

GUIDING GOOD CHOICES

Parents of 4-8th graders ~ Do you feel prepared for what lies ahead?
Help prevent teen substance abuse and strengthen your family's connections.

Mondays

6:00—8:00PM

Jan. 9, 23, 30

Feb. 6, 13



This 5-week series will cover:

Week 1 - Prevention that Works & the Teen Brain

Week 2 - Setting Family Policies

Week 3 - Managing Conflict & Strong Emotions

Week 4 - Moving Towards Independence

Week 5 - Skills for Saying NO

TOLT MIDDLE
SCHOOL

3740 TOLT AVE
CARNATION, WA

To register, please visit

www.rsdguidinggoodchoices.eventbrite.com

REGISTRATION is FREE!

