NAMI California

NCHS Leadership Workshop Series

Sharing Your Story

THURSDAY, JANUARY 11, 4-5:00 P.M.

Connected to advocacy, leading the conversation in self-advocacy and stigma reduction.

REGISTER





Communication Skills Training for Leaders

TUESDAY, FEBRUARY 6, 4-5:00 P.M.

Learning verbal and written active listening, empathy, reflection on words and interpretation.

REGISTER

Mental Health Community Project

THURSDAY, APRIL 18, 4-5:00 P.M.

Leadership activity including team building and decision making.

REGISTER





Advocating for Changes to School Rules or Policies Positively Impacting Youth Mental Health

THURSDAY, MAY 16, 4-5:00 P.M.

REGISTER

Register today for the virtual Zoom sessions!