:emhere@cox.net).



Paradise Valley United Methodist Church

4455 East Lincoln Drive • Paradise Valley, AZ 85253  
602.840.8360 • [pvumc.org](http://pvumc.org) • [info@pvumc.org](mailto:info@pvumc.org)

**VIP and Church and Society**

VIP's Human Development Agenda includes criminal justice reform, public education, healthcare, work force training, neighborhood safety, immigration reform and refugee resettlement. If you are interested in becoming a part of this group, and would like to be involved with taking action on specific issues, email PVUMC's Rapid Response / VIP communications coordinator, Dan Sagramoso, [dansagramoso@cox.net](mailto:dansagramoso@cox.net) and/or join the "Social Justice" list in addition to *Paradise E-News*.



**Engage with Others Online**

You're invited to "like" us on

**Facebook:** [ParadiseValleyUMC](https://www.facebook.com/ParadiseValleyUMC)

**Follow us** @PVUMC on [Twitter](https://twitter.com/PVUMC)

and @pvumc on [Instagram](https://www.instagram.com/pvumc). For news stories from the church, check [pvumc.org/news](http://pvumc.org/news).

A few of our *Journeys* groups have Facebook groups, where you can stay connected online.

**Public groups include:**

- PVUMC Church and Society
- PVUMC Young Adults
- PVUMC Youth Ministries

**Closed groups include:**

- PVUMC Chancel Choir
- PVUMC MOPS

Ask to join and stay in touch this summer, even on vacation.

# Journeys Summer 2018

Explore. Discover. Connect.



## Small Groups Ministry

*journeys*  
small groups at pvumc  
explore. discover. connect.



## Journeys: Summer Explore. Discover. Connect.

Just because it's summer, it doesn't mean the church closes down. We continue to ignite faith, transform lives and create community, and you're invited to journey with us. *Journeys*, small groups at pvumc, continue year round. In this more relaxed season, there may be fewer opportunities, but there are still many choices. You may also have more free time to try something new or stay in touch via Facebook groups. This summer, you're invited to: *explore* different areas of spiritual growth, *discover* where God is leading you, and *connect* with others. As we strive to be an All-Embracing, All-Engaging Church in the Community, we invite you to engage with others and grow as a disciple of Christ.

**Our Mission:** *Alive with the Spirit, we bring God's love into action, by igniting faith, transforming lives and creating community.*

**Our Vision:** *Love that crosses all barriers and embraces all people.*

journeys  
small groups at pvumc  
explore. discover. connect.

## Entry Point



We invite you to join us on a shared journey of life and faith, open to all, regardless of age, ability, economics, color, race, ethnicity, national origin, sexual orientation, gender identity, politics, theology or anything else that might separate us from each other. Whoever you are and wherever you may be on your spiritual journey, you're invited to walk with Christ in community with all of God's children, and embrace the endless possibilities of God's unconditional love.

Come, be part of the journey.

### Welcome to Church

If you're new to the church, or new to Christianity, we invite you to talk with a pastor before you embark on your journey.



### Knitting Together

**Leader: Cassandra Holmes**  
**Mondays and Wednesdays**  
**June-August, 2018**

**9-10:30am, Paradise Perk**

This knitting group is for anyone who is interested in knitting, crocheting, sewing or crafting in community with others. All ages and levels of ability welcome. Come chat and enjoy Perk coffee while we create together. Children age 6 and up are welcome. Please reserve childcare for children 5 and under at least 48 hours in advance.

Many of the *Journeys* groups offer hands-on engagement in our community and world. It's how we bring God's love into action, igniting faith, transforming lives and creating community. Check the *Looking Ahead, From Paradise E-News, Desert Scroll*, and [pvumc.org](http://pvumc.org) for opportunities and read more about all the ways we reach out to those in our community and world through mission and social justice activities.

## Missions

The **Missions Ministry Team** offers numerous opportunities to join others in serving our community and world throughout the year. Opportunities during the summer include monthly service projects and donation drives.

