

NO MORE WHISPERS: What does it mean to be a TRUSTED ADULT?

Sponsored By:

*Society for the Prevention of Teen Suicide
Atlantic Behavioral Health at Newton Medical Center
Newton Medical Center's Spiritual Care and
Faith Community Health Partnership*

**Tuesday, October 8, 2019 from 7:00 pm to 8:30 pm
Romano Conference Center (Room 100) at Newton Medical Center
175 High Street, Newton, NJ 07860
(Complimentary Healthy Box Dinner at 6:30 pm for all who RSVP Thursday, 10/3/19)**

***R.S.V.P. Randy Parks at 973-579-8625 or randolph.parks@atlanticealth.org
(Please include in RSVP: Name, Organization, Phone Number & E-mail Address)***

**This presentation focuses on how to be a
“trusted adult” for the youth in your life.**

- ***Examine personal feelings and attitudes about suicide***
- ***Review the definition of the crisis of suicide***
- ***Review the warning signs and risk factors***
- ***Know how to foster protective factors***
- ***Identify what it means to be a trusted adult***

No More Whispers.

Let's end the whispering about mental illness and addiction. There is no shame. You can't catch it, and like many other diseases, no one asks for it. It affects all ages, ethnicities, income levels and genders. We all know someone. Don't fear it. Don't judge it. Understand it. Let's not whisper anymore.

NoMoreWhispers@atlanticealth.org

SUPPORTING, EDUCATING, CHANGING - TOGETHER



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ATLANTIC HEALTH SYSTEM