

## Illinois School and Campus Safety Program

# Preparing for the Unimaginable: An In-Depth Look at Wellness, Trauma Recovery, and Resilience

### Tuition Free!

#### Date

April 8, 2021  
8:30 am - 12:30 pm  
via Zoom

### Who Should Attend?

School Administrators, School Service Personnel, School Threat Assessment Team Members, and Law Enforcement including Executives, Command Staff, Supervisors, and School Resource Officers

### Registration Required Enrollment is limited!

Registration Deadline  
April 6, 2020

[Register Now!](#)

### Questions?

(309) 298-2646  
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[www.ilschoolsafety.org](http://www.ilschoolsafety.org)

Both K-12 Schools and Institutions of Higher Education remain dedicated to serving students across Illinois, while still facing the COVID-19 pandemic and other potential school safety issues. Despite these challenging times, educators, staff, and school resource officers are required to carry out their duties. While the full impact of the COVID-19 pandemic on staff and students remains unclear, one thing is certain, repeated and intense exposure to chronic stress and traumatic material is harmful.

Health and wellness are concerns for all multidisciplinary stakeholders involved in education and school safety, especially with job stress and the trauma experienced in the event that the unimaginable occurs. This 4-hour training addresses wellness, trauma recovery, and resiliency. The training consists of three sections:

- Staying resilient when the unimaginable happens
- Early Interventions EMDR, CISD Model (Pros and Cons)
- Peer support

### Presenter: Sonny Provetto, Vermont Center for Responder Wellness

Sonny Provetto, LICSW is an EMDR clinician and a trauma consultant both nationally and internationally. His experiences as a police officer and as an emergency mental health clinician at 911- ground zero - have guided his clinical practice for more than 18 years. In 2018, Sonny founded *The Vermont Center for Responder Wellness*, a comprehensive treatment center that provides services for the treatment of trauma using a variety of methods including yoga and EMDR therapy. The center also provides mental health program development and implementation, peer support training, and helps organizations to prepare for responding to mass casualty events.



To learn more about the Illinois School and Campus Safety Program contact Program Manager Eric Arnold at (309) 298-2646 or email [schoolsafety@iletsbei.com](mailto:schoolsafety@iletsbei.com).

