



*I told my husband, "Lou! It's red!" He says to me, "Move your head?"
So I said, "Did you not see the red light?" He said, "What red light?
I've got cataracts. It looked like an orange blur."
So, Officer, if you want to arrest him now, be my guest!*

**VISION LOSS
RISK
AWARENESS**

**HEARING
HEALTH
DECISIONS**

WITH AGING'S INFLUENCE ON VISION AND HEARING, IT IS ESTIMATED THAT BY 2030, AS MANY AS **14 MILLION** OLDER U.S. ADULTS WILL DEVELOP **DUAL SENSORY LOSS.**¹⁰

DID YOU KNOW?
Dual sensory loss can reduce quality of life in terms of physical, emotional and social function.

Research indicates those with both vision and hearing loss often have greater:

- Difficulty in performing activities of daily living.¹¹

- Risk of social isolation and depression.¹¹

- Challenges with interactive daily communication.

- Risk of falls and related hospitalization.


HEAR BETTER, SEE BETTER.

TALK TO YOUR EXPERT HEARING AND VISION PROFESSIONALS ABOUT:

- Why annual diagnostic screenings are a healthy habit.¹²
- How best corrected hearing and visual abilities can help improve quality of life.

To learn more, please visit: www.nidcd.nih.gov and www.nei.nih.gov

¹⁰ Heine and Beutner. Mental health and dual sensory loss in older adults: a systematic review. *Frontiers in Aging Neuroscience* 2014; 6:11. Fischer, et al. Multiple Sensory Impairment and Quality of Life: A Qualitative Descriptive Study of Leyte, et al. Dual sensory loss and depressive symptoms. *Frontiers in Aging Neuroscience* 2013; 5:10. Vreken, et al. Dual sensory loss: development of a dual sensory loss protocol and design of a randomized controlled trial. *BMJ Geriatrics* 2013; 13:94.



Which lines are clear?