



HEALTHY KIDS CORNER

Get to Know Your Farmer!

Learn more about the farmer who grows your food by answering these questions.

What is the name of a farm that grows your favorite fruit or vegetable?

Tip: You can write the name of a farm at the farmers market, or do a quick search online to find, “farm that grows _____ (your favorite fruit or vegetable)”

How does your favorite fruit or vegetable grow? Circle one.

Under the ground On top of the ground On a vine On a bush On a tree

Where is your favorite fruit or vegetable grown? If it is grown in Washington, find the farm’s location on the map and draw a star!



CHALLENGE: Find two farms near your home. What do they grow?

FARMERS MARKET NUTRITION EDUCATION FROM WSU KING COUNTY EXTENSION SNAP-ED