

March Madness 2025

March 10th- March 28th

1. Goal: To be the highest scoring team!
2. Program Details: During this three-week program you and a partner will have the opportunity to work out at Pivot Fitness for at least 30-minutes in exchange to shoot five baskets for points. You can only shoot five baskets per day (per team member). You do not get more basket opportunities for working out longer. 30-minute workout = five chances to shoot baskets.
3. You will get three practice shots before we record your five shots for points.
4. You will need to stop at the front desk to record your 30-minute workout with the fitness center staff. We will take care of all the tracking and point calculations. Staff MUST be present for shooting baskets. If staff is unavailable to record your baskets, please message Fitness Center Staff at pivotfitness@advantagehealth.com to set up a time for you to come back to complete
5. Each basket will be one point. There will be a weekly challenge you can complete for more points on top of your basket scores.
6. **There will be no subs!** Keep this in mind when choosing a team member.
7. After three weeks of accumulating points, fitness center staff will calculate the winning team. If there is a tie-we will hold a shootout for first place.
8. The prize for the first-place team will be a \$80 Target Gift Card (one per team member). The prize for the second-place team will be a \$40 Target Gift Card (one per team member).



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