

# westhartfordyoga

FOR IMMEDIATE RELEASE

Contact: Andrea Miller

Tel: 860.953.9642

Email: [info@westhartfordyoga.com](mailto:info@westhartfordyoga.com)

Facebook: <https://www.facebook.com/westhartfordyoga/>

Twitter: [@WHYStudios](https://twitter.com/WHYStudios)

Instagram: [@westhartfordyoga](https://www.instagram.com/westhartfordyoga)

## ***OM Street: Yoga on LaSalle Road***

***June 5, 2019, West Hartford, CT*** - - *West Hartford Yoga (WHY)* regrets to announce that *OM Street: Yoga on LaSalle Road* – a free yoga event that has drawn over 2000 yogis in previous years – will be on hiatus in 2019.



OM Street Yoga has been privately funded each year by West Hartford Yoga, and run by a small, but dedicated, group of WHY management and staff. Over the years, the event has organically grown from a whimsical outdoor class into a unification of yoga studios, local businesses, musicians, and community participants. It has been the highlight of our summer and we would like to grow OM Street Yoga moving forward. As a result, after 8 continuous years of successful events, we're stepping back in 2019 to catch our collective breath and determine the best direction of that growth.

While *OM Street* has been one of the first "Yoga in the Streets" events in the state, we are heartened to see similar, smaller events cropping up in other towns. We are also thrilled to be expanding our free [WHY in the Parks](#) classes in West Hartford town parks throughout the summer, joining free summer yoga series in Hartford, New Britain, New Haven, Waterbury and other locations.

Photos of the 2018 *OM Street* event can be found online [here](#) (credit [Breck Macnab Photography](#)) and [here](#) (credit [Patricia Cousins](#)). We also have a beautiful video from the 2017 *OM Street* event available online [here](#) ([Steven Laschever Video](#)).

- More -

# westhartfordyoga

**West Hartford Yoga** offers over 60 weekly classes, including gentle, hot, power, kids, restorative, and prenatal yoga. Visit our website for more information including special \$7 classes, free weekly meditation, free *Yoga for Cancer* and *Yoga for Recovery* classes, and a continually updated listing of workshops, trainings, and national teachers.

For **West Hartford Yoga** information, call **860-953-YOGA (9642)**,  
[www.westhartfordyoga.com](http://www.westhartfordyoga.com)



###

---

West Hartford Yoga, L.L.C.  
23 Brook Street  
West Hartford, CT 06110

Barbara Ruzansky, Director  
(860) 953 YOGA (9642)  
[www.westhartfordyoga.com](http://www.westhartfordyoga.com)