



HOLIDAY ADOPT-A-FAMILY GUIDE

UMOM families can be adopted by individuals and organizations who will donate a stocking for each child in the family. Each stocking should contain 3 to 5 age-appropriate small gifts and treats. You can also donate a \$25 gift card to Target or Walmart per stocking so that parents can purchase gifts for their child or the family.

Gift Guidelines

- Include 3-5 gifts in the child stockings.
- Each can be wrapped individually, if desired.
- Recommended level of giving for each stocking: \$25-\$45
- Label EACH stocking with the family last name along with age/gender of children.
- Deliver stockings for the entire family in a large bag or box.
- Deliver holidays stockings to UMOM by Friday, Dec. 11, 2020.
- Your timely drop-off ensures that families will receive stockings in time for the holidays.

Drop-off days and hours: Monday – Saturday, 8 a.m. – 6 p.m.

Drop-off location: 3333 East Van Buren St., Phoenix, AZ 85008.

Questions? Contact Robin Telle, rtelle@umom.org, 602-819-0673 (Call/Text)



Stocking Stuffer ideas for each age group

AGE: 0-2 YEARS OLD



Wipes	Bibs
Bibs	Baby Lotion
Rattle	Coloring book
Blanket	Board books
Pajamas	Bath Toys
Socks	Music toys
Teether	Rubber duck
Bubbles	Bubble bath
Duplo's	Toothbrush
Crayons	Nesting Toys

AGE: 3-5 YEARS OLD



Stickers	Finger paint
Paper	Coloring books
Playdough	Art kits
Legos	Sidewalk chalk
Toothbrush	Character cups
Toothpaste	Toy cars
Doll	Easy puzzle
Blanket	Glow sticks
Slippers	
Puzzle	

AGE: 6-9 YEARS OLD



Glow sticks	Easy read books
Fuzzy socks	Mini board games
Fidget toy	Character cups
Flashlight	Card games (Uno, Crazy 8s)
Flashcards	Puzzle
Fuzzy socks	Costume jewelry
Art supplies	Sidewalk chalk
Bouncy balls	
Slime	
Legos	
Yo-Yo	

AGE: 10-13 YEARS OLD



Bookmark	Card Games
Book light	Easy chapter books
Key ring	Hand sanitizer
Slime	Art/craft supplies
Cute mask	Toothpaste/brush
Kite	Affirmation card sets
Journal	Cozy/fun socks
Deodorant	Hair scrunchies
Flashlight	Fidget Toy
Hacky sacks	Bouncy balls
gadget toy	

AGE: 14-18 YEARS OLD



Books	Art Kit
Sunglasses	Science Kit
Notebooks	Hand sanitizer
Planner	Fun mask
Stationary	Toothbrush/paste
Ear buds	Glow stick
Socks	Fuzzy socks
Lotion	Body Spray
Makeup	Lip Balm
Slime	Deodorant
Journal	Nail Polish
Nail set	Wallet
Small clutch	
Bracelet	
Gel pens	