

# 29<sup>th</sup> WORLD DAY OF THE SICK

## 11<sup>th</sup> February 2021

*Theme: A trust-based relationship to guide care for the sick*  
*“You have but one teacher and you are all brothers” (Mt: 23:8)*

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### OPENING PRAYER

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

God our loving Father, we thank you for the gift of your Son, Jesus the divine healer, who showed us the meaning of compassionate healing, especially for those at the margins of the society. We thank you for calling us to be part of your healing ministry, this noble profession for those who are sick and suffering. On this World Day of the Sick we remember all those who are going through sickness and the suffering, especially those who were affected by the COVID 19 pandemic. We also remember and pray for the care-givers, the policy makers, the leaders, and all those who contribute to healthcare through research, funding and so on. Help us to continue our work in healthcare with commitment, dedication and compassion. We make this prayer through Christ our Lord, Amen.

*Spend a moment in silence*

### READING

“But you are not to be called 'Rabbi,' for you have one Teacher, and you are all brothers”. (Matthew 23: 8)

## HOMILY

Message of Pope Francis for the World day of the sick, 2021, given below, could be used for the homily.

The celebration of the XXIX World Day of the Sick on 11 February 2021, the liturgical memorial of the Blessed Virgin Mary of Lourdes, is an opportunity to devote special attention to the sick and to those who provide them with assistance and care both in healthcare institutions and within families and communities. We think in particular of those who have suffered, and continue to suffer, the effects of the worldwide coronavirus pandemic. To all, and especially to the poor and the marginalized, I express my spiritual closeness and assure them of the Church's loving concern.

1. The theme of this Day is drawn from the Gospel passage in which Jesus criticizes the hypocrisy of those who fail to practise what they preach (cf. Mt 23:1-12). When our faith is reduced to empty words, unconcerned with the lives and needs of others, the creed we profess proves inconsistent with the life we lead. The danger is real. That is why Jesus uses strong language about the peril of falling into self-idolatry. He tells us: "You have but one teacher and you are all brothers" (v. 8).

Jesus' criticism of those who "preach but do not practise" (v. 3) is helpful always and everywhere, since none of us is immune to the grave evil of hypocrisy, which prevents us from flourishing as children of the one Father, called to live universal fraternity.

Before the needs of our brothers and sisters, Jesus asks us to respond in a way completely contrary to such hypocrisy. He

asks us to stop and listen, to establish a direct and personal relationship with others, to feel empathy and compassion, and to let their suffering become our own as we seek to serve them (cf. Lk 10:30-35).

2. The experience of sickness makes us realize our own vulnerability and our innate need of others. It makes us feel all the more clearly that we are creatures dependent on God. When we are ill, fear and even bewilderment can grip our minds and hearts; we find ourselves powerless, since our health does not depend on our abilities or life's incessant worries (cf. Mt 6:27).

Sickness raises the question of life's meaning, which we bring before God in faith. In seeking a new and deeper direction in our lives, we may not find an immediate answer. Nor are our relatives and friends always able to help us in this demanding quest.

The biblical figure of Job is emblematic in this regard. Job's wife and friends do not accompany him in his misfortune; instead, they blame him and only aggravate his solitude and distress. Job feels forlorn and misunderstood. Yet for all his extreme frailty, he rejects hypocrisy and chooses the path of honesty towards God and others. He cries out to God so insistently that God finally answers him and allows him to glimpse a new horizon. He confirms that Job's suffering is not a punishment or a state of separation from God, much less as sign of God's indifference. Job's heart, wounded and healed, then makes this vibrant and touching confession to the Lord: "I had heard of you by word of mouth, but now my eye has seen you" (42:5).

3. Sickness always has more than one face: it has the face of all the sick, but also those who feel ignored, excluded and prey to social injustices that deny their fundamental rights

(cf. Fratelli Tutti, 22). The current pandemic has exacerbated inequalities in our healthcare systems and exposed inefficiencies in the care of the sick. Elderly, weak and vulnerable people are not always granted access to care, or in an equitable manner. This is the result of political decisions, resource management and greater or lesser commitment on the part of those holding positions of responsibility. Investing resources in the care and assistance of the sick is a priority linked to the fundamental principle that health is a primary common good. Yet the pandemic has also highlighted the dedication and generosity of healthcare personnel, volunteers, support staff, priests, men and women religious, all of whom have helped, treated, comforted and served so many of the sick and their families with professionalism, self-giving, responsibility and love of neighbour. A silent<sup>1</sup> multitude of men and women, they chose not to look the other way but to share the suffering of patients, whom they saw as neighbours and members of our one human family.

Such closeness is a precious balm that provides support and consolation to the sick in their suffering. As Christians, we experience that closeness as a sign of the love of Jesus Christ, the Good Samaritan, who draws near with compassion to every man and woman wounded by sin. United to Christ by the working of the Holy Spirit, we are called to be merciful like the Father and to love in particular our frail, infirm and suffering brothers and sisters (cf. Jn 13:34-35). We experience this closeness not only as individuals but also as a community. Indeed, fraternal love in Christ generates a community of healing, a community that leaves no one behind, a community that is inclusive and welcoming, especially to those most in need.

