**32nd Annual Transformations Prayer Retreat**

**September 22-27 2019**

**Location: Suttle Lake**

**Fee: $369**

For [registration](https://www.gocamping.org/campsession/12371567) information, please contact our camp registrar at [503-802-9214](tel:503-802-9214) or [registrar@gocamping.org](mailto:registrar@gocamping.org)

**Leaders: Revs. Kate Conolly, Nancy Slabaugh Hart and Michael Powell**

The Transformations Prayer Retreat blends contemplation and community. Emphasis is on the communal sharing of the sacraments, with ample time for the solitude of prayer, meditation, and reflection. Come apart to renew your spirit and re-center yourself through time in Christian community and intentional time with God.

There are three worship experiences each day, grounded in daily scripture. Each morning begins with Holy Communion. At noon we gather for quiet, contemplative worship. At 5 o’clock we share an interactive worship time focusing on the scripture that we have lived with during the day. There is ample free time for rest, prayer, quiet conversation, music, hiking, reading, and canoeing on the lake. Kate, Nancy and Michael will lead worship and evening discussions.

This year’s focus will be on Joan Chittister’s book,  ***The Gift of Years:  Growing Older Gracefully***.

"Perhaps you have to be in the second half of life to know how truthfully and helpfully Joan Chittister speaks. We live in a first-half-of-life culture, which makes this wisdom all the more necessary—and all the more wonderful."  —Richard Rohr, author, *The Naked Now*

"A prophetic voice that is desperately needed in our troubled time."  —Karen Armstrong, author, *The Great Transformation*

"It's the best book I have read on the subject of aging, a dazzling work radiant with gems of insight on every page. It will be my spiritual reading in the days ahead."  —Andrew Greeley, author, *The Great Mysteries*

"Brims with insight, pluck, verve and courage. . . . It shows us both the joys and the challenges of growing older, and encourages us to discover the deep spiritual meaning that can come with older age."  —Helen Prejean, author, *Dead Man Walking* *Magazine*

**Joan Chittister** is an internationally known author and lecturer, and the executive director of Benetvision: A Resource and Research Center for Contemporary Spirituality. She is past president of the Conference of American Benedictine Prioresses and the Leadership Conference of Women Religious. Her books include *The Friendship of Women*, *In the Heart of the Temple*, and *The Rule of Benedict*. She lives in Erie, Pennsylvania.