



VOLUNTEERING

AT JFCS



Make an impact - volunteer with JFCS and help support the community!

Current Volunteer Opportunities:

✓ Cultural navigation:

Help teach families or individuals to shop in their neighborhood, find their closest food pantry, practice riding the bus, walk to their nearest park or library, support JFCS during group educational sessions, or many other activities that will be new to them and will help them adjust to this new chapter of their lives. *Contact Thea to get started: tgamboa@jfcspgh.org*

Commitment:

- Short-term opportunity
- 1-2 hrs/ event
- Flexible: weekly, biweekly or monthly, every two months, and more
- **Location:** travel required
- Group volunteering available

✓ Mentor an immigrant family or individual:

Work closely with a refugee individual or family to help them meet specific goals, such as practice with conversational English, becoming more familiar with their new neighborhood, navigating American health care systems, etc. *Contact Thea to get started: tgamboa@jfcspgh.org*

Commitment:

- Minimum 6 months
- Long-term opportunity
- 1-4 hrs/wk
- **Location:** travel required
- Group volunteering available

✓ Mentor immigrant youth - after-school or summer program:

Join our after-school or summer program to mentor and enrich the lives of immigrant and refugee youth! This program is designed to ease the adjustment period for new arrivals by offering: Literacy-building activities; Conversational English practice; Mentoring; Homework assistance; Physical activities; Community service opportunities. *Contact Jess to get started: jgold@jfcspgh.org*

Commitment:

- Summer program (3 months)
- After-school program (8 months)
- 1-2 hrs/wk
- **Location:** travel required

✓ Take on a shift at the food pantry:

The JFCS Squirrel Hill Food Pantry is open every weekday, and helps provide for over 700 families, including a large immigrant population. Volunteer and take a shift on a weekly, biweekly, or monthly basis. Help us unload, organize and stock food, guide clients through their entire pantry shopping experience. *Contact Teresa to get started: trodgers@jfcspgh.org*

Commitment:

- Short term
- 1.5-3 hrs/shift
- Flexible: weekly, biweekly or monthly
- Must be able to lift **25 lbs**
- **Location:** Squirrel Hill
- Group volunteering available

Application Process:

All volunteers are required to complete an application, interview, background checks and training prior to starting a volunteer position. This process can take 4-6 weeks to complete.

Contact Us



412.422.7200



jfcspgh.org/volunteer

OTHER WAYS TO GET INVOLVED

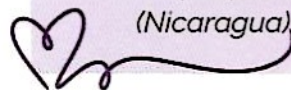
Do you want to see monthly updates, events, and involvement opportunities?
Sign up for the newsletter!



From your heart, to their home!
Shop our wish list!

"When we moved into our apartment from the hotel, we had food, furniture, and even red flowers on the table. It was such a nice touch, and the detail and care really made a difference for my husband and I."

- 2 people, wife and husband
(Nicaragua) resettled by JFCS



You gift goes to work **immediately**, providing essentials to immigrants who are moving into permanent housing.



Hungry? Check out these immigrant owned eateries!



Want to be the first to know?
Follow us on socials!

Facebook: @jfcspgh
Instagram: @jfcspgh
LinkedIn: @jfcspgh



Stand Up for Our Immigrant Community Members!



Contact your U.S. Senators and Representative Today!

Every call to advocate for the continuation of vital federal programs that support immigrants in our community counts!

Key issues (see reverse side for more detail):

- Restore federal funding for the Unaccompanied Children Program to provide legal protection for immigrant children
- Reinstatement of the humanitarian parole program for Cubans, Haitians, Nicaraguans, and Venezuelans that ends on April 24, 2025
- Resume the Refugee Resettlement Program and reinstate federal funding to support immigrants already living in our community

U.S. Senators:

Sen. John Fetterman (D)
1000 Liberty Avenue, Suite 1811
Pittsburgh, PA 15222
(412) 803-3501

Sen. Dave McCormick (R)
310 Grant Street, Suite 2415
Pittsburgh, PA 15219
(202) 224-6324

*Rachel
Wonne
DANA - COO*

U.S. Representatives

Rep. Summer L. Lee (D-12)
211 N Whitfield St #802
Pittsburgh, PA 15206
(202) 225-2135

Rep. Chris DeLuzio (D-17)
1222 Longworth House Office Bldg.
Washington, DC 20515
(202) 225-2301

Confirm your representative:
house.gov/representatives

Stand Up for Our Immigrant Community Members!

Restore Funding for the Unaccompanied Children Program

On Friday, March 21, 2025, the federal government issued a near termination of the Unaccompanied Children Program and cut funding for legal assistance for 26,000 children currently navigating state and immigration courts.

- Unaccompanied children come to the United States alone, without a parent or legal guardian. Many have been victims of severe abuse, neglect, or violence, and have legal pathways available to remain in the country based on their circumstances.
- The program is vital for ensuring these children receive legal services including know your rights, legal screenings, and representation while efforts are made to reunite them with family members or other sponsors in the US.
- Without these legal services, children are left to face an overwhelming and often incomprehensible legal system alone. Many will be unable to present their cases effectively, potentially leading to deportation, detention, or separation from family members.
- ***No child should stand alone. Urge Congress to restore funding to the Unaccompanied Children Program to fund legal services that ensure each child's safety and wellbeing..***

Reinstate the Humanitarian Parole Program for Cubans, Haitians, Nicaraguans, and Venezuelans

On Friday, March 21, 2025 the Department of Homeland Security announced the termination of the humanitarian parole programs for nationals of Cuba, Haiti, Nicaragua, and Venezuela.

- On April 24, 2025, the legal status of 530,000 people across the country will be revoked meaning they will lose employment authorization and be eligible for deportation.
- Members of our community from these countries now face uncertain futures. They fled violence and challenging conditions in their home country, came to the US for a safe haven at the invitation of our government and now must uproot their lives in less than a month.
- The arrival of immigrants from around the world has allowed our region's population and economy to remain relatively stable.
- ***The loss of immigrant community members will impact the vitality of the Pittsburgh region. Urge Congress to reverse this decision and continue this critical program.***

Resume the Refugee Resettlement Program

As a result of a series of federal changes, no new refugees have entered the U.S. since January, contracts that fund services to support refugees already living in the U.S. were terminated on February 26th, and the program is in the process of being dismantled.

- The refugee resettlement program has had bipartisan support and provides life-saving assistance to individuals fleeing violence, persecution, and war, offering them a chance for safety and a new beginning in the U.S.
 - The program fosters cultural diversity and enriches the Pittsburgh region by contributing skilled labor, entrepreneurial spirit, and community engagement.
 - As of March 25, 2025, a legal injunction stated that contracts must be reinstated. Despite the legal injunction, the future of the refugee resettlement program remains uncertain, with no clear timeline for its continuation.
 - ***This is having a devastating impact on refugee families, the organizations that support them in building a new life, and our community. Urge Congress to restore this vital program.***
-