

#### **Crisis Text Line**

Text "Hello" or "Ayuda" to 741741



Free, 24/7 confidential support with live crisis counselors crisistextline.org

### 988 Suicide and Crisis Lifeline

Call/text 988 or visit 988lifeline.org

Free, 24/7 confidential support for anyone experiencing emotional distress

### **Lake County Crisis Care Program**

Call: 847-377-8088

Address: 3002 Grand Avenue, Waukegan, IL

24/7 Crisis phone counseling or in-person drop in support Available to Lake County residents 18 and up lakecountyil.gov/705/crisis-care-program-ccp

## **Living Room Wellness Center**

Call: 888-707-1614

Address: 1730 Washington St. Waukegan, IL

A safe, comfortable environment where skilled support specialists provide crisis intervention and referral services *icthelivingroom.org* 

# Josselyn Center Living Room

Call: 847-441-5600

Address: 1779 Maple St. Northfield, IL

Free, drop-in mental health peer support Monday-Saturday 7AM - 12AM josselyn.org/community-programs/livingroom/

# 211 Lake County

Call 211 or 855-677-5253 Text your zip code to 898211

24 hour confidential information and referral hotline 211 lake county.org