

Serving the Community through the LENS

HUNGER IS MORE THAN FOOD



2025 Impact Report

*“We make a living by what we get, but we make a life by what we give.”
–Winston Churchill*

YOUR DONATION ENABLES US TO MAKE TRANSFORMATIVE IMPACTS

Tim (*name changed for privacy*) was born and raised in Southington and attended Southington Public Schools until family illness forced him to leave school to help at home. After losing both of his parents within a short time, Tim and his brother were left without family support. He worked locally until the store closed, and for years, he faced homelessness, often couch surfing just to get by. In the midst of loss and instability, Tim chose sobriety — a commitment he has now maintained for 17 years.

During his hardest seasons, Tim relied on Bread for Life and Southington Community Services for meals and clothing. What he found at Bread for Life was more than food. It was through the many helpful hands and caring hearts that helped him become more confident and hopeful. Today, Tim celebrates three years in his own apartment, steady employment for the first time in thirteen years, and he is just one test away from earning his GED.

Tim shares, *“Bread for Life has been more of a family to me than my own; I am thankful.”*

“I was the ‘too far gone’ case, but here I am, turning the tables. I chose to rise up and fight back. Today I stand as proof that it’s never too late to turn things around.” — Author Unknown



ARCHDIOCESE OF HARTFORD



SIGN PRO ANNUAL DONATION

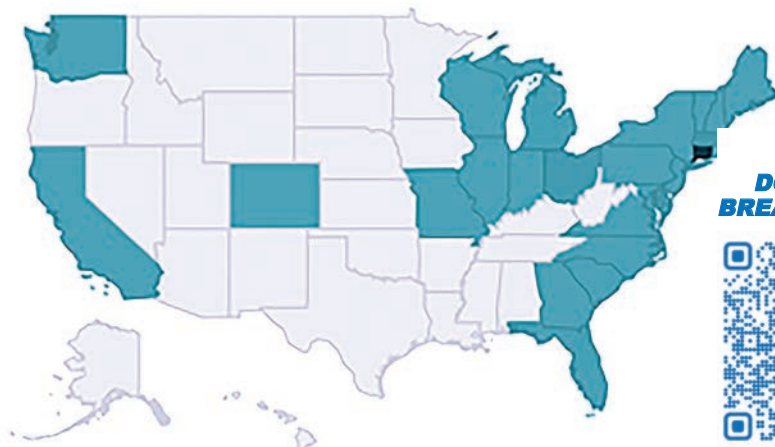
OUR MISSION

Bread for Life is a community-supported human service organization that feeds, provides fellowship, affirms dignity, and builds connections for those experiencing food insecurity within the Southington community.

A growing impact of giving that started in a small town.

2025 GIVING NATIONWIDE

Blanketed with donations covering all of New England



DONATE TO BREAD FOR LIFE



Through the LENS

“When one gives, two get happy.” –Amit Kalantri, *Wealth of Words*

YOUR DONATION ENABLES US TO SERVE SHORT-TERM AND LONG-TERM NEEDS

Terry (*name changed for privacy*) first came to Bread for Life after unexpectedly losing his job. Having recently moved to Southington, he found himself unsure of where to turn for help. With no Wi-Fi at home and limited resources, even applying for unemployment and searching for new employment felt overwhelming. With the assistance of our Guest Navigator, Terry was connected to local services and given one-on-one support to file for unemployment and conduct job searches. He began joining us daily for lunch and dinner, finding not only nourishing meals but also a welcoming place where he was treated with dignity and respect. After several months of persistence and support, Terry secured a new job. We were the very first people he came to, share the good news with.

“Bread for Life helped restore my confidence and hope with a great meal and helpful staff.”

VOLUNTEERS ARE DONORS TOO AND WE COULDN'T DO THIS WITHOUT YOU!

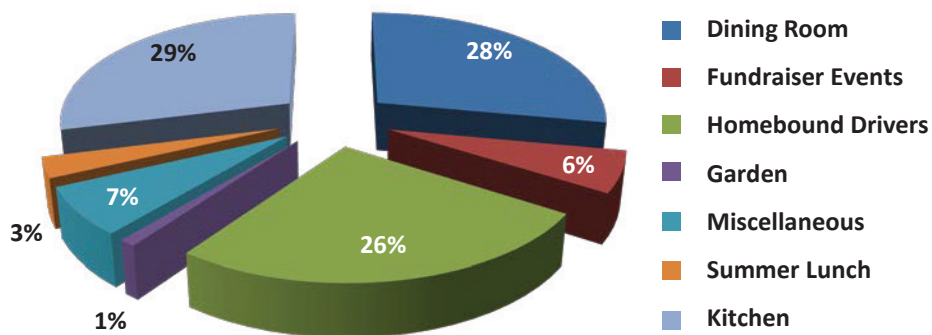


KIDS WHO CARE VOLUNTEERS



VOLUNTEERS AT SOUP NIGHT 2025

VOLUNTEER HOURS BREAKDOWN 2025



**BECOME
A VOLUNTEER**
Scan the QR Code
and go to GIVE TIME

Total hours: 5,656

Total dollars: \$196,792.24 (*based on National Value of Volunteer \$34.79*)

HUNGER IS MORE THAN FOOD

Hope, Service, Generosity, Integrity, Affirmation of Human Dignity, Compassion, and Respect for All

These values are the foundation of our mission. Each meal we prepare, plate, and serve embodies these principles. We strive to create a culture where relationships flourish, trust is nurtured, and meaningful connections are established. Hunger extends beyond just food, and through your support, we can demonstrate this important truth. As you read through a few testimonials from the incredible people we encounter every day, we hope you realize that your generosity is not merely a monetary contribution; it fuels our passion and commitment to the vital work we undertake.

