



New Jersey & **Sussex**



in collaboration with



Proud Affiliate of Mental Health America

present

"Too Much Stuff"

Wednesday, October 7, 2020

11:00 a.m. - 12:30 p.m. online via ZOOM

People who have a tendency to hoard can accumulate so much "stuff" it overwhelms their lives, and family members and friends often do more harm than good in their attempts to help.



Laverne Williams, CSW, will discuss common beliefs around hoarding disorder, best practices to support someone with the disorder, and the financial and emotional costs to persons with the tendency to hoard and to their families and the community. She will provide evidence-based tools to assess the risk for hoarding disorder, as well as a case study practice for gaining entry into a home with too much stuff. She will also stress the need for a paradigm switch of language about hoarding disorder.

Ms. Williams is the Director of the P.E.W.S. (Promoting Emotional Wellness and Spirituality) Program for the Mental Health Association in New Jersey. She has many years of experience providing trainings for MHANJ on the topic of hoarding disorder as well as support groups for those seeking to overcome their tendencies to hoard.

The webinar will include an opportunity for *Questions & Answers* with the audience.

Register for this webinar here:

https://zoom.us/webinar/register/WN_vYJUDhOvTRGvFGMYsHwz3w