- Feed My Starving Children
- UMOM food drives and meal servers
- Open Table
- Refugee Assistance and Friendship Teams (RAFT)
- VBC's Undie Sunday



### Feed My Starving Children June 16, July 21, August 18

**Leader: Debbie Doran**  
Every month, PVUMC schedules [FMSC](#) packing events at the Mesa Fiesta Building, 1345 S Alma School Road, Mesa, AZ 85210. Join us on one or more **Saturdays, 4:30-6:30pm:**

- **June 16**
- **July 21**
- **August 18**

Contact Debbie Doran to register to participate, [sirsnow1@cox.net](mailto:sirsnow1@cox.net) or 480.694.3897.





### **Adult Music Groups**

Most of our choirs do not rehearse or perform in worship during the summer months. The Chancel Choir sings once a month during the summer, usually on the first Sunday of the month, and meets at 8:45 am on that Sunday to rehearse before singing in the 9:30 am service. Email Music and Arts Ministries Director Dr. Ashley Snavley [asnaveley@pvumc.org](mailto:asnaveley@pvumc.org) to find out more about our choir program. Singing can connect you to each other as you explore and discover the joy of making music as an act of worship.

## **Spirituality**

### **Enneagram Meet-Up**

**Leader: Rev. Andrea Address**  
**3rd Thursdays, 2018**  
**6:30-8:30pm, H7**

Explore personal spirituality through the lens of contemplative issues and the work of the Enneagram. Contact Rev. Andrea Address, 602.840.8360, ext 142, or [andrea@pvumc.org](mailto:andrea@pvumc.org) for more information, or visit the AEA website to learn more about this and other events hosted by PVUMC: <http://arizonaenneagram.org/>.

### **Yoga for Everyone**

**Leaders: Mary McGill and Mary Thomson, Desert Song**  
**Mondays, 6-7:10pm, H1**

*Yoga for Everyone*, led by registered yoga teachers from [Desert Song](#), offers a free, weekly yoga group practice for all levels. Wear comfortable clothing. Bring a mat if you have one or use one of ours.

### **Centering Prayer**

**Leaders: Andrea Address and Kathy Kramer-Howe**  
**2nd and 4th Thursdays**  
**June, 2018**

**6:15-7:15pm, H6**

Experience the freedom of centering prayer at this class, which teaches a method of meditative silence and contemplative prayer as a way to experience God's presence in us. Classes include a 20-minute prayer practice.

### **PFLAG Monthly Meeting**

**Leader: Adele Swan**  
**2nd Thursdays, 2018**  
**7-9 pm, H7**

PVUMC hosts a monthly [PFLAG \(Parents and Friends of Lesbians and Gays\) support group](#). Anyone who is a member or an ally of the LGBTQ community, including Transgender, Bisexual, Asexual, Intersex, or other non-binary identifying individuals as well as Lesbians and Gays, are welcome to join the group. The meeting is open to members of the church and to the public. Learn more at: <http://pflagphoenix.org/support-meetings/>.



### **Free Childcare**

Free, quality childcare is available for all our classes and events. Call 602.840.8360, ext 134 at least 48 hours in advance of the class or program you wish to attend. If you have to cancel, even at the last minute, please call the number again.

## **Life Stages**



No matter what life stage you're in, you'll find a place to belong at PVUMC. Moms with little ones find the support they need in MOPS. Families with young children may want to check out Modern Family and Caring Kids. Older adults may find fellowship at Saguaros, and young adults at YAL. Explore the different groups, discover where you fit in, and connect with others on the same journey.

### **MOPS (Mothers of Preschoolers)**

**Leaders: Jenn Coughlin and Sarah Quinn**  
**Summer Book Club**  
**4th Thursdays**

**June 28 and July 26, 2018**  
**9-11am, Library, G2**

MOPS offers support for women who have children age 5 and under. A MOPS summer book club will meet twice this summer, once in June and once in July, to discuss a book and catch up with each other. The church meeting allows the group to reserve free childcare in the church Child Care Center, right next door to the church library, the new summer meeting room. Visit MOPS <https://www.mops.org/groups/pvumc> to learn more or email [jennhcoughlin@gmail.com](mailto:jennhcoughlin@gmail.com), Jenn Coughlin, or Sarah Quinn, [sarahquinn@ymail.com](mailto:sarahquinn@ymail.com), the group's leaders. Be notified of events on the [PVUMC MOPS private Facebook group](#).

