

Liquids:

- juices - grape, apple, orange, lemonade

Vegetables RAW:

- baby carrots
- radishes
- baby cucumbers
- tiny colored peppers
- snap peas
- cherry or grape tomatoes
- green beans
- broccoli
- celery
- zucchini

Fruit FRESH:

- strawberries
- apples - ALL varieties
- oranges - navel, mandarin, cuties
- grapes - red or green
- raspberries
- blackberries
- blueberries
- apricots
- bananas
- pears
- melons - cantaloupe, watermelon, honeydew
- cherries
- mango
- pineapple
- kiwi

Crackers & chips:

- pretzels
- bagel chips
- cheese crackers

Cheese:

- stringed
- slices

- cubed

Dips:

- guacamole
- hummus
- bean
- cheese
- spinach
- artichoke
- onion

Dressing:

- Ranch

Jams, jellies, & butters:

- strawberry
- grape
- mixed fruit
- marmalade
- peanut
- seed

Baked goods:

- cookies
- bars
- individual fruit pies

Nuts and Seeds:

- peanuts,
- almonds
- cashews
- macadamia
- pumpkin seed
- sunflower seeds
- popcorn