Welcome Back To School!

- Back-to-School Checklist. Is your family back-to-school ready? Try these @PBSKIDS checklists to ensure your little learners are comfortable with their morning routines, are familiar with getting to school and know what to expect throughout their day.

- "My First Week of School" Routines are like instructions—they guide children’s actions toward a specific goal. Make all of your little one's goals accessible and manageable by letting them know what to expect each day!

- Going to School Books. Help your child go into this school year with a booklist that will prepare them for making friends, making good decisions and learning more about their world. (Ages 2-8)

- 3 Ways to Reset Media Habits for the New School Year. Does your family use different tablet and TV rules during the school year? One dad offers his kids 30 minutes of screen time once homework and chores are complete. Read on for more strategies! (Ages 2-8)

- How to Cope with Back-to-School Anxiety. Going back to school can be stressful for kids. These methods can help your child cope with back-to-school anxiety. (Ages 2-8)

- Back-to-School: Careers in STEAM Subjects. Whether your students are interested in arts and humanities or sciences and math, there are many ways for them to turn their interests into a career. From saving lives with environmental engineer Amy Pickering to bringing your favorite characters to life with Kirsten Lepore, use the following videos of people working in Science, Technology, Engineering, Arts and Math (STEAM) fields to inspire your students to pursue work in their favorite subjects. (6th - 12th)
Back To School Tips for Parents

- Switching from a summer to a school schedule can be stressful for everyone in the household. Avoid first-day-of-school mayhem by practicing your routine a few days in advance.

- Strategies for Making the New School Year a Success. A new school year is a great time to introduce your family to new routines and adjust existing ones. Ask yourself, “What really matters and has to get done and what is less important and does not have to get done?” to help determine which habits should be part of your schedules.

First Day of School Jitters

- "You Are Brave and Kind": Helping Your Child Get Ready for the First Day of School. Help kids work through their first-day-of-school jitters by letting them know that everyone gets nervous! (Ages 2-8)

- Separation - Daniel Tiger: Life's Little Lesson. Students can often feel nervous when attending child care or school for the first time. @DanielTigerTV has videos, songs and teaching tips to assure students that "grownups come back."

- Romeo Santos: Quiero Ser Tu Amigo - Sesame Street. Learn how to make new friends this school year in English and Spanish with @SesameStreet and Romeo Santos! (Grade PreK-1)

- Let's Ride the Bus - Everyday Learning. Is riding the bus a new experience for your students? This animated poem from @KET will help them learn the rules of the bus, so they can be safe when going to school. (Grade PreK-1)

- Starting School with Daniel Tiger & Mister Rogers. Are some of your young students nervous about going to school? Share these @DanielTigerTV clips with their families to make them more comfortable as they start their school year. (Grades PreK-2)
Implement engineering into your curriculum this year? Watch this professional development video to see how other teachers have integrated science and engineering practices into their classrooms. (Grades 6-8)

Notable Dates in August

- **August 5th** is Pinkalicious' birthday! Join in on the celebration on Monday, August 5 with a @PinkaliciousAndPeterrificPBS movie special and a week of all-new episodes!
- Pinkalicious & Peterrific **Collection**. Creativity fuels students’ academic outcomes as well as their social and emotional development. Show us how you implement creativity in the classroom with @PinkaliciousAndPeterrificPBS!
- **Art Adventure**. Bring the outdoors into your classroom using the arts and a little inspiration from @PinkaliciousAndPeterrificPBS! (Grades PreK-1)
- **Musical Instrument Maker**. In this @PinkaliciousAndPeterrificPBS clip, students go behind the scenes with musician Ken Butler, as he shows them music can be found anywhere.
- **Singing the Blues**. If your students are sad, they can sing through their emotions. This @PinkaliciousAndPeterrificPBS video shows just how impactful music truly is.
- **August 9th** National Book Lovers Day! How are you celebrating National Book Lovers Day?
- **August 12th** is World Elephant Day! Ever see a baby elephant take a mud bath? Beat the heat with this video! Watch as the @WildKrattsofficial take mud baths with elephants! (Grades 1-5)
**PBS KIDS FAMILY NIGHT**

- **August 2nd** Martha Speaks Marathon! Tonight's PBS KIDS Family Night is a Martha Speaks marathon! As you watch, write down any new words your family discovers so that you can practice them later!

- **August 9th** Pinkalicious & Peterrific: A Pinkaperfect Party! It's back to school time and PBS KIDS Family Night has got you covered! Spend time watching @PinkaliciousAndPeterrificPBS and @danieltigertv with your kids before they head back to school!

- **August 16th** Let's Go Luna! Marathon! It's PBS KIDS Family Night! Tonight, celebrate friendship, curiosity and problem-solving with @letsgolunahq and @Wildkrattsofficial!

- **August 30th** Esme & Roy Launch! It's an extra special PBS KIDS Family Night! Tonight meet PBS KIDS newest friends, @esmeandroy and explore kindness and helping others!

**DINOSAUR TRAIN**

- **Dinosaur Train A-Z App.** Ready for a prehistoric adventure in reading, life science and natural history? Get started with the @DinosaurTrain A to Z app! In the app, kids discover new vocabulary, 26 different dinosaurs and 50 fun facts.

- **Dinosaur Train PBS LearningMedia Collection** (Teachers). @DinosaurTrain sparks children's interest in life science and natural history! Help students develop inquiry skills and dinosaur knowledge with videos, activities, and more on @PBSTeachers' PBS LearningMedia! (Grades PreK-1)

- **Dinosaur Train- Collect a Critter.** Have your students ever wondered why hermit crabs have shells? This @DinosaurTrain clip will take students on a scavenger hunt to learn all about hermit crabs' shells! (Grades PreK-1)

- **Dinosaur Train - Make a Dragonfly.** Use these @DinosaurTrain resources to help students understand insect anatomy and even build their own dragonfly! (Grades PreK-1)
WLJT offers a Kids Birthday Club (ages 0-12) to raise awareness of PBS and to celebrate the children of West Tennessee. “I am so excited that WLJT is able to offer a Kids Club! WLJT opens a world of possibilities for all the children of West Tennessee and this is a great way to make them feel as special as we know they are,” Mandy Hinson, WLJT’s Manager of Individual Giving, said.

For only $5 per month, through a sustaining membership, Kids Club members will receive special birthday surprises. Features include a “Happy Birthday” wish broadcast twice a day, during PBS Kids programming and prime time throughout the child’s birth month. Additionally, a birthday wish in the monthly program guide SPOTLIGHT during their birth month, and a special birthday gift from WLJT.

Just for signing up, WLJT will send a welcome packet that includes a PBS stickers and coloring sheets. The $5 a month sustaining membership covers up to five children in a family!

“This is a stimulating program that WLJT offers to the community. We believe that children are the future of PBS and WLJT. Our goals are to educate, entertain and inspire.

Through the Kids Club, we hope to achieve those and develop an excitement for learning that will continue for many generations.” said Jennifer Shell, WLJT’s Manager of Education and Community Engagement.

To sign up for WLJT Kids Club, contact Mandy at (731) 881-7561, or by email at mhison@wljt.org. WLJT airs popular educational children’s programming such as Curious George, Sesame Street, Dinosaur Train, Super Why!, and Wild Kratts.