

HOLIDAY ADOPT-A-FAMILY GUIDE



UMOM families can be adopted by individuals and organizations who will donate a stocking for each child in the family. Each stocking should contain 3 to 5 age-appropriate small gifts and treats. You can also donate a \$25 gift card to Target or Walmart per stocking so that parents can purchase gifts for their child or the family.

Gift Guidelines

- Include 3-5 gifts in the child stockings.
- Each can be wrapped individually, if desired.
- Recommended level of giving for each stocking: \$25-\$45
- Label EACH stocking with the family last name along with age/gender of children.
- Deliver stockings for the entire family in a large bag or box.
- Deliver holidays stockings to UMOM by Friday, Dec. 11, 2020.
- Your timely drop-off ensures that families will receive stockings in time for the holidays.

Drop-off days and hours: Monday - Saturday, 8 a.m. - 6 p.m.

Drop-off location: 3333 East Van Buren St., Phoenix, AZ 85008.

Questions? Contact Robin Telle, rtelle@umom.org, 602-819-0673 (Call/Text)



**Stocking Stuffer
ideas for each
age group**

**AGE: 0-2
YEARS OLD**



Wipes
Bibs
Rattle
Blanket
Pajamas
Socks
Teether
Bubbles
Duplo's
Crayons
Bibs
Baby Lotion
Coloring book
Board books
Bath Toys
Music toys
Rubber duck
Bubble bath
Toothbrush
Nesting Toys

**AGE: 3-5
YEARS OLD**



Stickers
Paper
Playdough
Legos
Toothbrush
Toothpaste
Doll
Blanket
Slippers
Puzzle
Finger paint
Coloring books
Art kits
Sidewalk chalk
Character cups
Toy cars
Easy puzzle
Glow sticks

**AGE: 6-9
YEARS OLD**



Glow sticks
Fuzzy socks
Fidget toy
Flashlight
Flashcards
Fuzzy socks
Art supplies
Bouncy balls
Slime
Legos
Yo-Yo
Easy read books
Mini board games
Character cups
Card games (Uno, Crazy 8s)
Puzzle
Costume jewelry
Sidewalk chalk

**AGE: 10-13
YEARS OLD**



Bookmark
Book light
Key ring
Slime
Cute mask
Kite
Journal
Deodorant
Flashlight
Hacky sacks
gadget toy
Card Games
Easy chapter books
Hand sanitizer
Art/craft supplies
Toothpaste/brush
Affirmation card sets
Cozy/fun socks
Hair scrunchies
Fidget Toy
Bouncy balls

**AGE: 14-18
YEARS OLD**



Books
Sunglasses
Notebooks
Planner
Stationary
Ear buds
Socks
Lotion
Makeup
Slime
Journal
Nail set
Small clutch
Bracelet
Gel pens
Art Kit
Science Kit
Hand sanitizer
Fun mask
Toothbrush/paste
Glow stick
Fuzzy socks
Body Spray
Lip Balm
Deodorant
Nail Polish
Wallet