

**DATES:** June 8<sup>th</sup> - 19<sup>th</sup>

CHALLENGE: Take a 2-week lakeside bike tour around Minneapolis! Each day you will be challenged to

complete a bike ride around one lake. You may choose to ride around each lake, or go for a bike ride in your neighborhood or on a stationary bike equaling the distance (we will supply you with) around the lake. After you complete the daily lakeside challenge, you will be entered

into a drawing for a prize! Good luck and have fun!

**REGISTER:** Register <u>HERE</u>

QUESTIONS: Email TJ at tprall@advantagehealth.com

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