

## Connections Matter. Learn how hearing loss relates to overall health.



**AGING** Age-related hearing loss is permanent but treatable with hearing devices.



**DEMENTIA** Research indicates the severity of hearing loss is closely related to the risk of dementia.



**DEPRESSION** Untreated hearing loss may lead to social isolation and sensory overload.



**VISION LOSS** Untreated vision and hearing loss can increase the risk of falls and difficulty in performing activities of daily living.



**HEART DISEASE** Studies suggest a connection between low-frequency hearing loss and heart disease.



**DIABETES** Hearing loss occurs almost twice as often in adults who have diabetes than in those who don't.



**OTOTOXICITY** More than 100 classes of commonly used over-the-counter and prescription drugs can cause damage to the inner ear.



**KIDNEY DISEASE** An estimated 54% of American adults with chronic kidney disease have hearing loss, possibly caused by toxins related to kidney failure.



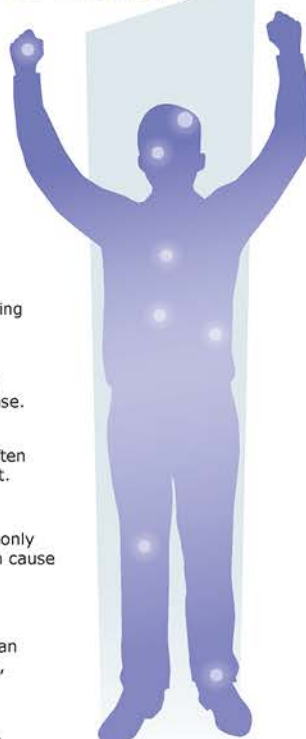
**RISK OF FALLS** Those with hearing loss often have diminished spatial orientation awareness, impaired brain pathways or reduced attention capacity – which can increase the risk of falls.



**THYROID DISEASE** When the thyroid gland does not produce enough of certain crucial hormones, altered brain structure or function may impair attention, memory and executive function.



**SLEEP APNEA** Lack of or disturbed sleep may negatively affect brain structure and function. In particular, episodic memory, working memory and executive function may be harmed.



**Sound  
Advice**  
Hearing Aid Center

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Don't wait years,  
take care of  
your ears.

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Better Hearing is  
Better Healthcare

**Sound Advice**  
Hearing Aid Center

Improving overall health and wellness  
through better hearing, one person at a time

### Share Your Health History. Help Us to Help You Hear and Live Better.

Date \_\_\_\_\_

Name \_\_\_\_\_

Date of  
Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Primary Care  
Provider \_\_\_\_\_

	YES	NO
Do you have a family history of hearing loss?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have difficulty hearing at home, work or play?	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced episodes of social isolation?	<input type="checkbox"/>	<input type="checkbox"/>
Have you been treated for clinically diagnosed depression?	<input type="checkbox"/>	<input type="checkbox"/>
Have you become more unsteady on your feet and fallen in recent years?	<input type="checkbox"/>	<input type="checkbox"/>
Do you suffer from dizziness, vertigo or arthritis?	<input type="checkbox"/>	<input type="checkbox"/>
Has your short-term memory decreased in recent years?	<input type="checkbox"/>	<input type="checkbox"/>
Have you or a family member been diagnosed with Dementia or Alzheimer's?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have diabetes?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have a family history of diabetes?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any form of heart disease?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have high blood pressure or a family history of heart disease?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have kidney disease?	<input type="checkbox"/>	<input type="checkbox"/>
Is your doctor concerned about your kidney function or do you have anemia?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have thyroid disease?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have sleep apnea?	<input type="checkbox"/>	<input type="checkbox"/>
Is your vision checked annually?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have glaucoma or any type of chronic eye disease?	<input type="checkbox"/>	<input type="checkbox"/>
Have you received cancer treatment in recent years?	<input type="checkbox"/>	<input type="checkbox"/>
What medications do you take daily or weekly? _____		

Other things we should know \_\_\_\_\_

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