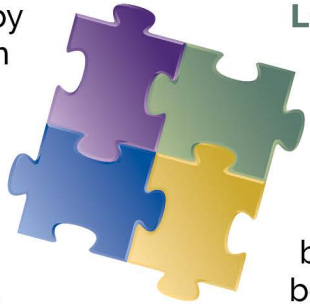
WHAT IS **DEMENTIA?**

While Alzheimer's is a degenerative brain disease, dementia describes a group of symptoms such as memory decline and loss of language, communication skills, emotion or problem solving ability.

PRIMARY TYPES

Alzheimer's Disease: caused by plaque build-ups and tangles which disrupt nerve impulses between brain cells.

Vascular Dementia: when damaged blood vessels reduce circulation, depriving brain of vital oxygen and nutrients.



Lewy Body Dementia: protein deposits (Lewy bodies) develop in brain's cortex impacting thinking, memory and motor control

Frontotemporal Dementia: shrinkage of frontal and temporal brain lobes, affecting personality, behavior and language.

Mixed dementia is a combination of Alzheimer's Disease and Vascular Dementia.

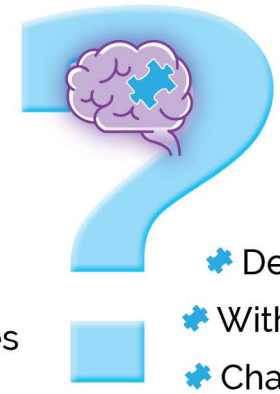
Other types and related conditions

Young Onset Dementia | Mild Cognitive Impairment | Stroke-Related | Creutzfeldt-Jakob Disease

Those with Parkinson's Disease also have dementia symptoms.

10 Early Signs & Symptoms

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks
- Confusion with time or place
- Trouble understanding visual images and spatial relationships



- Problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decrease or poor judgement
- Withdrawal from work or social activities
- Changes in mood and personality

Dementia Awareness Matters

Know types, learn signs.

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https://www.alz.org/alzheimers-dementia/10_signs