

# Water Safety Worksheet

1. Q: Who should you always ask before you go swimming?  
A: An adult/parent
2. Q: What should you do if you ever fall in by accident? Can you show me?  
A: Rollover and float
3. Q: Where is the safest place to be in the water? Why?  
A: On my back so I can breathe and call for help
4. Q: What is the phone number to call if you ever need help?  
A: 9-1-1
5. Fill in the blank I should never \_\_\_\_\_ (run) around the pool, I should always \_\_\_\_\_ (walk).

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## Safe Swimmer Pledge



### To be a safe swimmer, I pledge:

- ✓ To never swim alone
- ✓ To never play or swim near drains or suction fittings
- ✓ To always dive feet first
- ✓ To always obey the pool rules

Child's Name: \_\_\_\_\_

Parents Name: \_\_\_\_\_