Here I wish to mention the importance of fraternal solidarity, which is expressed concretely in service and can take a

variety of forms, all directed at supporting our neighbours. “Serving means caring ... for the vulnerable of our families, our society, our people” (Homily in Havana, 20 September 2015). In this outreach, all are “called to set aside their own wishes and desires, their pursuit of power, before the concrete gaze of those who are most vulnerable... Service always looks to their faces, touches their flesh, senses their closeness and even, in some cases, ‘suffers’ that closeness and tries to help them. Service is never ideological, for we do not serve ideas, we serve people” (ibid.).

4. If a therapy is to be effective, it must have a relational aspect, for this enables a holistic approach to the patient. Emphasizing this aspect can help doctors, nurses, professionals and volunteers to feel responsible for accompanying patients on a path of healing grounded in a trusting interpersonal relationship (cf. New Charter for Health Care Workers [2016], 4). This creates a covenant between those in need of care and those who provide that care, a covenant based on mutual trust and respect, openness and availability. This will help to overcome defensive attitudes, respect the dignity of the sick, safeguard the professionalism of healthcare workers and foster a good relationship with the families of patients.

Such a relationship with the sick can find an unfailing source of motivation and strength in the charity of Christ, as shown by the witness of those men and women who down the millennia have grown in holiness through service to the infirm. For the mystery of Christ’s death and resurrection is the source of the love capable of giving full meaning to the experience of patients and caregivers alike. The Gospel frequently makes this clear by showing that Jesus heals not by magic but as the result of an encounter, an interpersonal relationship, in which God’s gift finds a re-



sponse in the faith of those who accept it. As Jesus often repeats: “Your faith has saved you”.

5. Dear brothers and sisters, the commandment of love that Jesus left to his disciples is also kept in our relationship with the sick. A society is all the more human to the degree that it cares effectively for its most frail and suffering members, in a spirit of fraternal love. Let us strive to achieve this goal, so that no one will feel alone, excluded or abandoned.

To Mary, Mother of Mercy and Health of the Infirm, I entrust the sick, healthcare workers and all those who generously assist our suffering brothers and sisters. From the Grotto of Lourdes and her many other shrines throughout the world, may she sustain our faith and hope, and help us care for one another with fraternal love. To each and all, I cordially impart my blessing.

## **PRAYER OF THE FAITHFUL**

1. Jesus, we pray for all the people who are suffering from various sickness. If it is your will, let them be cured, if not, give them the courage to cope with their sickness. Let them experience your healing and comforting presence in their lives. For this we pray to the Lord

*Res: Lord hear our prayer*

2. We pray for all people who are affected by COVID 19. During Your ministry on Earth You showed your compassionate care by healing people of all ages and stations of life, from physical, mental and spiritual ailments. Let your healing presence be experienced by all those who are affected by COVID 19. For this we pray to the Lord

*Res: Lord hear our prayer*

3. We pray for all the Health care professionals and all the team members who assist them for caring the sick. Keep them healthy and safe. Enlighten their minds, help them to make the right decisions, and fill their hearts with compassion. For this we pray to the Lord

*Res: Lord hear our prayer*

4. We pray for all the scientists and their assistants who contribute to progress in health care. Grant them Your Wisdom so that they may be able to continue to work towards the betterment of healthcare. For this we pray to the Lord

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*Res: Lord hear our prayer*

5. We pray for the leaders and decision makers of the Government and the society. Give them the proper understanding and sensitivity to the needs of those at the margins of the society.

May they be guided by your wisdom and make bold decisions for the betterment of the society, especially those who are vulnerable. For this we pray to the Lord

*Res: Lord hear our prayer*

6. We pray for all the Christian healthcare networks in the country, the protestant, evangelical and Catholic networks, including CHAI, CBCI Healthcare, Sister Doctors Forum, Catholic Nurses Guild and so on. Help us to strengthen our collaboration for the sake of the healthcare mission. For this we pray to the Lord

*Res: Lord hear our prayer*

7. We pray for all the Member Institutions of the Catholic Health Association of India. Lord help us to sustain our mission in the midst of all the increasing challenges. For this we pray to the Lord

*Res: Lord hear our prayer*

Let us silently offer all our personal prayers and intentions.  
(Pause)

## **CONCLUDING PRAYER**

Merciful and loving Father, you sent your only Son, Jesus Christ to heal and save the world. In your loving compassion, you chose Sr Dr Mary Glowrey, founder of the Catholic Health Association of India (CHAI), to follow in your Son's healing ministry. As a model of benevolent care to the millions of sick, destitute, and impoverished in India, she spread your message of love and healing. May we continue to spread the same love and healing to the people we now serve.

Lord, we pray for all health care workers and caregivers who tirelessly follow in the footsteps of the Divine Healer to alleviate suffering and bring glory to Your Name. May we have the courage to walk the unbeaten path, as we continue your healing ministry. May the members of the healthcare mission, grow in unity, through your example of selfless love and concern for the poor. This prayer we make through Christ, Our Lord, Amen.

Hail Mary...

Glory be to the Father...