

Risk of Falls Awareness

Key Fact: 67% of emergency room visits for adults ages 65-85+ are for falls and falls are the leading cause of **injury-related deaths** for adults ages 65+.

Did You Know? Poor hearing may increase the risk for falls and injuries which can reduce mobility, ability to perform daily activities and life expectancy.

Those with hearing challenges may have:

- Poor postural balance for standing and walking stability
- Difficulty safely finding their way
- Impaired shared pathways between hearing and balance-related brain structures
- Affected spacial orientation and hazard avoidance