“Being involved in Bread for Life aligns with both my personal and professional callings to ensure community members have an equal opportunity to meet their basic human needs as well as achieve overall health & well-being. By meeting people where they’re at and allowing them to be the drivers, I am able to walk alongside them in their journey as we navigate the path to wellness. I do this in concert with the Bread for Life team, which truly offers care for the whole person.”

Board Member

“I put my trust in Bread for Life because they’re a family-oriented team that shows up and does the work for people who need it most. Donating is my way of being a part of that team while working in China.”

Donor

“My reason for giving is very simple; it is important to help those in my town who are less fortunate. I hate the thought of anyone being hungry and sleeping outdoors in the woods. I give what I can when I can, and it makes me feel good.”

Donor

“Bread for Life is a safe place where I receive a good meal and connections that feed my soul.”

Dining room Guest

Your donation and support enable Bread for Life to meet each individual where they are, build connections and give direction which enables us to serve the short-term needs as well as long term needs. We could not do this without you.



Bread for Life Vision Statement — so no one goes hungry

WE COULDN'T DO THIS WITHOUT YOU

We thank every donor for assisting Bread for Life in meeting our mission to feed the hungry of Southington.

Every effort has been made to assure the accuracy of the following list. However, if any names have been omitted or appear incorrectly, please contact our office.

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“Everyone can experience the joy and blessing of generosity; because everyone has something to give.” –Jan Grace

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“You have not lived today until you have done something for someone who can never repay you.” –John Bunyan

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*“Those who are happiest are those who do the most for others.”
–Booker T. Washington*

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*“It’s not how much we give but how much love we put into giving.
–Mother Teresa*

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Gregory Simone	Tom amd Diane Stolz	Kathleen and Raymond Torchio	Liz Tuttle	Lois Wolff
Pierrette Sirois	Stop & Shop	John and Barbara Torda	Edward and Sheilah Tycz	Joseph and Debbie Woloszyn
Michael Skarka	Paul Sucec	Christine Torda	Mary Udice	Wonx Tribe No. 28
Dennis Slight	Joanna Suchar	Melanie Torres	Unico Club of Southington	Michael Wright
John and Christine Sliney	Ann Marie Sullivan	The Totally Unrehearsed Band	United Way of Greater New Haven, Inc	Kurt and Jody Wuennemann
Jessica Small	Super Suds	Kelly Toth	United Way of Greater Waterbury	Charles Yanavich
Susan Smayda	Superior Products Distributors, Inc	Town Fair Tire Foundation, Inc	United Way of Massachusetts Bay and Merrimack Valley	William Yelenak
Richard Smedick	Marilyn Swain	Town of Southington	United Way of Southington	Robert Young
Phyllis Smiegocki	Kathleen Sweetman	Town of Southington Drive-In	Unity Rebekah Lodge #54	Raymond Zack
David Smith	Walter Swiatlowski	Sean Townsend	Independent Order of Oddfellows	Sam Zakur
Edward Smith	Kathleen Swift	Oliver Treichel	Al Urso	Anthony and Lynn Zanghi
Barbara Smith	Elizabeth Swist	Michael Treviso	George Uterstaedt	Rosemarie Zbikowski
Joan Smith	Suzanne Sycz	Trident Pressure Wash LLC	Windham Vance	Bruce Zeh
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Toni Snow	James Talarico	Filomena Tucciarone	Nancy & Peter Veronneau	William Zielinski
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Sons of Italy	David and Joanne Tellerico	United Way of Greater Waterbury		Kenneth and Pamela Zukley
Sorbello Family	Michael Tellerico	United Way of Massachusetts Bay and Merrimack Valley		
Sorelle d’Italia in America	Thalberg School PTO	United Way of Southington		
Laura Sorensen	Paul Thayer	Unity Rebekah Lodge #54		
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Southington Care Center	The Giroux Family	Al Urso		
Southington Elks Lodge 1669	The Jean P. Kates Rev Living Trust	George Uterstaedt		
Southington Farmers Market	The Joe and Kay Calvanese Foundation	Windham Vance		
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Southington Lady Knights Basketball Team	The M&T Charitable Foundation	Roberta Vendetti		
Southington Lions Club	The Orchard Valley Garden Club Of Southington CT, Inc.	Nancy & Peter Veronneau		
Southington The Athletic Shop	The Rappelt Family The Rappelt Family			
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“I think a hero is any person really intent on making this a better place for all people.” –Maya Angelou

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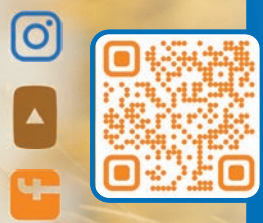
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YEAR	Children's Summer Lunch	In house meals	Homebound delivery	Meals to those living in motels	Calendar House
2017	1,945	4,258	15,694		
2018	2,145	5,834	16,104		
2019	2,970	7,360	10,472		
2020	1,505	9,946	12,266		
2021	3,451	10,920	14,560	1,248	
2022	4,845	6,992	18,720	3,120	
2023	4,912	9,464	19,240	3,328	
2024	4,997	11,224	24,492	1,404	
2025	5,338	14,216	29,417	936	2,580
	^ 6.8%	^ 27%	^ 20.1%	33.4% LOWER	

Bread for life is a community supported human service organization that feeds, provides fellowship, affirms dignity and builds connections for those experiencing food insecurity within the Southington community.

"Darkness cannot drive out darkness: Only light can do that. Hate cannot drive out hate: Only love can do that." –Martin Luther King