

The Metz Center for Sleep Dentistry *presents*

# Step Up to Advanced Sleep Continuum

**Friday, April 6, 2018** from 9:00 am to 4:30 pm &  
**Saturday, April 7, 2018** from 8:00 am to Noon

Location: Our state-of-the-art facility, **The Metz Center**  
1271 East Broad Street, Columbus, OH 43205

Earn up to **15 hours** of continuing education credit.

**This course session will be limited to ONLY 20 Dentists!**

**Do not delay. Register Now.**

**Register online!** at [www.themetzcenter.com](http://www.themetzcenter.com) or return the registration form printed on the back of this flyer. Contact Chris at [metzdds@yahoo.com](mailto:metzdds@yahoo.com) or 614-252-4444 for more information.

## New Spring Continuum Course format!

Our April Continuum course focuses on advanced, "cutting edge" knowledge in the field of Sleep Dentistry.

**Now** is the time for dentists and physicians to come together, to build the road on which our professions shall travel to bring the best possible sleep medicine treatment to our patients!

## Our Featured Guest Speaker:

Dr. James Metz is pleased to welcome **Dr. Atul Malhotra** as the featured guest at the Spring 2018 Advanced Sleep Continuum. Dr. Malhorta has so much knowledge and experience to share that he will be our **exclusive speaker the entire day, Friday, April 6!**

Dr. Malhotra's course title is **"Focus on Sleep and the Heart"**.

**Atul Malhotra, MD** is a pulmonologist, professor and the Division Chief, Pulmonary, Critical Care and Sleep Medicine, Director of Sleep Medicine at University of California San Diego Medical Center. He received his medical degree from University of Alberta Faculty of Medicine and has been in practice for more than 20 years. Learn more about Dr. Malhotra at <http://pulmonary.ucsd.edu/faculty/profiles/malhotra.shtml>



Dr. Malhotra's investigative interests include:

- The pathogenesis of sleep apnea
- The metabolic/cardiovascular complications of sleep disorders
- Mechanical ventilation in acute respiratory distress syndrome

In 2017, Dr. Malhotra was named as the **#2 Sleep Disorder Expert worldwide!**  
This ranking was researched and published by expertscape.com.

## Saturday, April 7, 2018

Faculty Instructors of the Metz Center for Sleep Dentistry will lead the course and offer periods of discussion on various topics such as Oral Appliance Titration, Developing a Sleep Dentistry Team in Your Practice, Ins & Outs of Sleep Disorder Screening, Key Role of Hygienist in Your Practice, Review of Sleep Literature.

## Our Goal: Helping Dentistry and Medicine grow together, creating the best possible outcome for our patients!

### Your Host:



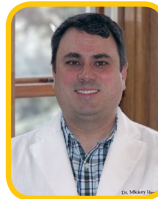
**James E. Metz, DDS** is a 1973 graduate of The Ohio State University College of Dentistry. He maintains a restorative dental practice with an emphasis on dental sleep medicine & reconstructive dentistry, along with surgical orthodontics (Wilckodontics - Periodontically Accelerated Osteogenic Orthodontics [procedure]): The goal of which is to address the major health issues of today, Hypertension & Type II Diabetes, to help restore & maintain the health of the individual.

Dr. Metz is the affiliate director of The Ohio State University Medical Center Sleep Medicine Fellowship Program. He is a member of the ADA's Scientific Investigation Committee Workgroup, defining the role of the Oral Appliance for the control of OSA & the Scientific Investigation Committee of the AARD for Sleep Dentistry. He has served on the AADSM board of directors, course development committee, public relations committee, chair for the Introductory & Advanced Course of Dental Sleep Medicine, and vice-chair of the 2014 AADSM Annual Meeting. He is the founder & current chair for the Dental Interest Group of the American Thoracic Society. Learn more about Dr. James E. Metz at <http://themetzcenter.com>.

### Faculty Staff:



Dr. James Blank has been a dentist in private practice since 2005, focusing on comprehensive dentistry. He is a graduate of The Ohio State University College of Dentistry & completed his hospital residency at Medical University of Ohio. He has completed advanced training in sleep medicine and TMJ therapy, dental implant surgery and restoration, prosthodontics, occlusion, cosmetic dentistry, dental materials, and dental technology. A faculty dentist & lecturer for The Metz Center for Sleep Apnea, Dr. Blank shares his experience and insights on topics such as sleep medicine, TMD, & practice management.



Dr. Mickey Harrison practices general and sleep dentistry in Central Ohio. He is a graduate of Northwestern University and The Ohio State University College of Dentistry. Dr. Harrison has received extensive training in dental sleep medicine through continuing education. He is especially interested in current sleep medicine topics within the literature, and has lectured on this subject for several years. He works extensively to survey and compile literature and research concerning Sleep Medicine, and disseminate this information for the betterment of dental sleep medicine practitioners.

### Accommodations:

Stay at the Embassy Suites by Hilton Columbus Airport, 2886 Airport Drive, Columbus, Ohio, a highly rated all-suite hotel located one mile from Port Columbus International Airport. Relax in your spacious two-room suite with a separate living area. Make your reservation by calling 614-536-0500 or online at <http://embassysuites3.hilton.com/en/hotels/ohio/embassy-suites-by-hilton-columbus-airport-CMHATES/index.html>

**Transportation:** Embassy Suites offers courtesy shuttles to and from the airport, as well as transportation to The Metz Center each day.

**Hospitality:** A delicious Continental Breakfast & a Lunch Buffet will be provided for attendees each day.

### Application for Enrollment

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ ZIP \_\_\_\_\_  
Phone \_\_\_\_\_  
Fax \_\_\_\_\_  
E-Mail \_\_\_\_\_

I will attend:

**Sleep Course** (15 CE hours)

Number of Attendees\*: \_\_\_\_\_ (\$985)

Questions: contact Chris at 614-252-4444 or via email at [metzdds@yahoo.com](mailto:metzdds@yahoo.com).

\* If multiple persons are attending, please provide their names & contact information on a supplemental page or via a supplemental email sent to [metzdds@yahoo.com](mailto:metzdds@yahoo.com)

*Payment by check, credit card or Paypal accepted.*

*Make all checks payable to Dr. James E. Metz*

Name on card \_\_\_\_\_

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_ / \_\_\_\_ CSV Code \_\_\_\_\_

Signature \_\_\_\_\_

Cancellation Policy: Written notification of withdrawal from any course must be received at least 14 days prior to the scheduled course. Cancellations will be accommodated with a one-time-only transfer of tuition and deposit to a future course. Notification less than 14 days will result in forfeit of deposit.

Return the completed form and payment to:

The Metz Center for Sleep Dentistry  
1271 East Broad Street, Columbus, OH 43205

Or visit our website [www.themetzcenter.com](http://www.themetzcenter.com) to register online.



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FAGD/MAGD Credit.  
Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.  
7/1/15 to 6/30/19  
Provider ID# 348168