

## **Abingdon District-Health Kits for Liberia 2017**



### **Pack these items in a 2-gallon Ziploc bag:**

- 1 hand towel
- 1 washcloth
- 2 toothbrushes (packaged)
- 2 tubes of toothpaste (6.4 oz. or less)
- 1 bottle shampoo (15 oz. or less)
- 1 bottle cocoa butter lotion (11 oz. or less)
- 1 bottle roll-on deodorant (4 oz. or less)
- 1 small spray perfume/cologne/body mist (4 oz. or less)

### **Pack these separately in a sandwich-size Ziploc bag:**

- 1 tube antibiotic ointment (1 oz.)
- 1 bottle Tylenol/acetaminophen (24 ct.)

***Items must not be larger than stated sizes due to shipping costs.***

**Include \$5.00 per kit for shipping.**

***Do not place money inside the bags-attach a check or cash to the outside of the bag.***

**Place the completed kits in the narthex or outside the chapel**

**In the designated bins.**

***Thank you for your generosity!***