



*I told my husband, "Lou! It's red!" He says to me, "Move your head?"
So I said, "Did you not see the red light?" He said, "What red light?"
I've got cataracts. It looked like an orange blur."
So, Officer, if you want to arrest him now, be my guest!*

VISION LOSS RISK AWARENESS



HEARING HEALTH DECISIONS

WITH AGING'S INFLUENCE ON VISION AND HEARING, IT IS ESTIMATED THAT BY 2030,
AS MANY AS **14 MILLION** OLDER U.S. ADULTS WILL DEVELOP **DUAL SENSORY LOSS**.^[1]

DID YOU KNOW?

Dual sensory loss can reduce quality of life
in terms of physical, emotional and social function.

Research indicates those with both vision and hearing loss often have greater:

Difficulty in performing
activities of daily living.^[2]



Challenges with interactive
daily communication.



Risk of social isolation
and depression.^[3]

Risk of falls and
related hospitalization.



HEAR BETTER, SEE BETTER.

TALK TO YOUR EXPERT HEARING AND VISION PROFESSIONALS ABOUT:

- Why annual diagnostic screenings are a healthy habit.^[4]
- How best corrected hearing and visual abilities can help improve quality of life.



To learn more, please visit: www.nidcd.nih.gov and www.nei.nih.gov

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[1] Hane and Bowering. Mental health and dual sensory loss in older adults: a systematic review. *Frontiers in Aging Neuroscience* 2014. [2] Fischer, et al. Multiple Sensory Impairment and Quality of Life. *Ophthalmic Epidemiology* 2009. [3] Kelly et al. Dual sensory loss and depressive symptoms. *Frontiers in Human Neuroscience* 2012. [4] Vreeman, et al. Dual sensory loss: development of a dual sensory loss protocol and design of a randomized controlled trial. *BMC Geriatrics* 2013. [5] 1304



Which lines are clear?