



# Hear the **FACTS** about **TINNITUS**

## *Diagnosis and Treatment*

### **What is Tinnitus?**

Also known as "Head Noise", tinnitus is the perception of sound in one or both ears when no external sound is present.

A condition affecting millions of people and for a small percentage, limiting their ability to function normally on a daily basis.

### **Causes and Symptoms of Tinnitus**

Symptoms may be associated with a range of causes including noise-induced hearing loss, excess wax in the ear canal, ear infections, side effects from medications or injury to the head.

Those with tinnitus may hear sounds similar to:



### **Diagnosis** Your Audiologist will:

- Take a case history to understand how tinnitus affects your daily function
- Perform specialized tests to evaluate the type and severity of your tinnitus
- As necessary, coordinate with your Physician to order a CT or MRI scan

### **How can an Audiologist and Physician Team improve YOUR quality of life?**

BY RECOMMENDING:

» Sound Therapy



» Avoiding and Managing Stress



» Counseling



# TAKE CONTROL

*The information patients need and personal touch they deserve*

## 3 Important Steps:

## ① YOUR RESEARCH:

For further information on Tinnitus, please visit:

- **soundadvice.com**
- [audiology.org](http://audiology.org)
- [betterhearing.org](http://betterhearing.org)
- [ata.org](http://ata.org)

## ② YOUR NEXT APPOINTMENT WITH:

Dr. \_\_\_\_\_

### ③ YOUR IMPORTANT QUESTIONS OR CONCERNS:

By writing down your questions, our valuable time together will get the best result.

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