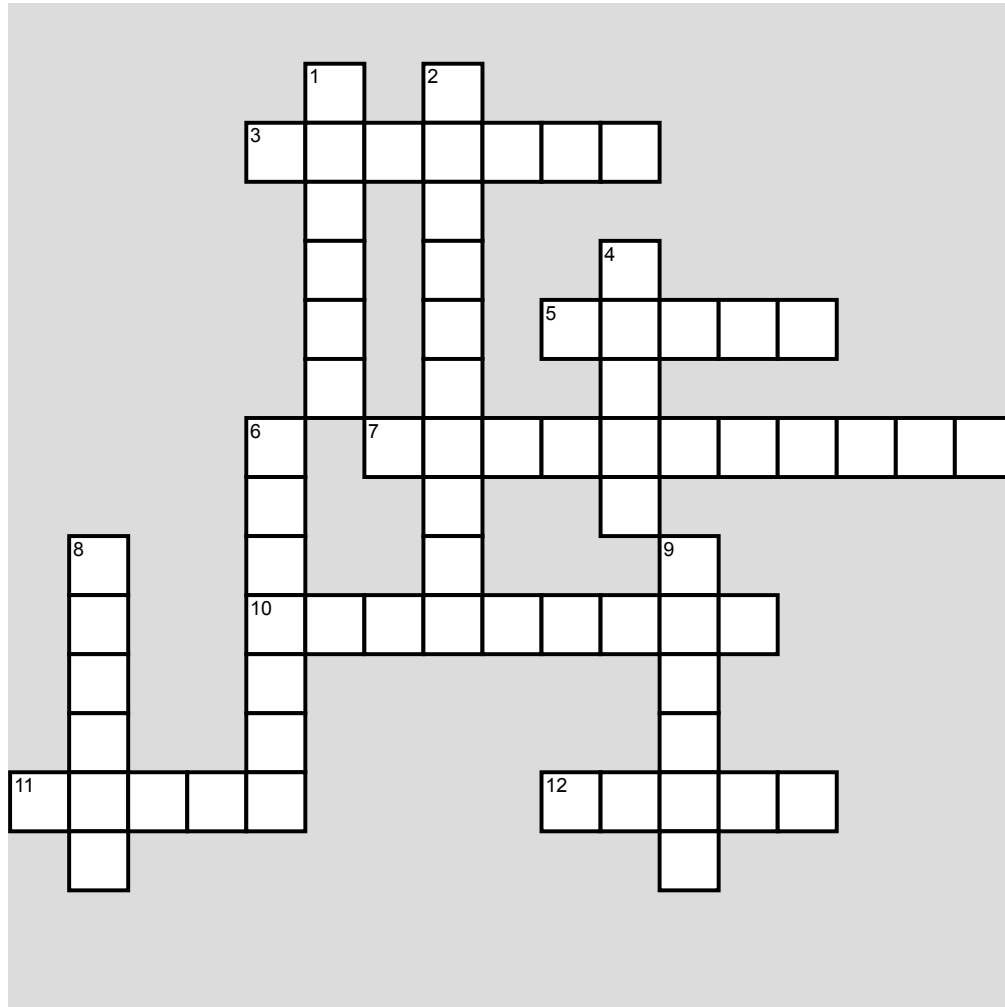


# Cognitive Decline



## Across

- 3 One of the five senses
- 5 What our ears detect
- 7 What the brain needs to stay active and engaged
- 10 The mental process of thinking and understanding
- 11 Restful state that helps the brain recharge
- 12 The body's control center for thought

## Down

- 1 Ability to recall things from the past
- 2 Steps taken now to support long-term brain health
- 4 Steady, sharp attention on one thing
- 6 A regular visit that helps catch changes early
- 8 A game like this one, good for the mind
- 9 Type of connection that helps ward off isolation