### **Young Adult Lifegroup (YAL) and Career YAL**

**Leaders: Rev. Brenda Smith and Morgan Hendershott**  
**Varied Summer Schedule**

Email Rev. Brenda Smith for the full June-August schedule at [brenda@pvumc.org](mailto:brenda@pvumc.org). Summer includes service projects and fun outings, such as a movie night, swim party and a Diamondbacks game. The YAL group is mostly for post-high school through 20s, married and singles. The Career YAL group is ages 25-35.

# Bible & Books

## ***Mustard Seed Bible Study***

**Leaders: Diane Goullard**

**Mondays, June-August 2018**

**9:30-11am, Fireside Room, F8**

This group of women studies God's word, grows in Christian discipleship, and supports each other in prayer. The Summer study led by Diane Goullard is based on a series of tapes on *The Holy Spirit*, by B. Cobbey Crisler, supplemented by our own bible research.



## ***Caring Bible Study***

**Leader: Pam Poley**

**Tuesdays, year-round**

**10:30am-12pm, Parlor, A2**

Learn more about how the Bible impacts everyday lives. Study together and share insights; share your joys and concerns, and pray for each other. Once a month, travel to Friendship Village to visit with residents.



## ***Susanna Circle***

**Leader: Jami Godshall**

**Wednesdays, year-round**

**9:30-11am, Parlor, A2**

All women are invited to join this group for fellowship, discussion and study. The group also collects gently used purses and toiletries for the women at UMOM and delivers the items twice a year. The photo above was taken after they delivered their items just in time for Mother's Day. Drop off donations in the church office.

## ***Pastor's Bible Study***

**Leader: Rev. Sharon MacVean**

**Wednesdays, June 13-July 11, 2018**

**10:30-11:30am, Fireside Room, F8**

Everyone is welcome and encouraged to study the Bible text to be preached on the following Sunday. Led by Rev. Sharon MacVean during June and July, and by the senior pastor September-May, this class is for all ages of men and women. It's a great place to meet people. Come a half hour early to share in fellowship.



## ***Adult Bible Study***

**Leaders: Cindy and Kent Heltne;**

**Lee Steers**

**Sundays, year-round**

**8-9am, Parlor, A2**

Gather with others in a traditional adult Sunday School class that uses Cokesbury's Adult Bible Study series, the most widely used curriculum in United Methodist churches across the country. Since the 8 am service will not meet during July and August, come check out this early class instead.

## ***Bible, Beliefs and Beyond***

**Leaders: Doug and Eleanor Norris**

**Sundays, June-August 2018**

**11 am-12pm, F5/6**

Rev. Doug Norris and his wife, Eleanor, lead this discussion class which explores topics suggested by participants. Discussions are led from a United Methodist and Biblical perspective. The group meets on Sundays during the year, but not every Sunday during the summer. Please check the church calendar at [pvumc.org/calendar](http://pvumc.org/calendar) or contact Doug Norris via email at [douginorris@gmail.com](mailto:douginorris@gmail.com) if you have questions about the schedule or topic on any given week.

## ***Wesley Sunday School Group***

**Leaders: Kent and Cindy Heltne**

**Sundays, year-round**

**11am-12pm, Library, G2**

Explore aspects of faith relevant to our lives today through various book studies led by members of the group. Share a covenant relationship with others, lift each other up in prayer, and show love to the least of these in mission and service projects.

## ***PVUMC Book Group***

**Leader: Cheryl Del Monte**

**1st Non-Holiday Monday**

**of the month**

**Year-round, 12:15-1:15pm**

**Library, G2**

Spirited discussion of selected works by various authors. Books are chosen by the group, and members lead the discussions. Check the *Looking Ahead, From Paradise E-News* and [pvumc.org/news](http://pvumc.org/news) for current book selections.

## ***PVUMC Library, Room G2***

The ever-expanding 400+ titles in the core collection of the church library are a valuable resource. Browse through the "Subject" section of the Catalog Guide or scan through the "Author" and "Title" section to find resources to enrich your faith journey. Search the catalog: <https://www.librarycat.org/lib/PVUMCLibrary>.